

REACTION LACROSSE

2017 Summer Camp

Monday 6/26 - Thursday 6/29

Sample Camp Schedule:

1. Arrive, Camp meeting outlining day's focus
2. Stretches, Campers ask questions
3. Break into station drills by skill level and age accompanied with demonstration
4. Camp break for water and shade
5. Guest Speaker
6. Team practices and scrimmages
7. Camp Contest of the Day (prize!)
8. Controlled Game(s)
9. Camper of the Day, other awards, reminders and announcements

**** All Reaction Lacrosse Camps are fully insured by Bohlinger Insurance with certified trainer on site****



Reaction Lacrosse Staff/Guests Include:

JOE DUNCAN – Reaction Lacrosse President, Captain & Defenseman Rutgers U., North/South Game, Team England, NY Athletic Club, All American Mountain Lakes HS (NJ)

JOE CINOSKY – Gold Medal Team USA '10, MLL All-Star Chesapeake Bayhawks, Minnesota Swarm (NLL), All-American U. Maryland, All ACC,

Tim Flynn – Head Coach Mountain Lakes HS, Head Coach Gold Medal Team USA U-19, First NJ coach w/ 500+ wins, 8 NJ state titles

NIKKO PONTRELLO – Loyola College, 2012 NCAA Champion, St. Augustine Prep All American

STEVEN PONTRELLO U. North Carolina, 2012 Gold Medal Team USA U-19, St. Augustine Prep All-American

JAKE TRIPUCKA – Duke University midfield, 2010 NCAA Champion, Mountain Lakes High School All-American

DELBY POWLESS– MLL Toronto Nationals, NLL Buffalo Bandits, 2x All-American Rutgers U., 1st pick of '04 NLL draft, Iroquois National Team

BRIAN ZELLER – Baltimore Bayhawks (MLL), Washington Power (NLL), All American, All ACC, U. of Maryland. Played in 2 national championship games, USA U-19 team

SCOTT McWILLIAMS– U. Virginia, '13 Pre-Season Collegiate All American, 2011 NCAA Champion, All-American Mountain Lakes HS

Along with our full time staff, Guest speakers appear daily and vary from current professional and collegiate players, to leading lacrosse equipment manufacturers, to Division I and III college coaches.

REACTION LACROSSE

2017 SOUTHERN N.J. SUMMER LACROSSE CAMP

Boys Ages 7 - 17
(grades 1 - 12)

Monday, June 26 – Thursday June 29

9am- 1pm: Cherokee High School
Marlton, NJ 08053



With sponsors:



Sign up at today:

WWW.REACTIONLACROSSE.COM

Since 2007, **Reaction Lacrosse** has been delivering the most comprehensive and dynamic lacrosse experience in South Jersey for boys ages 7 - 17. From beginners in youth leagues to players preparing for the college game, Reaction Lacrosse has been dedicated in educating and preparing players for the next level. Relying on countless years of experience and the best resources in the game, **Reaction Lacrosse Summer Camp** is designed to maximize a player's knowledge, performance, and enjoyment for the sport. Utilizing effective drills, competitions, and games Reaction Lacrosse does whatever it takes for our players to reach their full lacrosse potential.

Reaction Lacrosse Camps are directed by Joe Duncan, former standout defenseman & captain at Rutgers University. Joe is also a member of the English National Lacrosse Team where he competed in the '06 and '10 World Games. He is originally from Mountain Lakes, NJ where he was High School All-American. With Joe, Reaction Lacrosse features other world-class players and coaches with only the highest credentials as staff throughout the camp week.

Instruction each day will focus on:

Defense: Footwork, Slides, Checks, Clears, Stick Work, Communication

Midfield: Offense, Defense, Shooting, Dodging, Fast Breaks, Ground balls

Attack: Passing, Shooting, Motion, 1-vs-1, Picks, Creating, Riding, Dodging

Goalie: Stance, Saves, Clearing, Positioning, Communication, Stick Work

Face-offs: Techniques & Counters, Ground balls, Wing Play

Long Stick Defense: Wing play, Checks, Stick Work, Pursuit, Ground balls

Camp Fees: \$215 per player

Fee fully refundable up thru June 20, 2016

In addition to elite lax instruction, each camper will receive a reversible jersey, water bottle and other prizes from our sponsors:



- SIGN UP ONLINE AT -

WWW.REACTIONLACROSSE.COM

Or by mailing registration form to:

**Reaction Lacrosse
53 Elmgate Rd.
Marlton, NJ 08053**

All checks payable to:

Reaction Lacrosse, LLC

Questions??? Please call: 973-652-8201

- or -

email us at: joe@reactionlacrosse.com

REACTION LACROSSE

Registration Form

(Tear on dotted line and return along with payment to:
Reaction Lacrosse : 53 Elmgate Rd. Marlton, NJ 08053)

Monday 6/26 – Thursday 6/29

9am – 1pm: Cherokee High School

Player Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Email: _____

Age: ___ Grade (Sept '15): ___ Jersey: XL/L M/S

Team: _____

Position: Goal Mid Att Def Any_Yrs Exp: _____

Emergency Contact: _____

Contact Phone #: _____

Parent Signature: _____

****A physician's note or recent physical form, verifying good health, must be provided as part of registration by the first day of camp. Forms are available online at:**



www.reactionlacrosse.com