

# Spring Sports Meeting 2021

[crossj@norwalkps.org](mailto:crossj@norwalkps.org)

[www.mcmahonathletics.com](http://www.mcmahonathletics.com)

Twitter - [@mcmahonathletics.com](https://twitter.com/mcmahonathletics)

Instagram - [mcmahonathletics](https://www.instagram.com/mcmahonathletics)

203-852-9488 ext. 11246



# Eligibility, Registration, Physicals

Athletes are not to tryout, participate in practice or play in a game if they:

- Are not registered through FinalForms
- Do not have an active physical
  - Good for 13 months from the date of the exam
  - This year the physical is good for 15 months.
- Are not eligible to play in games
  - Less than a 1.7 GPA (C-) or passing less than 4 classes
  - 1.5 - 1.69 - you can practice with the team

FinalForms makes our athletes safer and increases our levels of compliance, while saving you time.

Physical email notifications will come at 60, 30, 15 and 5 days.

# Parent View

## My Students

[+ Add Student](#)[? Instructions](#)

MANAGE YOUR STUDENTS WITHIN THE SYSTEM.

Status	Name	Class	Sports	Actions
<a href="#">👤 Unsigned Forms</a> (Click to notify student)	<a href="#">✉ Washington, Olivia</a> john_cross@sbcglobal.net	2021	<a href="#">📄 Girls Field Hockey</a> <a href="#">+ Add Sports</a>	<a href="#">📄 Update Forms</a> <a href="#">+ PPE Medical</a> <a href="#">📄 Profile</a> <a href="#">✎ Edit</a>

## AD, Coach and Athletic Trainer View

[🚫](#)      [✉ Email](#) [📄 Export](#)

Status	Name	Gender	Class	Age	Sports	Actions
<a href="#">🚩</a> <a href="#">✉</a> <a href="#">👤</a> <a href="#">👤</a> <a href="#">🕒 0</a>	Washington, Olivia "Liv"	Female	2021	17	<a href="#">📄 Girls Field Hockey</a>	<a href="#">+ E-Card</a> <a href="#">📄 Forms</a> <a href="#">🔔</a> <a href="#">📄 0</a> <a href="#">✎</a>

*Not finding what you're looking for? (Maybe you would like to [search students with any enrollment status](#))*

Olivia J Washington '21 **A F !**

📍 300 HIGHLAND AVENUE  
NORWALK, CT 06854

👤 Uncle Sam · *Father* · 📞 203-855-1776

👤 Lady Liberty · *Mother* · 📞 203-838-1776

EC 1: George Washington · *Grandfather* · 📞 203-847-1776

**Insurance:** Usa · **Policy #:** 1776-1776 · **Holder:** Uncle Sam

## AD, Coach and Athletic Trainer View

"In the event reasonable attempts to contact me or the person(s) whose names and telephone numbers listed are unsuccessful, I hereby release and hold harmless the undersigned, and any duly licensed physician or dentist."

**Physician:** Ben Franklin · 📞 203-855-1776

**Dentist:** Susan Anthony · 📞 203-866-1776

**Hospital:** Norwalk

**Additional Medical Information:** --

**Existing Medical Conditions:** Asthma (Triggers: Exercise) - Emotional/Behavioral Concerns: Anger issues -


**Injuries:** Broken Leg, Broken wrist

**Medications:** None

**Allergies:** Peanuts, Seafood (Has EpiPen)

*Signed by Uncle Sam on Aug 19, 2020*

# AD, Coach and Athletic Trainer View

Status	Name	Gender	Class	Age	Sports	Actions
       	Washington, Olivia "Liv"	Female	2021	17	 Girls Field Hockey	    0 
<i>Not finding what you're looking for? (Maybe you would like to <a href="#">search students with any enrollment status</a>)</i>						

# SportsYou - Brien McMahon Athletics Communication App

TURN ON YOUR NOTIFICATIONS!!!!!!

The screenshot displays the SportsYou app interface. At the top, the 'sportsYou' logo is on the left, and navigation icons for 'Requests' (10), 'Alerts' (588), and a user profile 'John Cross' are on the right. A left sidebar contains menu items: Home, Profile, Chat (34), Calendar, Media, Folders, and Find Friends. Below the sidebar is a 'Join Team/Group' button and a 'My Teams' section with icons for Athletic Trainer, Baseball, BMHS Girls Soccer Program, and BMHS Volleyball. The main content area features a post from 'Jeffrey Queiroga' (JQ) 15 hours ago, titled 'Team Post: Football', with the text: 'I realize that Hudl is currently not working. Our Hudl account is currently on hold. I am on top of it. If you need to contact me just send me a text, email, OR use SportsYou'. The post has 2 likes and a comment section with the prompt 'Add a comment...'. On the right, an 'Agenda' section for 'Next 7 Days' lists an event: 'THU AUG 20 Parent/Player Zoom meeting' for the 'BMHS Girls Soccer Program' from 6:30pm to 7:30pm. Below the agenda is a 'SHARE SPORTSYOU' section with social media sharing options for Facebook, Twitter, and LinkedIn.

