

# Spencerport Jr. Baseball & Softball (SjBB&SB)

Return to play plan  
Covid-19 health and safety plan

# Objective and Scope

- ▶ Applies to:
- ▶ Spencerport Jr. Baseball and Softball organization
- ▶ Games, practices and events
- ▶ League operates sites, Spencerport
  - ▶ Spencerport School Campus,
  - ▶ Pineway park,
  - ▶ Other towns and municipalities

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# SjBB & SB Plan to restart play

- ▶ If and only if it is decided by state and local authorities that it is permissible for youth sports programs restart play, then the SjBB & SB board may elect to restart play for the 2020 season and will do so in a safe and measured way by adhering to the plan outlined herein.
- ▶ The plan is devised to meet the requirements of the NY State Department of Health, the plan also considers guidance on youth sports from the US Center for Disease Control (CDC) and includes the best practices as determined by Little League International and other youth sports organizations.
- ▶ The scope of the plan includes:
  - ▶ Practices that will be implemented by SjBB & SB to promote behaviors that will reduce the spread of Covid
  - ▶ Operating procedures that will be implemented by the SjBB & SB to ensure a safe compliant environment
  - ▶ The protocol that will be adhered by the SjBB & SB to handle a COVID event.
- ▶ The plan includes requirements for players, coaches, umpires, spectators and any other members in attendance or providing services to the SjBB & SB program to be in compliance with plan and expectations.
- ▶ In summary, it is the view of the Board of Directors of SjBB & SB that all requirements outlined in this plan are necessary to operate safely with the respect to stopping the spread of COVID and to comply with the requirements for restarting play. The plan was developed using available information as of the date it was published; as the situation changes and more information becomes available, the plan may change.

# SjBB & SB Plan to Restart Play

- ▶ Promoting Behaviors to reduce the spread of COVID
  - ▶ Infection control measures
    - ▶ Staying home when sick
    - ▶ Physical distancing
    - ▶ Use of masks/face coverings
    - ▶ Healthy hygiene practices
    - ▶ Providing adequate supplies
    - ▶ Signage and messaging
- ▶ Maintaining Healthy Operations
  - ▶ Infection control measures
    - ▶ Communicating requirements
    - ▶ Team equipment allocation
    - ▶ Cleaning and disinfection practices
    - ▶ Scheduling of events to minimize congregation of people and group interactions
- ▶ Handling a COVID event
  - ▶ Protocol for handling and responding to a COVID event involving a SjBB & SB participant

# Promoting Behaviors to Reduce the Spread of COVID

All participants must conduct a daily self-assessment for COVID symptoms.

- ▶ Per the CDC, COVID symptoms includes shortness of breath, difficulty breathing, cough, fever, chills, muscle pain, headaches, sore throat and loss of taste and smell.
- ▶ Any participant experiencing symptoms must stay at home; anyone participating in any event must be symptom-free for 14 days.

# Promoting Behaviors to Reduce the Spread of COVID

All participants must conduct a daily self-assessment for COVID symptoms.

- ▶ Physical distancing of six-feet is required to be practiced as follows:
  - ▶ All players must adhere to six-foot distancing when not on the field of play for games and practices
  - ▶ All coaches, volunteers must six-foot distancing while on and off the field of play for games and practices .
  - ▶ All umpires must adhere to six-foot distancing whenever possible; home plate umpires must maintain the maximum possible distance from behind the pitcher's mound while still being able to perform their duty.
  - ▶ Spectators must always adhere to six-foot distancing for those not in the same family and may not enter the of play or dugout areas.
- ▶ Players and coaches must refrain from physical contact. High-fives, fist bumps or shaking hands should not be permitted. The tip of the hat is preferred to show a sign of sportsmanship when acknowledging each other or the other team.

# Promoting Behaviors to Reduce the Spread of COVID

All participants must comply with the mask/face covering requirements.

- ▶ Masks are required to be worn as follows;
  - ▶ Players are required to wear masks when not actively participating in a game or practice and when coming to or leaving the field.
  - ▶ Players are not required to wear masks while on the field during competition or practices.
  - ▶ All coaches, umpires, spectators (ages 3 and older) and other volunteers are required to wear masks during competition and practices when six-foot distancing can not be obtained.



# Promoting Behaviors to Reduce the Spread of COVID

All participants must exhibit healthy hygiene practices

- ▶ Healthy hygiene practices include hand washing, using sanitizer, refraining from spitting and covering coughs and sneezes.
- ▶ Hand sanitizer will NOT be available to players, coaches and umpires during games competition and practices; it is recommended that sanitizer be used between innings and at regular intervals.
- ▶ Eating seeds, chewing gum and products of the like are not permitted.
- ▶ Players, coaches and umpires are not permitted to share drink bottles, water jugs, equipment(including helmets, bats and gloves) or other personal items.

