

GOTTA BELIEVE MISSION STATEMENT

-To serve the community with pride and passion as a quality example of good sportsmanship.

-To provide excellent skills training, programs and experiences for the youth of today that will prepare them to be the leaders of tomorrow.

-To create an exciting, energetic and uplifting environment that will have children coming back for more because of their positive experiences.

-To ensure that each child that comes through our program knows that they are great and can accomplish great things.

CAMP DIRECTOR:

Chad DeGrenier
(602)568-3312

2006 Max Preps National Coach of the Year.



Features of the Camp

Specific training and drills for linemen, backs, quarterbacks, receivers, and kickers is provided by some of Arizona's finest coaches. Take the opportunity to develop your talent before the season starts.

- Emphasis on fundamental skills
- Teaching individual skills of offense and defense
- Techniques of passing and receiving
- Speed Improvement
- Stretching and strengthening drills

CAMP LOCATION:

**WILLIAMS HIGH SCHOOL
WILLIAMS, ARIZONA.**

Typical Daily Schedule

5:30 am	Dawn Workout
7:00 am	Breakfast
8:30 am	Offensive Chalk Talk
9:00 am	Offensive Workout
11:30 am	Team Competition
12:00 pm	Lunch (nap time)
2:30 pm	Defensive Chalk Talk
3:00 pm	Defensive Workout
4:30 pm	Special teams
5:00 pm	Toro Hill
5:30 pm	Evening Meal (rest time)
7:00 pm	Stretch
7:30 pm	7 on 7, Line workout
9:00 pm	Snack bar
9:30 pm	Cleanup
10:15 pm	Lights out

Camp Program

Offense

Quarterbacks - Stance, center exchange, cadence, ball handling, drop steps, release, throwing, ball faking, reading defenses, coverages, strategy, and leadership.

Running Backs - Stance, starts, ball handling, faking, running with the ball, direction change (cutting), blocking, pass routes, and receiving.

Linemen - Stance, explosion off the ball, blocking scheme techniques (pulling, trapping and pass protection), along with communication and drill work.

Receivers - Stance, starts, release patterns, sight adjustments, routes, running with the ball, catching, and blocking.

Defense

Secondary - All phases of coverages (2-3 deep, man, and zone), stance, alignment, pass coverage, deflection, interception, back pedal, spot drops, tackling, and pursuit angles.

Linebackers - Stance, alignment, key recognition, attack techniques (hit and shed), pursuit (shuffle, alley, press), tackling, coverage skills (zone - man to man), and stunting.

'D' Linemen - Stance, alignment, pass rush technique (bull, swim, rip), pursuit, leverage, hit and shed, tackling, and reading recognition (read triangle).

Specialty - Punting, place kicking, kick-off and punt returning, snapping, and holding.

MESQUITE HIGH SCHOOL WILDCATS

Mesquite Football Champions Camp Application

BASE CAMP PRICE \$395 — **Due: MAY 31, 2018. Before May 28th \$325**

- ◆ After JUNE 20th, camp price is \$425
- ◆ Cancellations after June 1, subject to \$200 administration fee
- ◆ Make checks payable to Gotta Believe

Camp Fee Includes: Bus transportation, accommodations, all meals, individual, group and team training.

**Make checks payable to:
Gotta Believe**

34522 N Scottsdale Road
D-8 #124
Scottsdale, AZ 85266

Have to attend both

- July 11-July 13 Wildcat Mini-camp(Grades 9-12)
4 pm – 7 pm at Mesquite High School
 - July 15th – July 19th **Wildcat CAMP**(Grades 9-12)
Williams, Arizona
- For any questions call Coach DeGrenier (602)568-3312

Name _____ Age _____ Phone _____

Address _____

City _____ State _____ Zip _____ DOB _____

Grade (Fall 2018) _____ School - **Mesquite High School**

Medical insurance, indicate company _____

Policy # _____

The undersigned authorizes Gotta Believe Football and its agents (GB) to act in the best interest of my child as they deem appropriate in case of emergency. We/I understand that insurance is not provided and that we/I therefore assume all risk of injury for the child. We/I on our/my behalf and on behalf of our/my child further hereby release and indemnify Gotta Believe from and against all loss or damage that may arise in the course of their instruction of our/my child at the camp or care of our/my child during an emergency situation. It is understood that Gilbert Public Schools, Williams Unified School District, Mesquite High School, William High School are released from any and all claims, demands, and causes of action whatsoever in any way growing out of or resulting from participation in, or in transit to and from this camp. We/I sign below willingly and without coercion.

Parent/Guardian



WILDCAT FOOTBALL CAMP

**3 Pillars
COMPETE
ATTITUDE
EFFORT**



**WILDCAT
CHAMPIONS
CAMP**