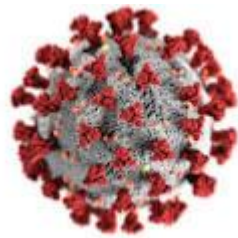


# Mahtomedi Youth Baseball, Inc. ("MYBI") COVID-19 Preparedness and Response Plan



Updated 5/4/2021

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# MYBI COVID-19 Preparedness and Response Plan

- MYBI is committed to doing our part to promote health and safety for our players, coaches and families.
- To strive for a safe and healthy environment, MYBI has developed the following COVID-19 Preparedness and Response Plan. **Coaches, parents, players, and volunteers are all responsible for implementing this plan.**
- Only through a **cooperative effort** can we establish and maintain the safety and health of all persons in our program.
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending any MYBI event, **you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold MYBI or its board members or volunteers liable** for any illness, injury or death.
- We will follow recommendations by Mahtomedi Public School District and the Minnesota Department of Health but we cannot guarantee that any of these measures will completely protect you. **You agree to accept all responsibility for the risk** that you and your children may contract COVID-19.
- MYBI has reviewed and incorporated the guidance applicable to our organization provided by the state of Minnesota and local youth baseball and softball organizations for the development of this plan, including the [COVID-19 Organized Sports Practice and Games Guidance for Youth and Adults](#) and [MBL/MYAS 2021 Baseball and Softball COVID-19 Safety Guidelines](#).

# Mahtomedi School District Protocols

- MYBI will follow the COVID-19 Protocols established by Mahtomedi Public Schools and Mahtomedi Community Education (shown below)
- Additional youth baseball specific information & expectations for MYBI program participants and families are described on the following pages
- MYBI facility use will be controlled by Mahtomedi Public Schools and the Mahtomedi Community Education Department




**Updated  
September 1,  
2020**

## COVID-19 Protocols

### Mahtomedi Families & Students


**MINNESOTA DEPARTMENT OF HEALTH**  
[www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf](http://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf)



#### Check for Illness Every Day

Parents or guardians should monitor their students for signs of infectious illness every day. **Students who are sick should not attend school.** It is the expectation that all students screen for illness before attending school.

[Click here for our daily health screening tool](#)



#### Face Coverings

- Students and staff will be expected to wear face coverings in buildings during in-person learning and while on school transportation.
- Types of face coverings can include a purchased paper or disposable mask, a cloth mask, a neck gaiter, a scarf, a bandanna, or a religious face covering.
- A face covering must cover the nose and mouth completely.

#### COVID-19 Symptoms

Most common (only need one of these symptoms):

- fever greater than or equal to 100.4 F
- new onset and/or worsening cough
- difficulty breathing
- new loss of taste smell

OR Less common (need 2 of the below symptoms)

- sore throat
- nausea
- vomiting
- diarrhea
- chills
- muscle pain
- excessive fatigue
- new onset of severe headache
- new onset of nasal congestion or runny nose

If a student comes to school with symptoms of COVID-19 or any other illness; the student will be assessed by the Building RN and the parent or guardian will be called and they, or an emergency contact, will be expected to pick up their student within 30 minutes.

#### Positive COVID-19 Test or No Test Performed

- Families need to report a positive test to the school nurse **ASAP/same day of diagnosis**. The school nurse will provide the parent or guardian with details of return to school instructions.
- A person who displays symptoms will be sent home/told to stay home and will be advised to take a COVID-19 test
- A person with symptoms who tests positive or decides not to test for COVID-19 will need to be quarantined for **10 calendar days** after the diagnosis or symptom onset.
- A person who tests negative for COVID-19 will be able to return to school 24 hours after any symptoms have greatly improved.

#### COVID-19 Close Contact

Close Contact as defined by MDH: Spending 15 minutes of time less than 6 feet from someone who has COVID-19 disease.

- Any person who was in close contact with a COVID positive person needs to be quarantined for **14 calendar days** even if they test negative for COVID-19. The incubation period is 2-14 days and symptoms or a positive test could develop up to 14 days after close contact.

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# MYBI Specific Protocols:

Before attending a game or practice

## Before coming to the field

If anyone in your household is diagnosed with COVID-19, has [symptoms](#) of COVID-19, or has had a close contact with someone who has COVID-19 as [defined by the MDH](#), please email our COVID-19 administrator at [oconnor.rod@gmail.com](mailto:oconnor.rod@gmail.com). The administrator will provide guidance on testing and quarantine, if needed.

Association members are encouraged to self-monitor for signs and symptoms of COVID-19.

