

# John Jay Youth Lacrosse New Player Orientation - Girls

#PlayLikeaJJYLaxer

---

# John Jay Youth Lacrosse

- John Jay Youth Lacrosse is a (501c3) non-profit organization established in 2002.
- We offer programs for girls and boys in grades K through 8 in the Katonah-Lewisboro School district. Any resident of the Katonah-Lewisboro school district is eligible to register and play.
- Spring Season runs April - June: Clinics, Practices, Games, Tournaments
- Skills clinics in the Spring and Fall are run by John Jay Varsity Coaches and Players
- We rely on fundraising and volunteers and operate at a net-neutral budget

---

# JJYL's no-risk equipment loaner program

- In 2016, John Jay Youth Lacrosse launched an equipment loaner program for boys and girls in grades K - 4, offering equipment at no charge to new players.
- The program expanded in 2017 to include any new to JJYL registrant in grades K - 8.
- Parents/guardians can opt in for for the program at [www.jjyl.org](http://www.jjyl.org) when registering a new player.
- Girls get a stick and eyewear to keep.

---

# Operation PlayJJYLax: \$99 registration fee for grades 5-8

- In 2018, John Jay Youth Lacrosse introduced a \$99 registration fee for new players in grades 5-8.
- The goal is to get enough kids in each grade to field multiple teams based on ability. This allows our players more time, reps and touches on the field. More time on the field means more opportunity for your kids to build their lax skills and acumen — and of course, much more fun for all.
- This offer -- which will be made available on a first-come, first-serve basis until we reach our registration targets -- is available to residents of the Katonah-Lewisboro school district who have never played for JJYL.
- This is an incredible deal for new players to try the game for a minimal fee, borrow equipment from JJYL, be placed on a team with players of similar skill level, and have fun learning the game of lacrosse from great coaches.

---

## Girl's development clinic program K-2nd grade:

- This program is for our new players in K-2 and typically meets once a week on Saturday mornings at Increase Miller Elementary School.
- The emphasis of the program is to have fun and to teach the basic skills and rules of the game.
- Practices will consist of ninety minutes sessions and will focus on skills using a stations format.
- The girls will participate in a Jamboree tournament with neighboring towns at the end of the season.

---

## Girl's travel program 3rd and 4th grade:

- This program generally practices twice a week with games and/or practices during the week and on weekends. There may also be 1-2 one-day tournaments during the season.
- Games are generally limited to Northern Westchester County and nearby Fairfield County.
- Format of games vary from small field (8v8 including goalie) to regulation field (12v12 including goalie).
- This program is devoted to building solid fundamental skills and good habits, introducing the rules of play, developing field awareness, and working as a team.
- The teams are equally balanced regarding skill, players with prior clinic or playing experience a plus, beginners are welcomed..

---

## Girls travel program 5th and 6th grade:

- This program generally practices twice a week with games and/or practices during the week and on weekends. There may also be one or two, one-day tournaments during the season.
- Games are generally limited to Northern Westchester County and nearby Fairfield County.
- All games are played on a regulation size field.
- This program emphasizes the reinforcement and strengthening of fundamental skills, while introducing higher level skills, game strategies, and developing team play on the field.
- Players will be evaluated (generally early March) prior to the season to determine skill level.
- The teams are equally balanced regarding skill, prior playing experience recommended, beginners are welcomed.

---

# Girls travel program 7th and 8th grade:

- This program generally practices twice a week with games and/or practices during the week and on weekends. There may also be 1-2 one-day tournaments during the season.
- Games are generally limited to Northern Westchester County and nearby Fairfield County.
- All games are played on a regulation size field.
- This program emphasizes the reinforcement of fundamental and higher level skills, more advanced game strategies, and developing team synergy on the field. At this level we expect players to communicate directly with their coach regarding concerns, missing practice/games, etc.
- Players will be evaluated (generally early March) prior to the season to determine skill level and teams will be skilled based. Skill-based players will be expected to make lacrosse their primary sport in the spring.
- If an 8th grader makes the JV High School team they will not be allowed to play JJYL (unless they petition the JJYL Board and receive written approval).
- Prior playing experience encouraged, beginners are welcomed.



# Evaluations for boys and girls in grades 5-8

## Girls evaluations are:

### February 28, 2018

- Grades 5-6: 6:00 – 7:30 p.m.
- Grades 7-8: 7:30 - 9:00 p.m.

