



2021-2022 Mites

Ryan Doughan

West Haven Youth Hockey is excited to announce Ryan Doughan as one of our Mite level coaches for the upcoming 2021-2022 hockey season.

Ryan began his hockey career playing for West Haven Youth Hockey on both our mite and squirt teams. At the Pee Wee and Bantam levels, he moved on to play Tier 1 hockey with the Connecticut Wolves. Next, Ryan played high school hockey at Notre Dame of Fairfield starting all four years on the varsity team. While at Notre Dame, Coach Doughan won a division 1 state championship title his freshman year, was named to the All-SWC team twice. He was named captain and earned All-State hockey honors in his senior season at Notre Dame. Following high school, Ryan continued to play competitive hockey joining the Connecticut Junior Wolfpack for several seasons.

Ryan began his coaching career leading the Sacred Heart University Club hockey from 2012-2015, where they went on to win two back-to-back ACHA Division 2 Championships. He has worked with several youth hockey programs in the area including Yale Youth Hockey and Wonderland Youth Hockey. Ryan also coached at Luralton Hall High School for the 2015-2016 and 2017-2018 seasons.

Coach Doughan still plays hockey in local men's leagues during his spare time. He loves to pass on his knowledge of the game to young skaters and enjoys watching them grow as hockey players. He is looking forward to getting back to helping our kids be the best hockey players they can be.

West Haven Youth Hockey is happy to welcome Coach Ryan Doughan back to our program.