

SWC GIRLS INDOOR TRACK AND FIELD ALL-TIME RECORDS (Updated 3/14/17))

<u>Event</u>	<u>Record</u>	<u>Date</u>	<u>Location</u>	<u>Name(s)</u>	<u>School</u>
55 Meter Dash	7.28	2010	SWC	Chelsea Boursiquot	Bunnell
	7.28	2013	Class L	Theresa Saia	Masuk
60 Meter Dash	7.93	2010	NBIN	Chelsea Boursiquot	Bunnell
200 Meter Dash	25.67	2013	NBIN	Djenne Parris	Brookfield
300 Meter Dash	40.88	2013	New England	Djenne Parris	Brookfield
400 Meter Dash	58.79	2013	NBIA	Djenne Parris	Brookfield
500 Meter Dash	1:22.56	2001	Class S	Marisa Micik	Weston
600 Meter Dash	1:35.89	2006	New England	Erika Mannson	Masuk
800 Meter Run	2:15.62	2012	NBIN	Maeve Riley	Immaculate
1000 Meter Run	2:57.42	2016	SWC	Rhemi Toth	Weston
1500 Meter Run	4:46.52	2016	Armory (MCC)	Mia Nahom	New Milford
1600 Meter Run	5:00.01	2014	SWC (FLAC)	Gabrielle Richichi	New Fairfield
Mile	4:54.92	3/12/17	NBIN	Mia Nahom	New Milford
3000 Meter Run	10:03.51	2010	Yale	Lauren Sara	Bunnell
3200 Meter Run	10:57.27	2014	State Open	Jessica Wojnicki	Immaculate
2 Mile	10:48.01	2014	NBIN	Jessica Wojnicki	Immaculate
5000 Meter Run	17:54.75	2009	NBIN	Moira Kenny	Immaculate
55 M Hurdles	8.27	2007	State Open	Lauren Tanz	Brookfield
60 M Hurdles	9.50	2010	NIN	Amanda Snajder	Masuk
4 x 200 M Relay	1:46.50	2013	New England	Meg Tynan,Ashley Russo,Kasey Moraveck, Theresa Saia	Masuk
4 x 400 M Relay	4:02.44	2012	NBIN	Meghan Dieter,Helen Bayers,Sierra Grazia,Lindsay Guptill	New Milford
4 x 800 M Relay	9:23.72	2016	New England	Nicole Werner, Mimi Fellowes, Kathleen Murphy, Rhemi Toth	Weston
4 x Mile Relay	21:11.17	2012	NBIN	Alexandra Kaeslin, Maeve Riley, Jessica Wojnicki, Maggie Christie	Immaculate
Sprint Medley Relay 200-200-400-800	4:16.30	2007	NBON	Gabby Brody, Shana Goodman, Ali Atkinson, Rebecca Fine	Weston
Distance Medley Relay 1200-400-800-1600	12:17.28	1/20/17	Yale Classic	Brigit Humphreys, Riley Peragine, Sara Grudzwick, Mia Nahom	New Milford
Shot Put	44'3"	2002	Yale	Allison Bradshaw	Pomperaug
Long Jump	18'6.5"	2007	State Open	Lauren Tanz	Brookfield
High Jump	5'4"	1995	Class L	Nicole Powder	New Milford
	5'4"	2002	Class M	Amy Linderbeck	Masuk
	5'4"	2009	Winterfest	Emily Ando	Weston
Pole Vault	12'9"	3/4/13	Pole Vault Mania	Emily Savage	Weston