

1. Use Pitch Count Tracking Sheet

Division: Majors

Date: _____

Player Name	Rest	Number of Pitches																			
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	No Rest																				
	1 Day Rest	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35					
	2 Days Rest	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50					
	3 Days Rest	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65					
	4 Days Rest	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85

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	1 Day Rest	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35					
	2 Days Rest	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50					
	3 Days Rest	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65					
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	4 Days Rest	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85

2. Update Stats from Results Area



Click this button
to enter the stat
reporting area

3. Enter Pitch Count

Enter the # of pitches thrown for each player.
If the player did not pitch, leave it blank

Pitching

Hitting

Fielding

#	Player	Atn	Position	PT	PC Met
1	LaRosa, Brandon	<input checked="" type="checkbox"/>	Player	37	<input checked="" type="checkbox"/>
2	LaRosa, Brandon	<input checked="" type="checkbox"/>	Player	25	<input type="checkbox"/>
3	LaRosa, Brandon	<input checked="" type="checkbox"/>	Player	80	<input type="checkbox"/>

Pitch count threshold example:

A pitcher starts a batter at 34 pitches. The pitcher strikes out the hitter on pitch 38. Because the 35 pitch threshold was reached during the at bat, the pitcher is only required 1 day rest (21-35 pitch window). In this scenario, the box is checked on the stat report.

Check the box if the threshold was met during the at bat. This will revert back to the prior rest requirement

4. View Pitcher Report

LITTLE LEAGUE	
CHOOSE A TEAM	>
Contacts	
Showcase Day	
Division Waivers	
League Rules	
Team Contacts	
Equipment	>
Sub Policy & List	
Schedule	
Roster	
Results	
Statistics	
Pitchers Report	
Standings	
Multi-Schedule	

Pitchers Report Print Report Division Report

>Baseball>AA National League> Brewers

Name	Age	Last Threw	Pitches	Next Available *	Can Pitch *
LaRosa, Brandon	9	Thu, Mar 5	25	Sat, Mar 7	75
LaRosa, Brandon	12	Thu, Mar 5	37***	Sat, Mar 7	85
LaRosa, Brandon	10	Thu, Mar 5	80	Tue, Mar 10	75

This is the data entered from the stats

Info on availability and pitch count limit based on age

NOTE: Because the box was checked on stats indicating the threshold was met while facing a batter, the rest requirement was still 1 day even though the pitcher surpassed 35 pitches. That is why the * is next to pitch count**