



**Cape Cod Lightning is excited to announce the following coaches for the 2018-2019 Season**

**U18- Shane Hemeon  
U14- Pete Champani  
U12- Mike Alves**

The lightning will be holding an open house starting at 4:00pm on Monday March 5<sup>th</sup> at the Falmouth Ice Arena.

At this time there will be coaches, level directors and the coaching director available to answer questions. There will be a tour of the rinks as well as the APT Training Facility and APT strength coaches will be available to talk to players and parents

**Tryout Dates:**

Monday March 5<sup>th</sup>

U12 @6:10

U14 @7:20

U18 @8:30

Tuesday March 6<sup>th</sup>

U14 @7:40

U18 @8:40

Wednesday March 7<sup>th</sup>

U12 @7:40



**Paul Vincent**

Director of  
Player Development

