

# **SIMSBURY LITTLE LEAGUE**

## **BASEBALL AND SOFTBALL**

# **2020 ASAP PROGRAM**

**DISTRICT 6**

**LEAGUE ID: 2070606**

**SIMSBURY, CT**





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A copy of this Safety Manual and the forms listed above can be found on the Simsbury Little League website ([www.simsburylittleleague.com](http://www.simsburylittleleague.com)) under the documents tab.



Welcome to Simsbury Little League. Our Goal is to provide the children of our community the opportunity to safely learn and play Baseball and Softball with the help of our dedicated volunteers.

- The Safety Director for Simsbury Little League is Adam Weaver. All injury reports shall be reported to the Safety Director within 24 hours of the injury. A good rule of thumb is: if you use an ice pack fill out an injury report.
- Accident reports should be placed in the designated bin in the Field 2 shed or emailed to Adam Weaver at [adampweaver@gmail.com](mailto:adampweaver@gmail.com). He can also be reached at the numbers listed below:  
C: 410-474-4550
- A copy of this ASAP will be distributed to all Managers/Coaches, posted in all dugouts and sheds, as well as the concession stand. A copy will also be available on the Simsbury Little League website under the documents tab.

# EMERGENCY PLAN:



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## Emergency Phone Number: 911

**Simsbury Police Routine Calls: 860-658-3100**

**Simsbury Fire Routine Calls: 860-658-1971**

**Simsbury Volunteer Ambulance: 860-658-7213**

## Local Medical Facilities:

### **Hartford HealthCare GoHealth Urgent Care**

385 W Main Street, Avon

Hours: M-F 8 AM – 9 PM

Sat 7 AM – 5 PM

Sun 8AM – 4 PM

### **Connecticut Children's Medical Center**

282 Washington Street

Hartford, CT 06106

860-545-9000

## SLL Baseball Board Contacts

<b>Position</b>	<b>Member</b>	<b>Contact Information</b>
President	Greg Hansen	hans4215@yahoo.com 860-990-7683
Immediate Past President	Tim Davignon	tjdavign@travelers.com 860-277-4099
League Vice President	Tim Davignon	tjdavign@travelers.com 860-277-4099
Vice President of Softball	Andrew Curtiss	acurtiss@npsct.org 860-539-5062
Player Agent	Noel Bodenburg	npbodenburg@gmail.com 860-217-1540
Treasurer	Scott Sirianni	scottsirianni68@gmail.com
Secretary	Rachel Falco	rachelfalco@gmail.com
Umpire-in-Chief	Chuck Minor	simsburyumpire@gmail.com 860-218-3519
Safety Director	Adam Weaver	adampweaver@gmail.com 410-474-4550
League Administrator	Ben Heaton	bheaton@gmail.com
Director of Fundraising & Sponsorship	Scott Beaulieu	scott.j.beaulieu@gmail.com 860-559-1228
Director of Volunteer Applications	Julie Trythall	JMTrythall@yahoo.com
Facilities Director	Jason Levesque	jason.e.levesque@gmail.com 860-724-6925
Registrar	Julie Trythall	JMTrythall@yahoo.com
Majors Director	Joe Shiman	josephshiman@gmail.com 860-983-6347
AAA Director	Michael Mascaro	michael_mascaro@yahoo.com 860-539-9523
AA Director	Brian Sullivan	Bs4eg41@gmail.com
Farm A Director	John Cerreta	jcerreta@daypitney.com
T-Ball Director	Josh Moon	josh@aspensquare.com
Fall Ball Director	Open-TBD	
Summer Baseball Director	Anthony Matteo	anthonym66@comcast.net 860-462-8982

Softball Juniors/Majors Director	Tim Sullivan	tmsul@hotmail.com
Softball Minors Director	Ruben Madrid	rubenemadrid@gmail.com 646-660-0409
Director of Coaching & Player Development	Bryan Marchinkoski	bmarchinkoski@yahoo.com
Umpire Coaching	Tom Vincent	Tomvincent75@hotmail.com
Director of Scheduling - Baseball	Mark Biamonte	mbiamont@hotmail.com
Webmaster/Director of Communications	Patrick Chase	patrickchase@outlook.com 703-283-5541
Equipment Director	Brian Croteau	epd350@comcast.net 860-490-5170
Director of Uniforms	Jaime Morgan	jaimebmorgan@gmail.com



## VOLUNTEER APPLICATIONS:

- Simsbury Little League will use the *Official 2020 Little League Volunteer* application for the volunteer screening process. All applications will require your social security number, and copy of your driver's license. The need for these items is to ensure the safety of all our children.
- The application may be found on the league website ([www.simsburylittleleague.org](http://www.simsburylittleleague.org)) under documents link.
- All applications must be mailed to Julie Trythall, Director of Volunteer Applications  
Simsbury Little League  
c/o Julie Trythall  
PO Box 233  
Simsbury, CT 06070
- Applications are due by March 31
- **NO EMAILED APPLICATIONS WILL BE ACCEPTED.**
- The full details on this requirement along with the penalties if background checks are not completed are listed on page 13 of the Simsbury Little League Rules.





