

**SWC BOYS INDOOR TRACK AND FIELD CHAMPIONSHIP MEET RECORDS (updated 2/4/17)**

<u>Event</u>	<u>Record</u>	<u>Year</u>	<u>Name(s)</u>	<u>School</u>
High Jump	6'06"	2003	Vladimir Foster	Bunnell
Pole Vault	15'06"	2012	TJ Murphy	New Fairfield
Long Jump	22'00"	2007	John Chernesky	Masuk
Shot Put	58'09"	2011	John Wlasuk	Newtown
45m DASH	5.84	2005	Cameron Griffin	Brookfield
50m DASH	6.16	2000	Mike Whitman	Masuk
55m DASH	6.58	2008	Thaddeus Bennett	Notre Dame
45m HURDLES	6.59	2003	Vladimir Foster	Bunnell
50m HURDLES	7.35	2007	John Schalkham	Brookfield
55m HURDLES	7.84	2012	David Camille	Bunnell
300m DASH	36.20	2015	Simeon Okoro	Weston
500m DASH	1:09.05	2000	Andy Craycraft	Weston
600m DASH	1:24.54	2014	Richard Grudzewick	New Milford
800m RUN	2:03.08	2000	Kevin Somok	Pomperaug
1000m RUN	2:33.08	2/4/17	Stephen Tyler	Weston
1600m RUN	4:22.35	2013	Cameron Swift	Oxford
3200m RUN	9:36.91	2010	John Raneri	New Fairfield
4x200m RELAY	1:31.50	2015	Micah Zirn, Ian Stuebe, Chris Petty, Simeon Okoro	Weston
4x225m RELAY	1:52.12	2006	Phil Cohen, James Gaffney, Adam Block, Stefan Bolea	Weston
4x240m RELAY	1:59.81	2007	Adam Block, James Gaffney, Martin Hallquist, Ben Fine	Weston
4x375 RELAY	3:28.6h	2005	Sebby Mansson, Sean Gavaghan, Jake Wishko, Frank Calabrese	Masuk
4x400m RELAY	3:33.41	2/4/17	Christian Morris, Dominick Curra, Matt Christie, Sean Fahey	Immaculate
4x750m RELAY	8:11.9h	2006		New Milford
4x800m RELAY	8:25.25	2010	S. Crnic, C. Cheng, P. McCormick, John Raneri	New Fairfield
SM RELAY 450-150-150-750	3:42.5h	2006	James Gaffney, Oliver Gaffney, Adam Block, Ryan Lane	Weston
SM RELAY 480-160-160-800	3:58.0h	2004		Pomperaug
SM RELAY 200-200-400-800	3:42.52	2015	Chase Morrissey, Richard Grudzewick, Blaine McMahon, Duncan Mateer	New Milford