

PINE-RICHLAND SCHOOL DISTRICT CHEERLEADING, GRADES 7-12 TRYOUT INFORMATION

Team Eligibility & Minimum Requirements

- Previous team members must turn in all uniforms and accessories, uniforms must be cleaned
- All spirit point penalties must be fulfilled
- Previous team members must pay all outstanding balances to Booster Organization
- Sideline
 - Middle School
 - Any interested cheerleader in grades 7-8
 - Junior Varsity
 - Any interested cheerleader in grades 9-12
 - Varsity
 - Any interested cheerleader in grades 9-12
 - Standing back handspring
- Competition
 - Middle School
 - Any interested cheerleader in grades 7-8
 - Varsity
 - Any interested cheerleader in grades 9-12

REGISTRATION

- Online registration through PRCPA website from February 14th through May 10th at 11:59 PM.
- Cheerleaders cannot tryout if they are not registered.

Uniform Turn In

- Monday, May 4: 5:30-6:30 PM @ High School Atrium
- List to be provided by respective coach

Tryout Dates

- Monday, May 11: 5:30-8:30 @ High School Green Gym
 - Practice tumbling & learn cheer, chant, & dance choreography
- Tuesday, May 12: 5:30-8:30 @ High School Green Gym
 - Practice tumbling & review cheer, chant, & dance choreography
 - Stunting
- Thursday, May 14: 6:00-9:00 @ High School Green Gym
- Friday, May 15 by 4 PM: Teams posted on PRCPA Website

Preparing for Tryouts

TUMBLING

- Tumbling with Dana Thomas (\$12.50/class) in High School Atrium
 - March 17 4-5 PM for both teams
 - Every Tuesday from March 24 through May 5
 - High School 3-4 PM
 - Middle School 4-5 PM

OPEN GYM

- Open Gym for anyone interested in MS or Varsity Competition Teams
- Days, times, & locations TBD

Cheerleaders are encouraged to attend tumbling & open gym. Rising 7th graders are permitted to attend.

Tryout Attire

- Black shorts
- Tucked in white t-shirt
- White bow
- White Cheer Shoes
- White Socks
- Hair in ponytail, completely off of face
- Natural makeup (presentable)
- No jewelry

Judges

- To remain objective, judges will not be affiliated with PRSD.

Judged Categories

- Presentation (5 points)
- Cheer (UCA Choreography) (5 points)
- Chant (UCA Choreography) (5 points)
- Dance (UCA Choreography) (5 points)
- Jumps
 - Toetouch (5 points)
 - Hurdler (5 points)
- Standing Tumbling (4 points)
- Running Tumbling (6 points)
- Stunting (10 points)
- Tryout Process (10 points)

Criteria & Criteria Definitions

- **Knowledge of Choreography:** Little to no mistakes in executing choreography, attention to choreography details
- **Rhythm:** Stays on beat of words or music
- **Precision/Placement:** Executes movements with sharpness, motions are hit in proper space, wrists are strong, “cinnamon rolls” are in proper position
- **Voice Level/Inflection of Words:** Words are shouted and audible to audience, Words are pronounced with enthusiasm to add dimension to cheer and chant
- **Flexibility:** Ability to stretch body, create long lines
- **Strength:** Ability to execute movements with power
- **Performance Quality:** Positive attitude and body language, presents self with pride

Scoring Scale

Presentation, Cheer, Chant, Dance, Jumps, Tryout Process

UNSATISFACTORY	POOR	FAIR	SATISFACTORY	EXEMPLAR
1	2	3	4	5

Standing Tumbling **Scaled score based on difficulty*

NO SKILL	BHS	TUCK	TOETOUCH TUCK	TWISTING SKILL
0	1	2	3	4

Running Tumbling **Scaled score based on difficulty*

RO BHS	RO Multi BHS	RO Tuck	RO Combo of BHS + Tuck	RO BHS Layout	RO BHS full
1	2	3	4	5	6

Stunting **Scaled score based on difficulty*

PREP	EXTENSION	EXTENSION LIB	SWITCH UP	FULL UP
1-2	3-4	5-6	7-8	9-10

1st Team Meeting & Practice

- Time & location will be determined once teams are posted

**This tryout serves for sideline and competition teams.*

** For cheerleaders who cannot attend tryout dates, they have the option to participate in a video tryout. Contact Coach Berezo for more information.*

**If a cheerleader is injured the week of tryouts, they are to participate to their fullest ability and finish the tryout when the season officially starts.*

**There will not be an additional tryout for new enrollees.*