

EPBBA Rules Summary

4th & 5th Grade In-House

Updated: April 23, 2017

League Overview:

- This is a 5 vs. 5, scoring league with two 14-minute halves
 - The Referees will direct a parent who will run the game clock, the clock will stop at whistle
 - The Coaches will manage player rotations
 - Equitable playing time for each player, adjusted for player absence at practice
 - Substitutions occur at 3:30, 7:00, 10:30
 - A 60 second time out only for substitution, no player huddle, will be allowed at the 3:30, 10:30 (+/- 15 seconds)
 - At the mid point of each half (7:00 minute mark) there will be a one minute coach's time out to huddle the team together and review strategy
 - A dead ball is not required in order for the official to stop the game for substitutions, as long as neither team has an offensive advantage at the time
 - If needed, Overtime is 2 minute stop time
- We play with 10 ft. rims and intermediate (28.5") basketballs
- **Game Time = Start Time. No Official Warm-Up time.**

Please arrive at least 10 minutes before Gym Time, to get ready in the lobby area. Starting at Gym Time is critical to allow them to get out of the gym for the next game. Total game time limit is 65 minutes.
- Games will be officiated by two paid referees
- Please review the 1) 3rd-5th Grade Game Rules, 2) Basketball Fundamentals Progression by Grade and 3) K-5 In-house Basketball Overview so you can support the Players and Coaches. These rules are posted on the EPBBA website.
- No Individual awards shall be provided or presented by coaches or parents.
- Promote good sportsmanship and shake hands after every game.

Officiating / Rules Summary:

1. Man to man defense (no zone) – see details regarding double team/switching:
 - a. 4th Grade: Switching permitted – stay within 3 feet of new man. No double-team outside the lane. Within the foul lane, double teaming/helping out will be allowed and encouraged.
 - b. 5th Grade: Double team OK
2. Backcourt Defense / Press
 - a. 4th Grade - No defense in the backcourt; no press
 - b. 5th Grade – Full Court Man-to-Man press allowed starting with the first game, ONLY during the last two minutes of each half.
 - Full court presses are not allowed by any team winning by more than 20 points
 - The referee will issue a warning to drop back into half court defense.

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3. Stealing off the dribble is allowed –
 - a. 4th Grade - Allowed by the defensive person who is guarding that player
 - b. 5th Grade – Allowed without restrictions
4. Fouls called – team and individual fouls tracked
 - a. Flagrant fouls and technical fouls are contrary to the philosophy of the league and will not be tolerated. Details regarding these fouls are included in the 3rd-5th grade rules.
 - b. Any player disqualifications (due to multiple flagrant fouls) or coach or player ejections will be reported to referee coordinator and Grade Commissioner.
5. Free throws awarded to the player that is fouled
 - a. Free throw line violations by the shooter will be enforced the entire season.
6. Over and Back, double dribble and traveling will be enforced all season
7. 3 point shot is allowed where gym is marked
8. Scores reported to Commissioner