

# Vista Youth Boys & Girls Basketball Camp 2016 and 2017 Capital Athletic League Champions

## “Learn to Play the Champions Way”

**Where:** Vista del Lago High School

**When:** **June 3-6, 2019**, Monday through Thursday

**Times:**

- Boys & Girls entering Grades 3-4, **9:00 am until noon**
- Boys & Girls entering Grades 5-9, **9:00 am until 3:00 pm** w/ an hour lunch (Please provide your own lunch).

### Emphasis on:

Ball Handling Skills	Shooting Fundamentals
Fast Break Passing	Rebounding Techniques
Defensive Positioning	Point Guard & Post Skills

### **Instruction by Coach Verbitsky, Staff, and Varsity Players**

T-Shirts and Special Awards  
Fast Break Skills and Drills  
Daily Games Utilizing the Speed Game

### **Cost, if paid by May 24th:**

\*\$145 for Grades 3-4

\* \$195 for Grades 5-9

If paid after May 24th, add \$10 with no guarantee of t-shirt.  
Cancellations prior to the start of Camp are refundable, except for a \$25 fee.  
The Folsom Cordova Unified School District is not a sponsor of this activity.

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Mail completed form, waiver and check payable to: **View of the Lake Basketball Club**, c/o Coach Tim Weir, 2318 Dartmouth Place, El Dorado Hills, CA 95762  
Questions may be emailed to: [vistaball2015@gmail.com](mailto:vistaball2015@gmail.com)

Player's Name \_\_\_\_\_

Grade next Fall \_\_\_\_\_ Shirt Size \_\_\_\_\_

Parents' / Guardians' Names \_\_\_\_\_

Emergency Phone # \_\_\_\_\_

Email Address: \_\_\_\_\_