



## Eden Prairie Girls Basketball Association Travel Tryout Scorecard

During tryouts, players will be evaluated and scored by the independent evaluators on their abilities in areas such as ball handling, shooting, rebounding, one-on-one, offense, and defense. With regards to each of these skills, the players will be evaluated in accordance with the following:

- **Ball Handling:** Players will be evaluated on their form and ability to dribble with both left and right hand. Players will be asked to participate in various drills that involve speed dribbling and/or a controlled dribbling with offensive moves.
- **Shooting:** Players will be evaluated on both form and accuracy. Players will be asked to participate in various shooting drills, including catch and shoot and lay-ups (both right-handed and left-handed).
- **Offensive Skills (including 1-on-1...5-on-5, etc.):** The player's offensive skill will be evaluated while the players participate in various drills and scrimmages. A majority of scrimmages will be in 3 on 3 situations. Evaluators will be assessing the player's overall offensive ability in three primary areas: 1) Ball handling and passing; 2) Ability to score (outside and/or inside) and drive to the basket; -3) rebounding, off-the-ball movement, and communicating; and 4) court awareness and basketball IQ
- **Defensive Skills (including rebounding):** The player's defensive skill will be evaluated while the players participate various drills (for example a box-out drill) and scrimmages (1-on-1...5-on-5, etc.). Evaluators will be assessing the player's overall defensive ability in three primary areas: 1) Defensive stance, lateral movement, on ball defense and off ball defense (deny and help-side); 2) Rebounding, and boxing out; and 3) Defensive pressure, aggressiveness, and anticipation.

**Example drills to be conducted during tryout:** Drills are not limited to the following if the evaluators along with Coaching Director and Eden Prairie High School Girls Varsity Coach feel the need to incorporate more.

1. **Ball Handling:** Cones set up on courts  
Full court: right hand/left hand: crossovers, push/pulls/between legs/behind the back  
  
ASSESSING: Ability to control the dribble, eyes up, ball under control, ball protected
2. **Triple Threat/Rip/Pivots**  
Full Court: each player dribbles to a prescribed line on the court, jump stops, rips and pivots with designated pivot foot. Will do with right and left pivots  
  
ASSESSING: Stance, strength with the rips and pivots
3. **Passing**  
Celtic passing  
Rip/pivot passing  
  
ASSESSING: On target passing and passing strength
4. **Shooting**  
Roseville (two lines and 4 balls). Players will start with layups and progress to mid-range and 3 pointers  
  
ASSESSING: Shooting form/accuracy
5. **Attacking the Basket**  
1-1, Roll the ball drill. Offensive player only allowed 4 dribbles max

ASSESSING: Ability to beat defender off the dribble (evaluators will also presumably note defensive ability; i.e. ability to keep someone in front)

**6. Transition**

3 on 2/2 on 1

ASSESSING: Ability to see the whole court, find open players, communicate both on offense and defense

**7. Offense/Defense**

Memphis Drill

3 on 3: dribble drives

3 on 3: pass and pick away

3 on 3: ball screens

For posts, modify so they can be on block with 2 perimeter players during this drill

ASSESSING: Offensively: ability to score, assist, rebound, communicate. Defense: ability to stop your player, play help defense, rebound, communicate

*Reviewed and Approved by the Board: June 23, 2019*

