

COVID ACTION PLAN Spring Season 2021

This Action Plan applies all participating parties for the Spring Season 2021; this includes but is not limited to players, coaches, parents, guardians, or other friends or family member that will be participating/attending the 2021 season. GBYLA's main focus is that everyone involved in GBYLA stays healthy and safe so that the Spring Season 2021 can be successful.

General:

-No player, coach, parent, guardian, or fan may attend Spring Season while having the flu or corona-like symptoms, including but without limitation: (i) fever, (ii) cough, (iii), chills, (iv), aches/muscle pains, (v) shortness of breath, (vi) loss of taste and/or smell and/or (vii) sore throat.

-Symptoms may appear 2-14 days after exposure to the virus. Please stay at home if you are feeling sick or experiencing any of the COVID-19 symptoms.

-It is the responsibility of each individual to ensure compliance with these guidelines.

-Cover your mouth and nose with your elbow or tissue when coughing or sneezing.

-Hand sanitizer will be available at all timing tables.

Player and team responsibilities:

-All players are required to have their temperature checked by a parent/guardian/coach prior to arriving at the fields. If a player's temperature is above 100.3, that player is not allowed to play.

-During a coin toss, there will be one coach, one player and sideline manager from each team allowed to participate. No additional players and coaches are allowed.

-Coaches and assistant coaches are required to wear a face covering while on the sidelines.

-Players that are not actively playing, are required to wear a face covering while on the sidelines.

-Players that require attention from a trainer prior to a game, are required to wear a face mask while being assessed; the trainer is also required to wear a mask.

-Clean and disinfect frequently touches surfaces and equipment (including balls, mouthguards, sticks, water bottles, helmets, eyewear, pads, and uniforms). Sanitizing needs to be done before and after each event.

-No sharing of equipment, water bottles, or towels. All water bottles and towels need to be labeled.

-Each player needs to arrive dressed and ready to play.

-Please limit the amount of equipment bags on the sidelines to avoid players huddling around in one place. Ideally, the only thing on the sidelines is labeled towels and labeled water bottles .

-There need to be designated water stations where no more than 3 players are at a time.

-No player should be spitting on the field or at any point during Spring Season.

-There are no high-fives, fist pumps, or congregating of the team(s) at the beginning or end of Spring Season. There will be no end-of-game handshake either.

Parent/Fan responsibility:

-Parent and fans will remain 6 feet away from all players, coaches, and other fans at all times during Spring Season.

-In accordance with the State of Alabama Face Mask Ordinance, all spectators must always wear a face mask/covering while in public areas (public areas include outdoor areas).

If a player or coach is exposed..

These guidelines are per the CDC as of Dec 10th, 2020.

-If a player or coach has been in direct contact with someone who has tested positive for COVID-19 AND the player is showing NO symptoms: that player will need to quarantine for 10 days. The player will need to remain symptom free during those 10 days. A player who quarantines for 10 days does not need a COVID-19 test.

-If a player or coach has been in direct contact with someone who has tested positive for COVID-19 AND the player is showing NO symptoms: player can go get tested for COVID-19 and if the player's test comes back negative, they can quarantine for 7, symptom free days and then return to play. THE TEST MUST BE PERFORMED ON DAY 5 OR 6 OF QUARANTINE.

-If a player or coach has been in direct contact with someone who has tested positive for COVID-19 AND the player or coach IS showing symptoms: Please go get tested immediately and quarantine for 14 days. The player or coach will need to be symptom free for a consistent 10 days before returning.

Revised 1/6/2021 ALM

Reference the revised CDC Guidelines 12/10/2020

