



Sicard Hollow

2020

GAME FORMAT

GIRLS:

- 30-minute warm-up
- Format will play as follows:
 - **2 x 25-minute running halves with 10-minute halftime**
 - Officials for game provided by GBYLA
 - 12U:
 - 6 v 6, modified field.
 - Draws at beginning of halves and after every goal.
 - Tie game ends in sudden-death tiebreaker.
 - 14U:
 - 12 v 12, full field
 - Draws at beginning of halves and after every goal.
 - Tie game ends in sudden-death tiebreaker.

BOYS:

- 30-minute warm-up
- Format will play as follows:
 - **4 x 12-minute running ¼'s with 10-minute halftime**
 - Officials for game provided by GBYLA
 - 10U:
 - 7 v 7, modified field
 - Face offs at beginning of quarters and after every goal.
 - Time serving penalties at time + ½.
 - No body checking or 1 handed stick checking.
 - Tie game ends in sudden-death tiebreaker.
 - 12U:
 - 7 v 7, modified field
 - Face offs at beginning of quarters and after every goal.
 - Time serving penalties at time + ½.
 - No body checking or 1 handed stick checking.
 - Tie game ends in sudden-death tiebreaker.
 - 14U:
 - 10 v 10, full field
 - Face offs at beginning of quarters and after every goal.
 - Time serving penalties at time + ½.
 - No take-out body checking or 1 handed stick checking.
 - Tie game ends in sudden-death tiebreaker.