



ALLIED SPORTS FIELD HOCKEY CAMPS

SUMMER 2012

Location:

*Cloverhill Athletic Complex
17901 Genito Road
Moseley, VA*

Dates:

June 25-29

July 16-20

August 20-23

July 23-26 (Rising 8-12 grade)

Age Groups:

Age 5-8

Age 9-14

Rising 8-12 grade

The ALLIED Field Hockey Camps will be held at the Clover Hill Athletic Park off Genito Road in Chesterfield County. The daily program under the direction of Head Coach Brad Powell will comprise of developing the following key aspects of modern hockey through the use of small sided games:

- INDIVIDUAL SKILLS
- PASSING AND DISTRIBUTION SKILLS
- VISION TRAINING
- INDIVIDUAL AND TEAM DEFENSE
- PLAY THROUGH THE MIDFIELD
- ATTACKING WITH WIDTH AND COUNTER-ATTACKS
- BUILD-UP FROM DEFENSE TO ATTACK
- SPECIALIZED GOALKEEPER TRAINING
- SPEED AND AGILITY

The above will be modified for each age group.

[Print Sign Up Form](#)

OR

[Sign Up Online](#)

