



Mount Si Lacrosse Club Player Behavior and Academic Policies

A. MOUNT SI PLAYER CODE OF CONDUCT

- Players shall adhere to all MSLC CLUB policies, and with their signature, along with that of their parents, have acknowledged their understanding and agreement with MSLC rules.
- Players will be team players and always put the team first.
- Players will stay within the team areas of the sidelines during games.
- Players will accept their coaching and be ready to learn and have fun.
- Players will listen to the coaches and follow the rules of WHSBLA and of the sport.
- Players will demonstrate good sportsmanship on and off of the field of play.
- Players will attend all practices, games, meetings and any other team function on time.
- Players will show respect towards coaches, players and referees/officials at all times.
- Players will not fight, use foul language or argue with coaches, teammates, or game referees/officials.

B. DRUG/ALCOHOL/TOBACCO POLICY

Students will not be in the proximity during the illegal use and/or be in possession of and/or consume Drugs/Alcohol/Tobacco. This policy will be enforced for all athletes, both in season and out of season, for the entire school year, and during the time a team is actively engaged in off-season activities.

In the event a player is found to be in breach of this policy, the Coach and High School Lacrosse President will evaluate the offense, including acts and circumstances, and determine the appropriate penalty. This could include suspension for a given number of practices and games. For severe breaches, it may result in immediate suspension for the remainder of the season.

APPEAL PROCESS

Mount Si High School Lacrosse has a two-phase process for addressing an appeal:

Phase 1 - Letter submitted to the Coach and Mount Si High School Lacrosse President that outlines details of the appeal. The Coach and Player Development Director have 1-week to respond by letter.

Phase 2 – If a party is not satisfied with the outcome of Phase 1, the party should submit a letter to the Mount Si Lacrosse Board that outlines details of the appeal. The Mount Si Lacrosse Board has 1-week to investigate the circumstances as appropriate (including possibility of phone calls or in-person meeting with parties) before responding with findings by letter.

C. ACADEMIC POLICY

Academic Standard:

Students must pass all classes and maintain a 2.0 semester GPA in order to participate in

athletics.

Procedure:

In-season grade checks will be conducted for all athletes at the first practice and at the mid-season point. Players will be informed of the required specific submission date by the coaches. Each player will be responsible to provide the head coach with a copy of their grades from Skyward printed no earlier than 1-week prior to the required submission date. Failure to submit a copy of grades by the required submission date will result in the athlete being ineligible for competition until the player has done so.

Any athlete failing to meet the academic requirements listed above during the in-season grade check becomes ineligible to compete until the standard is met, is placed on probationary status, and is subject to a weekly grade check process.

Definitions:

Probation: A period when an athlete has an academic deficiency and is required to do weekly grade checks to re-establish and/or maintain eligibility. The athlete may or may not be eligible to compete in contests while on probation.

Ineligibility: A period when an athlete has an academic deficiency and cannot compete in athletic contests.

D. SCHOLASTIC ATTENDANCE POLICY

All athletes must attend a full day of classes in order to participate in athletic activities that day. Reasonable excuses, such as doctor/dentist appointments, field trips, etc., will be cleared by the coach.

Coaches will review attendance records to establish eligibility. If a coach finds that a student was not in a full day of classes the previous day, the athlete becomes ineligible for participation on that day and the team's next game.

E. PRACTICE ATTENDANCE POLICY

High school level athletes are expected to attend ALL lacrosse games and practices. Practices are as important as games. Players should be fully dressed, on the field and ready to play -- on time.

Players who miss practices or games without appropriate reason will receive reduced or no game time at the discretion of the head coach. The head coach must be contacted at least 2 hours BEFORE a practice or game if you will not be present on any given day. Any absence without prior notice, regardless of the reason, will be deemed "unexcused." Excused absences may include (i) sickness on the part of the player or his/her family member, (ii) educational activities, (iii) religious holidays or celebrations.

If a player routinely violates any of the Mount Si Lacrosse Club policies, at the coach's request, disciplinary action MAY be taken by THE BOARD resulting in loss of playing time in games, suspension from competition, and discipline up to and including expulsion from the team.

I have read, understand and agree to the policies mentioned above:

Player Name _____

Player Signature _____

Date _____

Parent Code of Conduct:

Mount Si High School Lacrosse firmly believes that young athletes learn valuable lessons by watching the behaviors and attitudes of adults:

1. "HONOR THE GAME" of Lacrosse. Teach and practice good sportsmanship at all times. You are role models!
2. Know the rules of the game of lacrosse.
3. Respect the game of lacrosse. Respect the officials. No yelling or debating referee calls from the sidelines.
4. Respect the coaches, who give their time for the benefit of the athletes.
5. Do not coach your child. Let players play and coaches coach, and support both positively.
6. Emphasize the FUN of the game and the team, putting forth effort at all times, not wins and losses.
7. Do not criticize players or referees regardless of the circumstance.
8. Follow the "24 Hour Rule"; if you have a complaint resulting from a game (or practice) situation, speak with the coach on the following day.
9. If there is a serious problem, notify the coach and Mount Si Lacrosse Club Board.
10. Any conduct, including abusive language and/ or gestures, hitting, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself or Mount Si Lacrosse Club is deemed to be unacceptable and will not be tolerated. This rule applies to all players, parents, coaches, siblings and guests at all times when in or around games or practices as a member of Mount Si Lacrosse Club.

Parent Name _____

Parent Signature _____

Date _____