- Ensure your player understands social distancing, and why it is important.
- Take the temperature of any player, coach, or volunteer who will be participating in a practice or game.
- If your player has been told by any other organized program or activity that they may have been exposed to COVID-19, please email our COVID-19 administrator at [oconnor.rod@gmail.com](mailto:oconnor.rod@gmail.com).
- When COVID-related events are reported, our COVID-19 administrator will provide guidance on quarantining based on current [MDH quarantine guidance](#).
- MDH recommends weekly testing for all participants, including players and coaches, and is offering testing support to increase testing of youth sports participants. This recommendation does not apply to fully vaccinated participants.

# MYBI Specific Protocols: Social Distancing and Face Coverings

## For players, coaches, volunteers, spectators, etc.

- When possible, all players, coaches, volunteers, umpires, and spectators should practice social distancing of 6 feet from individuals not residing within their household.
- During practices and games, participants should maintain at least 6 feet of separation on the bench or in the dugout. Participants not able to be on the bench or in the dugout should be lined down the foul line or behind the backstop with 6 feet of separation. Teams may bring additional seating (e.g., folding chairs) to facilitate the extended bench/dugout.
- When 6 feet distance cannot be avoided, players should not remain near each other for extended lengths of time.
- Spectators must maintain social distance of at least 12 feet from the nearest participant and 6 feet between households.
- Face coverings
  - Per [MDH guidance](#), face coverings are required to be worn when sports participants (players and coaches) are not actively practicing or playing and cannot maintain physical distancing.
    - For example, if the dugout can be extended along the backstop or down the baseline to maintain distancing, or if additional bench seating can be arranged to largely maintain distancing between participants not actively practicing or playing, then face coverings are not required. However, if distancing cannot be maintained at a particular venue or under the circumstances, then masks are required for participants not actively practicing or playing.
  - Per [MDH guidance](#), face coverings are not required for spectators if and when 6 feet of distance from others can be consistently maintained.

# MYBI Specific Protocols: On-field activities

## All participants

- Players and coaches should use hand sanitizer both before and after practices and games.
- Practices must be conducted in “pods” of no more than 50 people, including players, coaches, and volunteers.
- Parents should not attend practices unless necessary.
- During games, where possible, each team provides their own balls.
- Social distancing should be maintained at all pre-game plate meetings between coaches and umpires.
- Equipment should not be shared unless necessary. If equipment is shared, then it should be disinfected between use.
- Players and coaches should take measures to prevent all but essential contact necessary to play the game.
- Handshakes, high fives, fist/elbow bumps, etc. should be avoided.
- As a sign of good sportsmanship after a game, teams may line up in front of their dugout or bench and tip their cap to the opposing team.
- Players, coaches, and umpires should bring their own personal drinks and food, and no sharing is permitted.
- No sunflower seeds, chewing gum, or spitting is permitted.
- Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of a practice or game.
- No post-game or post-practice team snacks or shared team coolers or water supply.
- Generally, umpires will be behind the pitchers’ mound. However, the umpire does have the option to be behind home plate. If the umpire would like to be behind home plate he must get consent from both head coaches. If he does not, he will umpire behind the pitcher's mound. All umpires who are behind home plate must wear a cloth mask.

# MYBI Specific Protocols: K/1 and 2/3 Specific Guidelines

## All participants

- Each team may have one or two non-coach parents/guardians at every practice or game to ensure compliance with these guidelines, particularly equipment disinfection and social distancing compliance. These non-coach parents/guardians can be rotated throughout the season. Other age groups may consider this as well.
- Catcher's equipment will be provided but it must be disinfected between use.
- When batting, players should wear masks while on bench since social distance on OH Anderson field benches is not practical.
- Parents are permitted at practice as needed to minimize burden on coaches to comply with these guidelines. Teams at other age levels may consider this as well.



# Decision Tree

Follow this decision tree to determine if your child needs to stay at home and quarantine.

