



# 2016 Safety

Dear Southampton Little League Families,

As baseball season is fast approaching, there are so many exciting things that have been going on at SLL.

Last year we were awarded an AED for the Conant Park fields. This AED was donated through KEVs Foundation in Westfield. Also, at least one coach on each team will become first aid, CPR/AED certified. These steps we are taking are making us proactive should an emergency arise.

There are a few rules that will be implemented this year in order to keep our kids safe out on the playing field. The rules being implemented are per the book of Little League Guidelines and Rules:

- No jewelry allowed. This includes, but not permitted to rings, watches, earrings, necklaces etc. MEDICAL ALERT jewelry IS permitted
- No shoes with metal spikes or cleats for t-ball, instructional or minor league permitted. Shoes with MOLDED cleats are permitted Rule 1.11(h)
- No On-Deck batters Rule 1.08
- The on-deck position is not permitted in Tee Ball, Minor League or Little League (Majors) Division
- Only the first batter of each half-inning will be allowed outside the dugout between the half-innings in Tee Ball, Minor League or Little League (Majors) Division
- Fenced in areas MAY NOT be used for an on-deck batter
- On-Deck batter should have helmet on and ready, but MAY NOT pick up a bat until they are headed to home plate for their turn at bat
- Bases will disengage on all fields Rule 1.06
- Proper Equipment for catchers
- Athletic supporter- all male players Rule 1.17
- Metal, fiber, or plastic type cup- all male catchers Rule 1.17
- Catcher's helmet and mask, with "dangling" throat guard; NO skull caps - all catchers; must be worn during pitcher warm-up, infield practice, while batter is in box
- Catcher's mitt- all baseball catchers Rule 1.12
- Chest protector and leg protectors- all catchers; must be worn while batter is in box; long model chest protector required for Little League (Majors) and younger catchers
- Encourage protective eyewear for a nearsighted player. Protective eyewear lenses should be made of polycarbonate material.
- Encourage use of face guard on all batting helmets
- Encourage use of all infielders wearing helmet with face guard
- Encourage use of all players wearing mouth guards

Here's to a fun and safe season!