

3RLAX Code of Conduct Player-Parent Agreement

Three Rivers Lacrosse Club (3RLAX) expects all players, parents, and coaches to foster a positive reputation for our club and our community. It is understood that the behavior demonstrated by all members is to be of the highest standards at all times whether in the community or on the sporting field.

The 3RLAX Board of Directors has developed and approved this Code of Conduct Agreement. It is the governing document for all behavior expectations, team expectations, and consequences for Code of Conduct violations. All 3RLAX athletes, parents and coaches are expected to abide by this Code of Conduct and conduct themselves in accordance with its contents at all times. Failure to do so will result in consequences as outlines herein.

All players, parents and coaches are expected to “Honor the Game” as set forth by guidelines from US Lacrosse and Central Washington Lacrosse League (CWLL) or WSLA/WAGLAX where applicable.

Each player, parent and coach is expected to thoroughly review this Code of Conduct. Agreement, signature and dated acknowledgement of this form to the 3RLAX Board is required prior to the first practice. Failure to do so will result in the player being ineligible to practice or coach being ineligible to participate in any coaching activities until such time as the signed and dated form is submitted. A copy of all Code of Conduct agreements will be kept on file during the season for reference if needed.

COACH SECTION (as outlined in the 3RLAX Coach Agreement)

- 1) Coaches will always be fair, firm and consistent.
- 2) Coaches will promote a positive attitude and lead by example.
- 3) Coaches will stress teamwork and respect with each and every athlete.
- 4) Coaches will listen to their players concerns and try to help them any way they can.
- 5) Coaches use of profanity, drugs, alcohol or tobacco/vaping during any 3RLAX event is prohibited.
- 6) Coaches will allow each athlete the opportunity to compete and excel in an equitable manner.
- 7) Coaches must submit and pass a background check, complete First Aid/CPR/AED training, US Lacrosse online Level I training and comply with all US Lacrosse, CWLL (WSLA/WAGLAX where applicable) and 3RLAX Coach Requirements before being allowed to Coach.
- 8) Coaches will strictly adhere to the policies and procedures of 3RLAX.
- 9) Coaches will not engage in violent conduct, or verbal abuse towards any player, parent, or official.
- 10) Coaches who do not comply with the rules as outlined run the risk of expulsion.

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PARENT / GUARDIAN SECTION

- 1) Parents should support the efforts of the volunteer coaches and of 3RLAX.
- 2) Parents should set the right example for your child by always showing good sportsmanship.
- 3) Parents will not argue with a coach or official at any 3RLAX event. There shall be no negative direct communication between parents and coaching staff or parents and 3RLAX Board members for at least 24 hours following a game. Issues or complaints may be filed through the website comments section at 3rlax.com.
- 4) Parents use of profanity, drugs, alcohol or tobacco/vaping during any 3RLAX event is prohibited.
- 5) Any parent who crosses the field barriers during a game risks themselves and/or their child being disqualified from 3RLAX. Parents and spectators are to be situated on the opposite side of the field from the players box (where applicable).
- 6) Parents who incur an un-sportsmanlike behavior penalty risk their child being disqualified from further participation.
- 7) Parents should never voice any complaints or concerns towards coaches, referees or league officials in front of the players.
- 8) Understand that your child will be given every opportunity to participate; however, the safety of our athletes is our #1 concern.
- 9) Parents should praise your child's efforts and always offer your support. Please allow your child to play as a child and have fun.
- 10) Parents who do not comply with the rules as outlined in 3RLAX run the risk of expulsion.

PLAYER SECTION

- 1) Players will be supportive of their team and teammates.
- 2) Players are expected to perform to the best of their ability, within the context of specific rules of their sport during all practice and game situations.
- 2) Players will be team players and always put the team first.
- 3) Players will stay within the team areas of the sidelines during games.
- 4) Players will accept their coaching and be ready to learn and have fun.
- 5) Players will listen to the coaches and follow the rules of 3RLAX and of the sport.
- 6) Players will demonstrate good sportsmanship on and off of the field of play and will not be malicious or retaliate with their lacrosse stick.
- 7) Players will attend all practices, games, meetings and any other team function on time.
- 8) Players will show respect towards all coaches, players and referees/officials at all times.
- 9) Players will not fight, use foul language or argue with coaches, teammates, or referees/officials.
- 10) Players who do not comply with the rules as outlined in 3RLAX run the risk of expulsion.

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We, parent(s) and player, have discussed the Three Rivers Lacrosse Club Code of Conduct and agree to abide by it. We understand that there is no refund or recourse for dismissal from our program as a consequence of breaking this Code of Conduct.

___ I accept the above

Parent Signature _____ Date _____

Printed _____

Player Signature (First and Last Name) _____ Date _____