

Diamond Talk Newsletter - August 19, 2013 Issue



DIAMOND TALK

Vienna Little League

P.O. Box 61
Vienna VA 22183

August 19, 2013

Hardcore Hitting Program - Free Promotion Offered to VLL (9-12 YO) and Babe Ruth Players --- August 20 @ Tysons Playground

The free orientation to this hitting program focuses on:

- Improving (STR) Soft Tissue Release
- Dynamic Movements (That prepare muscles for athletic performance.)
- Explosive Core Training
- Creating a swing plan and executing it.

Date: August 20 (Tuesday)

Place: Tysons Playground (8500 Tyco Road, Vienna, 22182)

Times: 9-13 Year Olds (5:00-6:00PM), 14-17 YO (6:00-7:00PM)

Contact: Eric Crozier at ecrozier@inthegapbaseball.com

Link to Pre-register:

<https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1712&GroupID=808261>

The Remaining Baseball Summer Camp @ Yeonas Park - VBC - Starts Next Monday (Aug 26)

Virginia Baseball Clinic Summer Camp @ Yeonas Park - August 26-30. Mike Murray brings his experienced coaches to Yeonas Park to train our VLL players.

Full Day Session (for 7 to 12 year olds) runs from 9AM to 2PM and the cost is 205 USD per player.

Half Day Session (for 5 and 6 years old only) runs from 9AM to 12PM and the cost is 135 USD per player.

To obtain the registration form for this camp and/or other clinic offered by VBC, please visit <http://virginiabaseballclub.com>.

Additional Summer/Pre-Season Training Opportunities

Pitchers Edge is offering the following pre-season training:

Summer Overall Baseball Skills Clinics

For Little League Players:

A & AA (Ages 10 & Under)

or

AAA & Majors (Ages 10 & Up)

For more information, please visit <http://pitchersedge.com>.

Fall Ball Registration - Update

A record number of players signed up to play fall ball this season and registration is now officially closed.

Please contact Chris Leggett, Fall Ball Director, with any waitlist questions at cleggett20@gmail.com.

Sponsor Promotions/Give-Back-To-The-League Programs

Green Hedges School - Select Openings Available for the Fall. Families can call for a private tour: **703-938-8323 ext. 228**. The application fee will be waived during the month of August and financial aid is available for qualified students.

Pump It Up - A Few Party Spots Still Open For August 24 (Saturday) at Big Savings. For more information: **703-749-8006**.

Eurasian Service Center - its 10%-give-back-to-VLL program runs until August 31. By having your vehicle serviced at Eurasian Service Center and presenting the promotion flyer (see below), Eurasian Service Center will donate to VLL a portion of the service amount from your visit. Click **here** for the flyer (which must also be presented at the time of service).

UPCOMING EVENTS :

In The Gap Baseball & Perfect Performance- Fall Baseball Combine-September 8.

Measure your speed, agility, quickness, bat speed, explosive power, and overall strength.

Time: 10am

Date: Sunday, September 8, 2013

Location: Tyson's Playground, 8500 Tyco Rd, Suite C Vienna, VA 22182

Ages: AA,AAA, Majors players

Cost: \$20

Registration

Link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1712&GroupID=866641>

Robeks of Vienna - League Appreciation Day - September

17. Robeks will donate a portion of its proceeds to VLL for any customer visit on September 17.

Massage Envy Vienna – Healing Hands For Arthritis Drive – September 18.

\$10 from every one-hour massage and facial session will be donated to the Arthritis Foundation. \$10 per person can raise more \$680,000 in one day to help find a cure for arthritis. Accepting appointments now at the Vienna location (703-319-3689).

Breakthrough Chiropractic Care - Free Workshop Presented by Dr. Ben Glassman on Combating Disease Through Nutrition - September 18. 5-6PM @ Providence RECenter (7525 Marc Drive, Falls, Church). A free workshop to learn which foods support life enhancement and fight diseases. Pre-registration required by emailing take12@fairfaxcounty.gov.

Donatos of Vienna - Dough Night - September 19. Donatos will donate a portion of its proceeds to VLL for any customer visiting Donatos (at Danor Plaza) on September 19. Must present flyer at time purchase (flyer to be provided soon). Stay tuned for more information on this event.

Subway @ Cedar Park - League Appreciation Day - September 25. Cedar Park Subway will donate a portion of its proceeds to VLL for any customer visit on September 25.

General Meeting and Elections for the Next Board - Update

The General Membership Meeting and Elections for the next Board (i.e., 2013-2014) will take place at 8PM on September 23 @ the Vienna Community Center. The General Membership Meeting precedes the Elections so please plan to attend as a active member of the league and cast your vote!

As a VLL member, your attendance and participation at the General Membership Meeting can make a difference! Please plan to attend the General Membership Meeting to support your player's league.

For more information on the board election process, please contact Mike Jreige at mikejreige@gmail.com .

Fall 2013 Support Our Sponsors Contest - The More Entries The More Chances To Win!

If you make a purchase at a league sponsor and you submit your proof of purchase to Brian at vllsponsorship@gmail.com, your player will receive contest entries eligible for prizes in the contest drawing.

Prizes awarded via a raffle drawing on October 31st at Yeonas Park will include cash gift cards and sponsor gift certificates.

THE CONTEST RULES AND LIST OF SPONSORS AND PRIZES CAN NOW BE OBTAINED BY CLICKING ON "CONTEST RULES AND SPONSOR DIRECTORY-2013**" on the "Sponsors" tab at the top of the home page screen (www.vll.org).**

Sponsors of the Week

Driven Inc., Papa John's Pizza Vienna, Congressman Gerry Connolly, Page Chevrolet, and Sports Authority are the league's sponsors of the week.

Field Update

A Bermuda grass infield is also now in place on Crabtree Field. Thanks to Jim Brooke's efforts (i.e., Building & Grounds Director), the work is on schedule so that the field should be ready for use for fall ball games.

Funds received via Fundraising and Sponsorship this year have financed this park improvement.

Fall Ball Team Formation - update

Majors teams, all eight of them, are now preparing for their September 3rd season openers. The ten AAA teams have their draft on August 19, followed by the AA draft (also 10 teams) on August 22. Games for AAA and AA will start the week of September 3rd. Single A teams, 17 of them, will be formed shortly thereafter and their first games start on September 7th.

Any questions? Please send your requests and comments to vllsponsorship@gmail.com.