



String one endline and sideline, align using 3-4-5 triangle on all 4 corners of field. Once square, then paint all outside lines. Then mark 105, 165, 225 on each sideline. Mark 30, 90, 150 on end lines and string between them. Move the endline string and string between 105 to 105 marks. Paint restraining lines, move the 105 to 105 line down to the 165 marks, paint that line, then down to the 225 lines. Then paint the dashed lines between the 30 to 30 and the 90 to 90 lines, stopping briefly to paint the face off wings. Then string between the 90 lines measure out 45' and put a 3' line on each side, then make a 9' string arc around the goal. Finally, do the substitution box. Do not paint triangle, the double arrow-head lines or the line marked DO NOT PAINT, it is just a center reference. Otherwise, the dashed lines are dashed, solid are solid.