



# Eden Prairie Boys Basketball Camps

## BIG MAN CAMP



July 30, 31 August 1, 2019

Grades 5-10

This camp will focus on specific big man / post skills. Those skills include back-to-basket moves, sealing and gaining position, setting on-ball and off-ball screens, pivoting, rebounding, facing the basket, mid-range jumpers, footwork, post defense, watching film, individual analysis and feedback, and more.

### PARTICIPANTS

Any player grades 5-10 (Fall 2019) wanting to develop their individual post skills. Players will be split into groups by ability and age level. You do not have to be a "post player" to attend this camp, you simply need a willingness to work on post skill development.

### STAFF

Head Eden Prairie varsity basketball coach David Flom, his staff, and varsity post players.

### LOCATION

Eden Prairie High School.

### SCHEDULE

📅 July 30 July 31 August 1, 2019

🕒 12:15-3:15 PM

### COST

\$85 (covers all 3 sessions)

### REGISTRATION

⚠️ Registrations must be in by June 1 to guarantee admission.

ONLINE: <http://www.epbba.org>

US MAIL: Detach form below and mail check made out to EPBBA to:

EPBBA  
ATTN: David Flom  
18428 Maple Leaf Dr  
Eden Prairie, MN 55346

### CONTACT

For more information, contact Coach Flom:



David Flom

[dflom@edenpr.org](mailto:dflom@edenpr.org)

- or -

952-975-2424

Players will NOT be informed that they have been accepted to the camp. Players will only be informed if they have NOT been accepted to the camp.

\*\* Register for grade you will be in next year (Fall 2019) \*\*

## BIG MAN CAMP (2019)

Player Name \_\_\_\_\_ Grade (Fall '19) \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_ Home phone \_\_\_\_\_

*I hereby release Eden Prairie Schools, the sponsoring organizations and the camp staff from any liability for any injury incurred by my son while at camp and certify that he is physically fit to participate.*

Parent/guardian signature \_\_\_\_\_ Date \_\_\_\_\_