

## CYA LL Spring 2021 Guidelines

CYA LL is excited to get back on the field. Given the unprecedented and ongoing pandemic, the following guidelines have been created to help families navigate the return to play. We need everyone to do their part to allow us to have a safe and fun season.

*Guidance is based on data from the following entities and subject to revision by the CYA LL BoD*

1. [Little League International](#)
2. [CDC](#)
3. [State of Virginia Phase 3 Guidelines](#)

### COVID-19 Safety for Families

Parents/Guardians of players are required to adhere to the following guidelines.

- Sign the CYA waiver upon registration
- Check their child's temperature before arriving at the field. Players must stay home and NOT participate in events if they have a fever or other [COVID-19 symptoms](#). Not following this guideline potentially puts everyone at risk. Please follow with complete diligence.
- Must electronically submit a screening questionnaire to the COVID coach before each practice/game attesting to the health of their child for the day.
- Must notify their child's manager of a positive COVID-19 test as soon as possible

### COVID-19 Safety for Players and Volunteers

Players and volunteers are required to adhere to the guidelines below.

- Self screen for [COVID-19 symptoms](#) before attending CYA LL events
- Players and coaches may not attend team events if upon arrival they did not fill out the COVID screening form and did not answer NO to every question.
- Physical distancing of 10' must be maintained by everyone at all times
- Volunteers must wear a face mask
- Players must wear a face mask except when actively playing on the field
- Players must hang bags at marked 10' spaced locations during practice and games
- Each individual must have their own personal hand sanitizer. Required to use upon entering and exiting the field, between drills and innings.
- Sharing of items is prohibited (except baseballs). Players must have at a minimum, their own glove, bat and helmet. Team catchers gear will be disinfected between use.
- Coaches move equipment through stations (to minimize contact)
- No players in the dugout except on-deck batter during games. Managers will direct players where to sit during games to maintain required distancing.
- No "high fives", hand shakes or team huddles
- No spitting - sunflower seeds, gum and foods that encourage spitting not allowed
- No sharing of food or drinks, no team snacks, no eating on the field

## COVID-19 Safety for Umpires

Umpires are required to follow the guidelines below.

- Sign the CYA waiver and deliver to CYALL UIC before an umpire can participate in the season
- All game requests must be made to the CYALL UIC account by email only – for both adults and youth umpires. Game requests for youth umpires must be made by a parent.
- Parents are required to check their youth umpire's temperature before arriving at the field. Umpires that exhibit [COVID-19 symptoms](#), including fever, will not be allowed to umpire a game.
- Umpires may not umpire games if upon arrival they did not fill out the COVID screening form with the home team COVID coach and did not answer NO to every question
- Youth Umpire parents must notify the UIC of a positive COVID-19 test as soon as possible
- Umpires must maintain 10' of physical distance as practical. Umpires can optionally wear a face mask but are not required.
- Umpires will call balls and strikes from behind the mound
- Umpires will not enforce COVID-19 safety rules, this is up to the teams

## COVID Coach

All teams are required to have a dedicated "COVID coach" who focuses on enforcing these guidelines. Managers/coaches are expected to understand and enforce this as well.

Responsibilities of the COVID coach:

- Collect COVID screening questionnaires from all players and coaches before each event
- Ensure players maintain physical distancing while not on the field
- Ensure all spectators remain in the appropriate viewing areas
- Ensure all players, families, and spectators maintain physical distancing during all events

## COVID Reporting

In the event a player or coach tests positive for COVID-19, the following actions will be taken:

- Parent/Guardian (if player) or coach reports the positive test result to the team manager
- Team manager will notify CYA LL President immediately. CYA LL will work with the COVID coach to collect screening questionnaires and determine who to notify.
- Notify parents and players on teams which may have been in contact during the past 7 days
- CYA LL will implement quarantine or other actions based on latest CDC/VA guidelines

## Game Modifications for Spring 2021

### Spectators - All Divisions | Practices & Games

- Spectators must wear a face mask
- Spectators not in the same family/household are required to physically distance at least 10'
- Must be positioned outside the modified dugout/players area, which includes the bleachers near the backstop.
- Bring their own seating and refrain from using the bleachers. Players are not permitted to sit with their families during the game.
- Vehicles should be parked in alternate spaces to help with distancing on arrival/departure

### Tee Ball / Coach Pitch

- No player will be in the position of pitcher. Players should play infield positions (1B, 2B, SS, 3B) and short outfield as needed
- Each team should use their own bucket of balls when batting and disinfect balls between innings. No catchers will be used so coaches should pick up balls and re-fill bucket when empty.
- Players will be spaced across the bench area and should keep equipment together – there should be no sharing of equipment between players
- Parents may position themselves socially distant down the respective foul lines away from benches and instruct their player to come to them if they need anything. Otherwise, parents should refrain from being in the dugout/bench area or the home plate bleachers.
- Players and coaches should acknowledge opposing team at the end of games from a distance

### Machine Pitch

- No player will be in the position of pitcher. Players should play the bases (1,2, &3), short stop, and outfield.
- Hitting team will bring a bucket of balls with them for use with the pitching machine while in the field. Balls must be disinfected between innings.
- Players and coaches should acknowledge opposing team at the end of games from a distance

### Player Pitch

- Defensive team will provide balls each inning
- Players and coaches should acknowledge opposing team and thank umpires at the end of games from a distance