



Canandaigua Knights Youth Hockey

2019-2020 Pee Wee Mixed or Major AA Season Plan

Head Coach: Ray Marshall

Email: rayaly@rochester.rr.com

Asst. Coaches: TBD

Manager(s): TBD

General

The Canandaigua Knights Pee Wee travel team will be Mixed or Major AA (2007-2008) and will participate in the WNYAHL league. Division placement will be based on team strength and consultation with Canandaigua Knights Board. In addition to league games, the team will compete in 3 or 4 tournaments at competitive levels as well as non-league games of competitive nature against WNY and non WNY teams. Scheduling will attempt to be sensitive to athletes' in fall sport schedules.

Team Size: A maximum of 18 skaters and 2 Goalies

League Bound: WNYAHL Travel – Pee Wee Mixed or Major (depending on team strength) AA
NTB

Tryouts*: March 26, 2019 from 7:00 – 8:00PM at Greater Canandaigua Civic Center
March 28, 2019 from 7:00 – 8:00PM at Greater Canandaigua Civic Center

Season Forecast:

- Summer Dryland Training July – Mid-August @ GCCC (optional)
- On-ice Program: August 2019 – March 2020
- Practice Schedule:
 - Pre-season practice starting end of-August
 - Regular season practice 2x/week - fixed days/times @ GCCC beginning in September
 - Approximately 2 full ice practices per month (Sept – Nov)
 - Approximately 1 full ice practice per month (Dec – Feb)
 - Additional off-ice training
 - Additional player developmental sessions will be organized by the Knights Coach and Player Development Committee
- Games ~ 35-40
 - 20 WNY League Games
 - 10 non-league games
 - 3 or 4 Tournaments

Season Goals

The development plan will focus on hockey and team skills with an emphasis on teamwork, discipline, and sportsmanship. The ultimate, long term goal will be to build upon a foundation of teamwork, sportsmanship, inclusion and a lifelong love of the game.



Canandaigua Knights Youth Hockey

Hockey Skills: USA Hockey ADM – 12U model – Emphasis on individual skill development and the application those skills in team concepts and systems.

Team practices will focus on:

- Skating
 - Quickness
 - Edge work
 - Agility
- Puck Management
 - Passing
 - Shooting
 - Decision-making
- Game Sense and Systems
 - Hockey IQ
 - Situational Play (power play/short-handed)
 - Zone exits and entries

Budget (estimation only)

- \$1,350 (includes team registration fee, additional development clinics, extra practice ice, tournament fees, scrimmages, practice jerseys, misc.)
- Game jerseys, socks, and additional summer camps/dryland training, are not included in the budget estimate
- Fundraising and sponsors can offset player costs
- This is an estimate only and may vary depending on actual costs and final team roster size.