

Middleboro Youth Softball League

**Coaching Responsibilities**

<b><u>Minor League</u></b>	<b><u>Major League</u></b>
Pitching form	<b><i>Pitchers</i></b>
Basic fielding	Pitchers should be throwing multiple pitches
Batting	Pick offs
How to hold the bat	Look back
Swing	Signs from catcher
Basic rules	
Base running	<b><i>Catchers</i></b>
Start sliding	Blocking wild pitches
	Retrieving backstop balls
<b><u>Junior League</u></b>	Giving signs
Further develop pitching	Throw down
Further develop catchers	Managing the fielders
Blocking	
How to field a play at home plate	<b><i>Fielders</i></b>
Throwing out base runners	Double plays
Pick offs	Cut offs
	Bunt rotation
<b><i>Base running</i></b>	Pick offs
When to lead	
How to lead	<b><i>Hitters</i></b>
How to round bases	Bunting
Stealing	Slapping
Signs	Power vs. contact
Situational	Signs
	Ball placement
<b><i>Hitting</i></b>	
Further development	<b><i>Base running</i></b>
Bunting	Stealing baiting
Taking signs	Dive back
Sliding	
<b><i>Fielding development</i></b>	
How to track a fly ball	
Proper fielding of ground ball	
Hop step	
Catcher development	
Bunts	<b><u>Senior League</u></b>
OF Cut-offs	Put it all together
<b><i>Rules</i></b>	
Look back	