# Promoting Behaviors to Reduce the Spread of COVID

All participants must exhibit healthy hygiene practices

- ▶ Players, volunteers and league officials will be required to provide their own soap, sanitizer, paper towels and tissues.
- ▶ SJB & SB will not be responsible for providing any of these products.
- ▶ Restroom amenities will may not be available at any venues leased by SJB & SB

# Promoting Behaviors to Reduce the Spread of COVID

SjBB & SB will post signs at field locations and online reminding participants of the infection control requirement that are in effect.

- ▶ Signs reminding all participants of requirements will be posted in dugouts, restrooms
- ▶ Physical distancing markers will be posted in common and high traffic areas.
- ▶ Requirements will be posted on all social media and website.

# Maintaining Healthy Operations

- ▶ Newley enacted requirements for the season will be made known to all registrants and potential participants via email and through online posting; registrants may opt out for any reason and received a full credit or refund.
- ▶ Coaches, umpires and other volunteers will be required to acknowledge receipt and understanding of the requirements; volunteers will attend a COVID Safety webinar to review requirements and clarify their understanding.
- ▶ Participants will have the opportunity to escalate any COVID-related matter to the Board of Directors.

# Maintaining Healthy Operations

- ▶ SjBB & SB will make every effort to try to provide a player in need with required equipment to use to prevent equipment sharing.
- ▶ Equipment must be provided by athlete and/or family
- ▶ If equipment must be shared, the equipment must be properly sanitized between users.
- ▶ Baseballs and Softballs will be swapped out every  $\frac{1}{2}$  inning. Balls will be issued by SjBB & SB.
  - ▶ Each team will provide their own balls when in the field for warm ups and at the start of each inning. The set of balls will used by the team in the field will return to the dug out with the balls used for that inning.
  - ▶ Only players will be allowed to retrieve any balls that are out of play
- ▶ Upon the conclusion of the season, SjB & SB will ensure that all team issued equipment has been properly sanitized prior to re-issue for the fall season.

# Maintaining Healthy Operations

- ▶ SjBB & SB will establish a daily cleaning and disinfection regimen
- ▶ Players will be encouraged to clean and disinfect equipment after games and practices
- ▶ Coaches will be responsible to clean and disinfect dug areas.

# Maintaining Healthy Operations

- ▶ SjBB & SB will schedule practices and games to minimize overlap.
- ▶ Whenever possible, start and end times of events will be staggered so that participants who have finished their game or practice have time to leave the area prior to the arrival of participants for the next scheduled game or practice.
- ▶ All participants will be asked to arrive no sooner than 30 minutes prior to the start of the game.
- ▶ On field warmups will be limited to 15 minutes for each team

# Maintaining Healthy Operations

- ▶ SJB & SB will engage in practices to minimize participant gatherings and large group interaction.
- ▶ League events such as the annual parade or specials events will not be held.
- ▶ All league meetings including player drafts for team formation, coach's meetings and umpire training will be held in a virtual environment.
- ▶ Participants will be discouraged from congregating in common areas prior to or following games and practices.
- ▶ Post-game team meetings will not be held.
- ▶ Coaches will be encouraged to exchange lineups via email or text prior to games
- ▶ The league will continue to promote virtual coaching and at home drills for player development.



# Handling a COVID Event

- ▶ COVID Event Handling Protocol
- ▶ Participants who exhibit COVID symptoms at any game or practice will be isolated and will be instructed to leave the field; affected areas will be closed off and sanitized in a manner consistent with CDC Guidelines
- ▶ SJB & SB will notify state and local health officials about any suspected COVID exposure or case.
- ▶ SJB & SB will retain event schedule information, team rosters and staff information and provide this information to state and local health officials to assist in contact tracking of exposed/potentially infected individuals.
- ▶ SJB & SB will act in accordance with privacy laws and regulations and notify participants of exposure at a sponsored event.

# APPENDIX: SjBB & SB Responsibility Summaries

6/26/2020

# Player Summary

- Infection Control Measures
- Staying home when sick
- Physical distancing
- Use of masks/face coverings
- Healthy hygiene practices
- Cleaning and Disinfecting
- Minimizing Group Interactions

# Coach Summary

- Staying home when sick
- Physical Distancing
- Use of Masks/Face Coverings
- Healthy Hygiene Practices
- Cleaning and Disinfecting
- Minimizing Group Interactions

# Umpire Summary

- Staying home when sick
- Physical Distancing
- Use of Masks/Face Coverings
- Healthy Hygiene Practices
- Cleaning and Disinfecting
- Minimizing Group Interactions

# Spectator Summary

- Staying home when sick
- Physical Distancing
- Use of Masks/Face Coverings
- Healthy Hygiene Practices
- Cleaning and Disinfecting
- Minimizing Group Interactions