

Dear Parent/ Guardian(s)

Windham Youth Football has adopted the COVID-19 guidelines developed by RSU 14 that has been working closely with the MPA and state agencies to help provide a safe “opening” of athletics in our community schools. As you all know, this has been a very trying time for all of us and we want to assure you all that we will be taking steps to provide a safe environment for our student athletes as we start to move forward. We all recognize that there has been a lengthy period that our student athletes have been away from athletics. We recognize that some athletes have maintained their fitness and conditioning levels however, many have not. The priorities that the MPA Sports Medicine Committee have identified were developed to promote opportunities where coaches and athletes can begin to re-organize and begin to re-condition. This first step is critical to injury prevention as well as preparation for the possibilities of fall athletics to begin. We will be working with the school administration, coaches, and athletes to promote a team approach in managing the risk associated with transmission of the COVID-19 virus. We will be following the MPA guidelines as well as already established Maine CDC and State of Maine directives. We also understand that there are many dynamics associated with each school regarding facilities and access. Our COVID-19 Response point of contact is Jason Farley – Director of Operations will be working with all of our coaches to be certain that we are all on a single plan and that all processes are in place regarding training, reporting, documentation, security of confidentiality, and solid communication with parents of Windham Youth Football athletes.

Based on MPA, Maine CDC, and Maine Department of Education guidance, one key component in the safety of our student athletes is going to be daily screening for all participants. Any “yes” answers automatically disqualify the athlete from participation, and they must stay home. This process will include mandatory parental communication with the Director of Operations and follow up with their own primary care provider for a return to activity clearance. This will be a critical piece of the process as it will prevent unnecessary potential transmission of the virus, protect confidentiality, and not overburden coaches with more paperwork and responsibilities. Coaches will be tracking daily attendance.

If at any time you may have any concerns or questions, please feel free to contact any of us at any time.

Jason Farley – Director of Operations – [operations@windhamyouthfootball.com](mailto:operations@windhamyouthfootball.com)

A full list of Windham Youth Football board members is available on our website:  
<http://windhamyouthfootball.com>