### March 7, 2018

- Grades 5-6: 6:00 – 7:30 p.m.
- Grades 7-8: 7:30 - 9:00 p.m.

## Boys evaluations are:

### March 5, 2018

- Grades 5-6: 6:00 – 7:30 p.m.
- Grades 7-8: 7:30 - 9:00 p.m.

### March 12, 2017

- Grades 5-6: 6:00 – 7:30 p.m.
- Grades 7-8: 7:30 - 9:00 p.m.

---

# JJYLax clinics for girls

- John Jay Youth Lacrosse offers skills clinics for girls in grades 1 to 8.
- Led by John Jay Varsity coaches with the help of varsity players this 1.5 hour clinic will focus on stick work and fundamental skills and development.
- The program is developed specifically for younger players focusing on stick skill and weak hand development that helps players of all ages improve their game.
- The clinic in the Spring is two sessions and in the Fall is four sessions and take place on Saturdays and Sundays.

# Where we practice and play (home fields)

**JJHS and JJMS**  
(AP Farms, Contest Field, Middle School Field and "THE PIT")



**John Jay High School and Middle School**  
60 North Salem Road, Cross River

**Increase Miller**  
186 Waccabuc Road, Goldens Bridge

**Katonah Elementary**  
106 Huntville road, Katonah

**Onatru Farms**  
99 Elmowwod Road, South Salem

---

# #PlayLikeaJJYLaxer: Our distinguished alums

Since 2011, 18 JJYL alums on the women's side have played collegiately ...

## 2017

Jacqueline Manno, UCONN  
Tristen Novak, Merrimack  
Drew Reno, UMASS

## 2016

Sarah Ramondi, Vermont

## 2015

Dakota Adamec, Tufts  
Amanda Flayhan, USC  
Hannah O'Reilly, Cornell  
Jilli Schell, San Diego State

## 2014

Hanna Bocklet, Denver  
Mary McAvey, Albany

## 2013

Sarah Lang, Manhattan  
Molly O'Reilly, UCONN  
Natalie Reddy, Ohio Wesleyan

## 2012

Kelsey Davey, USC  
Lauren Murray, Northwestern

## 2011

Casey Bocklet, Virginia  
Darragh Evarts, Roanoke  
Mallory Grimm, Sewanee  
Nathalie Lavelanet, Purchase

# Stay in touch with (and spread the word about) John Jay Youth Lacrosse

## JJYL Contact Info and Social Media

e-mail: [info@jjyl.org](mailto:info@jjyl.org)















website: [www.jjyl.org](http://www.jjyl.org)

facebook: [fb.me/JohnJayYouthLacrosse](https://fb.me/JohnJayYouthLacrosse)

Twitter: [@johnjayyouthlacrosse](https://twitter.com/@johnjayyouthlacrosse)

## JJYL Board

(Contacts can be found on [www.jjyl.org](http://www.jjyl.org))

 <b>Frank Hourigan</b> ✓ Action Officer - Boys Support <a href="#">Email</a>	 <b>Frank McMahon</b> ✓ President <a href="#">Email</a>	 <b>Sunho Lee</b> ✓ VP - Programs <a href="#">Email</a>
 <b>Nicholas Daniello</b> ✓ VP Boys <a href="#">Email</a>	 <b>Mark Phillips</b> ✓ Trustee <a href="#">Email</a>	 <b>Matthew McMahon</b> ✓ VP Communications/Secretar <a href="#">Email</a>
 <b>Robert Wilmoth, Jr.</b> ✓ Treasurer <a href="#">Email</a>	 <b>Ted Dardani</b> ✓ Trustee <a href="#">Email</a>	 <b>Jessica Inglis</b> ✓ Co VP Girls <a href="#">Email</a>
 <b>Sara Weale</b> ✓ Action Officer <a href="#">Email</a>	 <b>Thomas Condon Jr</b> ✓ Co VP Girls <a href="#">Email</a>	 <b>Peter Giner</b> ✓ Action Officer <a href="#">Email</a>
 <b>Ernest Lupinacci</b> ✓ Scheduler / Registrar <a href="#">Email</a>	 <b>Christiane Schell</b> ✓ Trustee <a href="#">Email</a>	