

# VISTA TALONS

## AAU BOYS BASKETBALL

FOLSOM • CALIFORNIA  
FEEDER TO VISTA DEL LAGO HS • GRADES 3-8



Skills Development Training  
1 hour sessions

Sessions include:

- Ball Handling
- Shooting
- 1 on 1 moves
- Conditioning
- I.Q.

**Location:**

**Sky High Sports**

**11327 Folsom Blvd.  
Rancho Cordova, CA**

Individual - \$30 (4 prepaid / \$100)

2 Players - \$50

3 Players - \$60

**Contact: Coach Kevin Bridgeforth**

**(757) 237-9681**

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