# Athletics Website - All the information you need!

# BRIEN McMAHON H.S. ATHLETICS

Norwalk, CT

[Home](#) [Team](#) [Letter to Athletes](#) [Coaches Contact Info](#) [Newsletter](#)

- Home
- Sideline Store
- Athletic Schedule
- Local Live
- Physical Form
- Alternate Transportation Request
- Concussion and SCA Awareness
- Insurance Information
- College Eligibility
- Pictures

now open for the Fall 2020 Season!



H: ° L: °  
Humidity: %

Wind mph

# **SPRING Sports and Coronavirus**

Do not come to practice or a game if you are not feeling well.

Wear a mask when not competing.

Maintain a distance of 6 feet or more whenever possible.

Bring a clearly marked water bottle. Absolutely no sharing.

Limit the use of shared equipment.

Use hand sanitizer.

Sanitize their equipment and clean their uniforms on a nightly basis.



# **SPRING Sports and Coronavirus - continued**

COVID positive students are quarantined by the nurse. The date of return is marked on FinalForms. Student must be medically cleared by their doctor and submit the clearance to the school nurse. Students then must complete a Return to Play Protocol with Ashley Labrador, our Athletic Trainer. (Minimum of 20 days)

Students that are quarantined due to COVID exposure are out 14 days, not 10 days.

# Spectator Policy

1. All spectators must wear a mask that covers their mouth and nose while attending a game.
2. Each student-athlete will be given two passes for adult family members to attend their games. No one without a pass will be able to attend.
3. Spectators are to sit with their families and social distance themselves from other attendees.
4. Sitting areas will be designated at each venue. These designated areas will likely be stickers or painted symbols. Movement from designated areas during the game is discouraged.
5. Siblings, that are 17 and under can attend the game with their parents, as long as they sit with their family.
6. Passes are sport-specific and the adult family members must have them at each home contest.
7. Passes are to be shown to the designated athletic crowd control worker when asked.
8. Family members are not to approach the bench or sideline areas.
9. Fans are not to congregate on the field prior, during, or after a game.
10. Student spectators are not allowed at sporting events.
11. Venues are capped at 100 spectators.
12. Event staff have been directed to actively monitor fan behavior and may ask fans to comply with health and safety guidelines when necessary. Please be respectful and comply with requests.

# Locker Room Use

1. Athletes that attend school are permitted to store their equipment and clothes during the school day in the locker room.
2. Locker rooms will open at 8:20 AM and close at 8:30 AM. If you do not make this window, you will need to carry your equipment with you throughout the day.
3. Do not keep valuables in your bags, money, wallets, cell phones. etc...
4. On practice days you will be able to access your equipment and change your clothes between 2:50 and 3:00 PM. Once you get your equipment, leave the storage room, and change in the larger locker room.
5. When there is an away contest and you are dismissed early from school you will be able to access your equipment and change.
6. When changing, keep your mask on and make sure that you are socially distant.
7. When you are done changing, make sure that you take all of your equipment, clothes, and personal items with you. You will not be able to re-enter the building, after your practice or your game.

# Transportation

1. Remote students must be at Brien McMahon prior to the departure of the bus.
2. Remote students are dismissed from school 30 minutes prior to the bus departure.
3. Student may not drive themselves to the game. If they do, they don't play.
4. If a student needs to be brought to and/or from a game, they must turn in an Alternate Transportation Form to the Athletic Director no later than 12:00 PM on the day of the game. This can be emailed. Find the form on [www.mcmahonathletics.com](http://www.mcmahonathletics.com)

# Transportation Continued

1. Student-athletes do not travel to games if they are not feeling well.
2. Wear masks at all times.
3. Athletes are to sit in single seats whenever possible.
4. Students are to sit in the same seats to and from the game.
5. Fill the bus from the back forward.
6. Empty the bus from the front to the back.
7. Students are to sit at all times when traveling.

# Athletic Trainer - Ashley Labrador (bmfstrainer@gmail.com)

- On site 5 days a week
- COVID Protocols are in place
- Athletic Training Room visits by appointment only
- Walkie talkies are used on site to communicate with the coaches
- Outside table to perform basic athletic training procedures

During your child's respective sport's season, they cannot play that sport with any other team or attend a club/showcase. If they do, they will be ineligible for the rest of the season, and their team may forfeit games.

- No camps, showcases or tryouts during the season.
- Lessons are ok. Pitching, goalie, diving, etc...
- Clinics are ok. Instruction only, not the evaluation of talent.
- Run everything by me.

# Playing Time Concerns

First Course of Action - Player to Coach

Second Course of Action - Parent to Coach

Final Course of Action - Parent with Coach and AD