

EPBBA In-House Basketball
K-5 Progression
April 2017

| Elements | Kindergarten | 1st | 2nd Grade | 3rd Grade | 4th Grade | 5th Grade |
|----------------------------------|---|---|---|--|--|--|
| Practice/week | 1 | 1-2 | 1-2 | 1 | 1 | 1 |
| Game / week | 0 | 0 -1 midseason | 0-1 midseason | 1 | 1 | 1 |
| Pre-Season Clinics | 3 | 3 | 3 | 3 | No | No |
| Evaluations | No | No | No | Yes | Yes | Yes |
| Practice Starts | mid November | mid November | mid November | mid November | mid November | mid November |
| Season Length | 8-10 weeks | 10 weeks | 10 weeks | 12 weeks/ 10 games | 12 weeks / 10 games | 12 weeks / 10 games |
| Rim Height | 8 feet | 8 feet | 8 feet | 10 feet | 10 feet | 10 feet |
| Ball Size | Junior 27.5 | Junior 27.5 | Junior 27.5 | Intermediate 28.5 | Intermediate 28.5 | Intermediate 28.5 |
| Play | Intrasquad halfcourt scrimmages only | 3 vs. 3 | 3 vs. 3 | 4 vs. 4 | 5 vs. 5 | 5 vs. 5 |
| Team Size | 10 | 6-7 | 6-7 | 8-9 | 9-10 | 10 |
| # of Teams | 6-8 | 12 | 16 | 12 | | |
| Game Length | N/A | 2 – 16 minute halves | 2 – 20 minute halves | 4-10 minute quarters | 2-14 minute halves | 2-14 minute halves |
| Clock | | Coach Timed | Coach Timed | Running | Stop at whistle | Stop at whistle |
| Time Limit | | 75 Minutes | 75 Minutes | 65 minutes | 65 minutes | 65 minutes |
| Score | No | No | No | No | Yes | Yes |
| Overtime | | | | No | 2 minute stop time | 2 minute stop time |
| Time Outs | | N/A | N/A | 1 per half | 1 per half | 1 per half |
| Substitutions | | Every 4 minutes | Every 4 minutes | 5 minute mark | 3:30; 7:00; 10:30 | 3:30; 7:00; 10:30 |
| Playing Time Requirements | In a scrimmage, try to let each player take a shot. | Equitable time. Try to let each player take a shot & score. | Equitable time. Try to let each player take a shot & score. | Equitable, adjusted for player absence at practice | Equitable, adjusted for player absence at practice | Equitable, adjusted for player absence at practice |

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|-----------------------------------|--|---|--|--|--|---|
| Defense | For Scrimmages: Man to Man; match up players based on size / skill | Man to Man; match up players based on size / skill If the offense loses possession in their frontcourt, they must retreat to their backcourt before trying to steal back the ball. This teaches the kids to get back on defense quickly AND it keeps the game under control. | Man to Man; match up players based on size / skill; If the offense loses possession in their frontcourt, they must retreat to their backcourt before trying to steal back the ball. This teaches the kids to get back on defense quickly AND it keeps the game under control. | Man-to-Man | Man-to-Man | Man-to-Man |
| Switching/ Double Team | No | No | No | No Double Team Outside the Lane; Double Team In the Lane and/or Switching permitted - stay within 3 feet of new man | No Double Team Outside the Lane; Double Team In the Lane and/or Switching permitted - stay within 3 feet of new man | Double Team OK |
| Backcourt Defense | No | No | No | No | No | Yes |
| Press | No | No | No | No Full Court, Half Court or Zone Press | No Full Court, Half Court or Zone Press | Full Court Man-to-Man press allowed last 2 minutes of each half |

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| Officials | Coach | Coach | HS Players | HS Players | HS Players |
|---------------------------------|---|---|---|---|---|
| | One coach from each team should be on the court at all times. Your function on the court is to call and correct flagrant violations. | One coach from each team should be on the court at all times. Your function on the court is to call and correct flagrant violations. | At this age group violations should be called as outlined in the Grade Level Officiating/Rules Summary. | At this age group violations should be called as outlined in the Grade Level Officiating/Rules Summary. | At this age group violations should be called as outlined in the Grade Level Officiating/Rules Summary. |
| | At this age group any flagrant offensive violations (like obvious traveling or double dribble) should be called and redone until it is done right. Any defensive violation is called, explained, and the ball is given back to the offense. | At this age group any flagrant offensive violations (like obvious traveling or double dribble) should be called and redone until it is done right. Any defensive violation is called, explained, and the ball is given back to the offense. | | | |
| Foul Tracking | Call flagrant violations; provide instruction | Call flagrant violations; provide instruction | All fouls called; No fouls tracked | All fouls called and team & individual fouls tracked. | All fouls called and team & individual fouls tracked. |
| Free Throws | No | No | No | Yes | Yes |
| Technical Fouls | No | No | Yes | Yes | Yes |
| Over and Back | No | No | No | Yes | Yes |
| Stealing off the Dribble | No | No | Yes, only by the player guarding them | Yes, only by the player guarding them | Yes, without restrictions |
| Double Dribble | Yes; Flagrant | Yes; Flagrant | Yes | Yes | Yes |

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|-------------------------|--|--|--|--|--|
| Travel | Yes; Flagrant | Yes; Flagrant | Yes, all called phased in by Game 6. Games 1-5, Traveling called when player gains advantage as defined in Rules | Yes | Yes |
| 3 point shot | No | No | No | Yes, where gym is marked | Yes, where gym is marked |
| Reporting Scores | No | No | No | Yes to Commissioner | Yes to Commissioner |
| Other "Notes" | Promote good sportsmanship and shake hands after every game. | Promote good sportsmanship and shake hands after every game. | Promote good sportsmanship and shake hands after every game. | Promote good sportsmanship and shake hands after every game. | Promote good sportsmanship and shake hands after every game. |
