



## Pershing Boys Lacrosse Club COVID Action Plan

### 2020-2021 Season

Team President: Scott Rosenfeld [sbrosef@texaschildrens.org](mailto:sbrosef@texaschildrens.org) 210-464-8454

Head Coach: Nicholas Webster [nickweb11@gmail.com](mailto:nickweb11@gmail.com) 713-806-2020

#### Plan:

1. Players will wear masks to and from practices and games.
2. Coaches will wear mask during practices and games whenever they are within 6 feet of the players (team meetings/talks/breaks).
3. Parent volunteers will wear masks during practices and games whenever they are within 6 feet of the players (team meetings/talks/breaks).
4. Players will not be permitted to share drinks. All players must bring their own water to games and practices.
5. Players will have the opportunity to wear shields over their facemasks during practices and games to prevent spray of sputum between players.
6. Players, coaches, and parent volunteers who feel ill should not attend team gatherings until cleared by their PCP.
7. Players, coaches and parent volunteers who have any confirmed COVID exposure will not participate in team activities for 14 days after the exposure while monitoring for symptoms regardless of test results.
8. If a player tests positive for COVID they will inform the team president ASAP.
9. If a player tests positive for COVID they will be required to isolate from the team until cleared by their PCP and meet the CDC criteria.
  - a. CDC criteria:
    - i. 10 days since symptoms first appeared
    - ii. No fever for 24 hours
    - iii. Resolution of symptoms

- b. All players who had contact with the positive player will be informed of the exposure and recommended to quarantine for 14 days from date of exposure and referred to their PCP.
- c. All players who tested positive will require a note from PCP for return to play clearance.