

# Firebird's Dec. Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Practice @ JMHS 6:45-8:15	4	5 Practice @ JMHS 6:45-8:15	6 Practice @ JMHS 6:45-8:15	7	8 TOPS Tourney Possible 12 – 2
9 NVWF #1 @ <u>Fauquier HS</u>	10 Practice @ JMHS 6:45-8:15	11	12 Practice @ JMHS 6:45-8:15	13 Practice @ MMA-Falls	14	15 NVWF #2 @ <u>Falls Church HS</u>
16	17 Practice @ JMHS 6:45-8:15	18 Practice @ MMA-Falls Church 6:45-8:15	19	20 Practice @ JMHS 6:45-8:15	21	22 TOPS Tourney
23	24 School Holiday	25 School Holiday	26 School Holiday	27 Practice @ MMA-Falls Church 6:45-8:15	28 School Holiday	29 Practice @ MMA-Falls Church TBD

# Firebird's Jan. Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 School Holiday	1 School Holiday	2 School Holiday	3 Practice @ MMA-Falls Church 6:45-8:15	4 School Holiday	5 TOPS Tourney
6 NVWF #3 @ <u>TBD</u>	7 Practice @ JMHS 6:45-8:15	8 Practice @ JMHS 6:45-8:15	9	10 Practice @ MMA-Falls Church 6:45-8:15	11	12 TOPS Tourney
13 NVWF #4 @ <u>TBD</u>	14 Practice @ JMHS 6:45-8:15	15	16 Practice @ JMHS 6:45-8:15	17 Practice @ JMHS 6:45-8:15	18 Practice @ JMHS 6:45-8:15	19
20 NVWF #5 @ <u>TBD</u>	21 School Holiday	22	23	24 Practice @ JMHS 6:45-8:15	25 Practice @ JMHS 6:45-8:15	26 TOPS Tourney
27 NVWF #6 @ <u>TBD</u>	28 Practice @ JMHS 6:45-8:15	29 Practice @ MMA-Falls Church 6:45-8:15	30	31 Practice @ JMHS 6:45-8:15		

# Firebird's Feb. Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 <u>NVWF #7 @</u> <u>TBD</u>	4 Practice @ JMHS 6:45-8:15	5	6 Practice @ JMHS 6:45-8:15	7 Practice @ JMHS 6:45-8:15	8	9 Possible 12 – 2
10 <u>NVWF #8 @</u> <u>TBD</u>	11 Practice @ JMHS 6:45-8:15	12	13 Practice @ JMHS 6:45-8:15	14 Practice @ JMHS 6:45-8:15	15	16 Possible 12 – 2
17	18 School Holiday TOPS Tourney	19 TBD	20 Practice @ JMHS 6:45-8:15 TBD	21 Practice @ JMHS 6:45-8:15 TBD	22 Practice @ JMHS 6:45-8:15 TBD	23 NVWF Region Tourney
24 <u>NVWF</u> <u>Region Tourney</u>	25	26	27	28		

## Other News, Notes and Dates:

***We are registered as a team at TOPS (Top of the Podium) events are free for our wrestlers***

December 8th: Top of the Podium—Wild Reindeer Takedown Tournament—Reg. closes on 12/4

December 22nd: Top of the Podium—Great Gobbler Open—Reg. closes on 12/18

January 5th: Top of the Podium—Clinic Wars—Reg. closes on 1/2

January 12th: Top of the Podium—Rockin Robin Ribbon—Reg. Closes on 1/8

January 26th: Top of the Podium—Rapid Wrestling Plus—Reg. Closes on 1/22

February 18th: Top of the Podium—Tag Team Showdown Tournament—Reg. Closes on 2/13

## ***Weigh in Times for ALL Federation Tournaments:***

Bantam/ Midgets 8:00 – 8:30

Birthday—1/1/12 to 12/31/13 and/or 9/1/2010 to 12/31/2011

Juniors 10:00 – 10:30

Birthday—3/1/2008 to 8/31/2010

Intermediates 12:30 —1:00

Birthday—7/1/2006 to 2/29/2008

Seniors 2:30 – 3:00

Birthday—1/1/2004 to 6/30/2006