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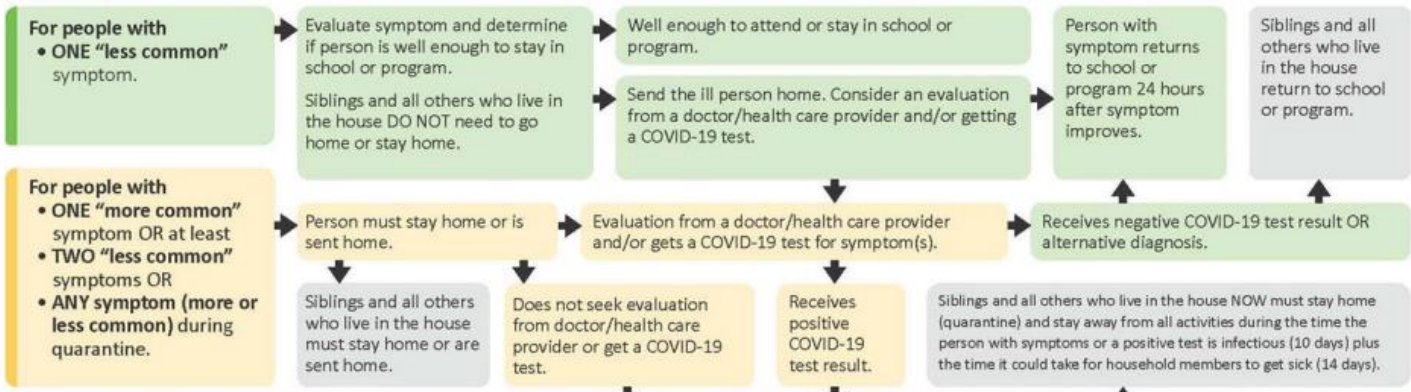
**Your child should NOT attend or participate in MYBI practices, games, events or activities if the situation/path leads to a box that calls for them to STAY HOME**

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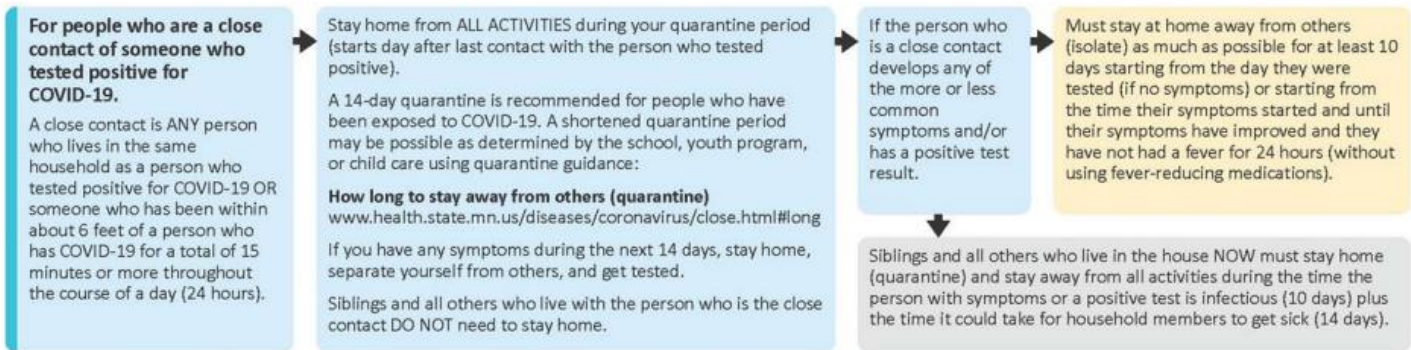
## COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs

Follow the appropriate path if a child, student, or staff person is experiencing the following symptoms consistent with COVID-19:

- **More common:** fever of 100.4 degrees Fahrenheit or higher; new cough or a cough that gets worse; difficulty/hard time breathing; new loss of taste or smell.
- **Less common:** sore throat; nausea; vomiting; diarrhea; chills; muscle pain; extreme fatigue/feeling very tired; new severe/very bad headache; new nasal congestion/stuffy or runny nose.



Must stay at home and away from others who live in the house (isolate) for at least 10 days from the time symptoms started and until symptoms have improved and they have no fever for 24 hours without using fever-reducing medications. If they have no symptoms but test positive, they must stay home for 10 days, counting from the day they were tested.



# MYBI COVID-19 Reporting

## Report your child's potential COVID-19 illness or close contact exposure to MYBI if:

- Your child experiences **ONE more common\*** COVID-19 symptom **OR**
- Your child experiences **TWO less common\*\*** COVID-19 symptoms **OR**
- Your child has a COVID-19 **positive test result OR**
- Your child has been in close contact with someone who is infected (within 6 feet for at least 15 minutes) **OR** anyone living in your child's household is infected or actively symptomatic **OR** you have been informed that your child has been **close contact exposed**
- Link to reporting form:  
<https://docs.google.com/forms/d/1BvQVt5yKISexbyM6Yqu2vpkbOioy1nBeorT9aTfO4dw/edit>

\*Per the Minnesota Department of Health, **more common symptoms** include fever of 100.4F or higher, new onset and/or worsening cough, difficulty breathing and new loss of taste or smell

\*\* Per the Minnesota Department of Health, **less common symptoms** include sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache and new onset of nasal congestion or runny nose

- MYBI'S COVID-19 team will review reported illnesses and exposures, notify your child's school and work with MDH for contact tracing and to provide notifications to individuals who may have been exposed through baseball
- MYBI's COVID-19 team consists of:
  - Rod O'Connor (President & COVID Compliance Manager)