

## HOW TO BE THE BEST LAX FAM MEMBER

This program can be as grand or as small as you wish! The purpose is to reinforce the bond of this fabulous Keller Girls Lacrosse community and to develop support systems and new friendships for all of the players. The board and the coaches are all in agreement that off-the-field development is of great value to our program!

Here are a few ways you can encourage your player to get involved with her Lax Fam members.

Tell her that she can:

- Arrive a few minutes early to practice to **say HI** to any members of her Lax Fam that she can find
- **Make a poster** for a sister and cheer at one of her games
- **Bring a craft** to her Lax Fam
- **Write a note** and deliver it to a team mom or a coach and we can help get it to the correct player
- **Decide on matching hairstyles** for a play day/tournament
- **Hang out together at tournaments**
- **Exchange phone numbers/social media** and send encouraging texts