

# Greater Springfield Youth Hockey Association Jr. Yellow Jackets COVID19 Preparedness Plan 2020-2021 Season

The Greater Springfield Youth Hockey Association (GSYHA) Jr. Yellow Jackets are committed to providing a safe and healthy atmosphere for all our players, coaches, volunteers, and spectators that participate in Greater Springfield Youth Hockey Association Jr. Yellow Jackets events. To ensure we have as safe and healthy atmosphere, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, players, parents, and spectators are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 within events and our community, and that requires full cooperation from all involved. Only through this cooperative effort, can we establish and maintain the safety and health of our players, coaches, volunteers, and spectators and the arenas we utilize. We are serious about safety and health and keeping our players involved in hockey. Player involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan.

Our COVID-19 Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Massachusetts Public Health Guidelines, Executive Office of Energy and Environmental Affairs, Massachusetts Hockey, Greater Springfield Youth Hockey League, and the City of Springfield and CYR Arena's safety guidelines. (Guidelines are subject to change based on guidance from these agencies):

- Hygiene and respiratory etiquette;
- Controls for social distancing;
- Prompt identification of symptomatic persons;

Screening- families are encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess members' health status prior to entering the Cyr Arena (or other sponsored events) and for families to report when their players are sick or experiencing symptoms

Each event will maintain an accurate roster of those in attendance for the purpose of contact-tracing, if needed, by the Massachusetts Department of Public Health or the local health agency. Families may also use the CDC Symptom Checker for advice on when to seek medical attention or testing if they feel they may have the disease. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

• Cough • Shortness of breath or difficulty breathing • Fever • Chills • Muscle pain • Sore throat • New loss of taste or smell This list is not all possible symptoms.

Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea. If a GSYHA member was discovered to have been exposed to a person with COVID-19, they will be contacted by the proper officials, NOT a member of the GSYHA. It is imperative for the privacy and health of all members that COVID-related issues be reported to medical professionals and NOT GSYHA staff. If GSYHA is made aware of a positive COVID-19 case, they will follow the guidance published by the CDC, Massachusetts Dept of Public Health, and EEA. Should any Member or known guest be officially diagnosed with COVID-19, your local health department is the lead-agency for contact tracing utilizing the event rosters, upon request.

- Handwashing: Basic infection prevention measures are being implemented at Cyr Arena at all sponsored events at all times. Members are encouraged to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially prior to arrival and upon departure from a GSYHA sponsored event or after utilizing the restrooms. All GSYHA Members are asked to wash or sanitize their hands prior to or immediately upon entering the facility GSYHA is utilizing. Hand-sanitizer dispensers are at most entrances and locations in GSYHA sponsored events at Cyr Arena so they can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. Soap dispensers are provided at all \*open\* bathrooms throughout the facility.
- Respiratory Etiquette: Members are instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands while at GSYHA sponsored events. They should dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward. Masks should be worn at all times per the direction of the City of Springfield and Cyr Arena Facility Operators.
- Social Distancing: Social distancing of six feet will be implemented and maintained between members (not living in the same households) at GSYHA sponsored events. GSYHA asks all spectators appropriately distance themselves if being at a GSYHA sponsored event is permitted.

Greater Springfield Youth Hockey Association Jr. Yellow Jackets COVID19 Preparedness Plan For All Members & Guests: CYR ARENA GUIDELINES:

## CYR ARENA REGULATIONS

1. Please arrive at the rink dressed to play. Locker rooms will be utilized for putting on skates only.
2. You will not be able to enter the building more than 15 minutes prior to your scheduled ice time.
3. Contact tracing information will be required for everyone entering the building. This includes name, address and telephone number.

4. Please use designated entrance and exit paths.
5. Spectators are limited to one person per skater under 21 years of age. No spectators allowed for skaters 21 years of age or older.
6. Face coverings are required for spectators at all times
7. Spectators are required to practice social distancing standards by being seated 6 feet apart on the bleachers.
8. The number of coaches and staff should be limited.
9. Face coverings are required for referees at all times.
10. Face coverings are required for coaches at all times.
11. Face coverings are required for players on the bench at all times.
12. Face coverings are required for players during all face-offs.
13. No checking. Only minimized contact will be permitted.
14. No more than 25 skaters on the ice at one time.
15. No showers permitted.
16. No alcoholic beverages allowed.
17. Be prepared to exit the building immediately after skating.
18. Absolutely no congregating in the facility or parking lot.

Please be advised these rules have been established by the *Massachusetts Executive Office of Energy and Environmental Affairs Reopening Standards For Youth and Adult Sports Activities* to protect our community during the COVID-19 pandemic. We appreciate your understanding as we implement the new guidelines for our arena to allow our facility to operate during the pandemic.

We thank you for your continued patronage,  
*Springfield Parks*