

Spearfish Junior Basketball League Rules

1st and 2nd grade rules

The purpose of the Spearfish Junior Basketball League program is twofold as follows:

1. To provide every child who desires the opportunity to play basketball for fun with children of a comparable age.
2. To teach good sportsmanship along with the fundamentals of basketball.

In line with the purpose of the program, the Spearfish Junior Basketball League will operate under the following rules.

A. League Organization

- a. First and Second Grade League – Boy's and Girl's Teams
- b. Third and Fourth Grade League – Boy's and Girl's Teams
- c. Fifth and Sixth Grade League – Boy's and Girl's Teams

B. Player Assignment

Team sizes will be limited to no more than 10 players on a team. All player assignments will be made by the league Coaches and or the League.

C. Equipment

Every child will be required to provide their own shoes and shorts. Players will be required to purchase a Spearfish Junior League jersey.

D. Game Rules

- a. The rules of basketball as sanctioned by the National Federation of State High School Associations will govern unless exempted in the following rules.
- b. A 27.5 diameter basketball will be used at the 1st and 2nd grade league.
- c. Five seconds will be allowed in the lane.
- d. Games will consist of 4 ten minute running quarters. Time will run continuously. The clock will be stopped only at the 5 minute mark to substitute players in each quarter. Injuries and timeouts will also result the clock being stopped. A player attempting a free throw at the end of a quarter will be allowed to complete the shot.
- e. To allow all participants equal playing time, all players must play at least 2 quarters of the game. No player shall play more than 3 quarters unless team sizes are too small or large to comply. A quarter is considered a full 10 minutes. The coaches will be responsible for the administration of this rule.
- f. No screens will be allowed in the 1st and 2nd grade league.
- g. Games will consist of 4 players from each team on the court.

- h. Defense must remain in the lane on the defensive side until change of possession, rebound or turnover.

E. Scoring and Timing Regulations

- a. There will be no score kept in the 1st and 2nd grade league.

F. Playing and Court Dimensions

- a. The foul line will be 9 feet from the backboard.
- b. Basket height will be set at 8 feet.

G. Jump Balls

The game will begin with a jump ball. In all other jump ball situations, teams will alternate taking the ball out of bounds at the spot nearest to where the jump ball occurred.

H. Timekeepers and Officials

- a. Teams are responsible for finding a volunteer for the game clock.
- b. The League will supply one official for the game.

I. Jewelry

All jewelry including but not limited to rings, necklaces, watches and barrettes will be strictly prohibited.

J. Practices

Practices will be limited to one night per week for one hour.