

Equal Time Recommended Substitutions

9 Players with 40 Minute Games

Player 1: _____

Player 2: _____

Player 3: _____

Player 4: _____

Player 5: _____

Player 6: _____

Player 7: _____

Player 8: _____

Player 9: _____

<u>Time Remaining</u>	<u>9 Players</u>					<u>On Bench</u>			
20:00	1	2	3	4	5	6	7	8	9
15:30	5	6	7	8	9	1	2	3	4
11:00	9	1	2	3	4	5	6	7	8
6:30	4	5	6	7	8	9	1	2	3
2:00	8	9	1	2	3	4	5	6	7
20:00	8	9	1	2	3	4	5	6	7
17:30	3	4	5	6	7	8	9	1	2
13:00	7	8	9	1	2	3	4	5	6
8:30	2	3	4	5	6	7	8	9	1
4:00	6	7	8	9	1	2	3	4	5