## FUNDAMENTALS TRAINING:

- Baseball coaching clinics will be held at Simsbury High School. The training will run by Bryan Marchinkoski, SLL Director of Coaching and Player Development. Date TBD.
- Softball will hold a skills clinic at Simsbury High School at a date TBD.



### **CPR/AED TRAINING**

- CPR/AED training/certification will be held in late March/ early April. Certification will be open to all managers, coaches and parents of registered players. The cost of training will be covered by Simsbury Little League

### **FIRST-AID KITS**

- Each team will be issued an updated first aid kit.
- First aid kits are required to be at all games and practices.

**AED units are located in the Field 2 Shed, Snack Shack, Field 5 Shed and Field 6 Shed.**



## FIELD INSPECTIONS:

- Coaches shall inspect the fields prior to any practice or game.
- Umpires shall inspect fields prior to each game.

\*The following items should be observed during the inspection:

- Holes, damage, rough or uneven spots
- Slippery areas, long grass
- Glass, rocks and other debris & foreign objects
- Damage to screens, fences edges or sharp fencing
- Unsafe conditions around backstop, pitcher's mound
- Warning track condition
- Dugout condition before and after games

Any unsafe condition shall be resolved before start of game and reported to the Safety Director if the condition needs further addressing.



## FACILITY SURVEY:

- Simsbury Little League has completed and updated the Facility Survey
- The Facility Survey gives Little League International and overview of our fields, buildings, parking. This includes field sizes, and available lighting. Any updates and improvement are also recorded.

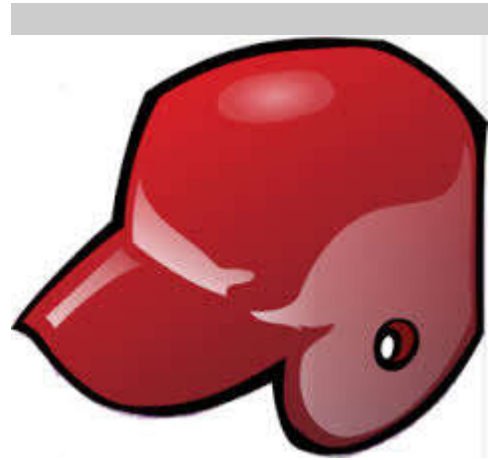


## CONCESSION STAND:

- Simsbury Little League concession stand is run and operated by an outside vendor, which has been permitted to serve food by the health district.
- All people working in the concession stand will be trained in safe food preparation per all state and local requirements. This training will be conducted by the outside vendor that is operating the concession stand.
- An AED and a fully stocked first aid kit will be available in the concession stand.
- All equipment will be checked for proper operation on a periodic basis and will be repaired or replaced if required.
- A fire extinguisher suitable for grease fires will be available and workers will be instructed on the proper use of the extinguisher.
- All entries and exits will be accessible.
- All necessary emergency numbers will be posted in the concession stand for all workers to access.



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## EQUIPMENT INSPECTIONS:

- The League Equipment Directors shall inspect all equipment prior to distribution.
- Manager/Coaches shall inspect all equipment prior to any practice or game.
- Umpires shall inspect all equipment prior to each game. Umpires shall review the pre-game checklist prior to the start of each game. The checklist is on page 31 of the Simsbury Little League rules.



## IMPLEMENTING PROMPT ACCIDENT REPORTING:

- Injury reports will be filed online. The link for submissions is located on the league website ([www.simsburylittleleague.com](http://www.simsburylittleleague.com)) under the “online forms” tab.
- Managers are required to forward the completed form to the Safety Director within 24 hours of the incident.
- If an incident/injury requires medical assistance, or a visit to a clinic or hospital is required, contact the Safety Director as soon as possible so that the information can be forwarded to LLI.

## CONCUSSION AWARENESS AND MANAGEMENT



Simsbury Little League will require **ALL PARENTS, PLAYERS AND COACHES** to review and sign copy of the “Heads Up – Concussion in Youth Sports” parents/athlete concussion information sheet developed by the Center for Disease Control (CDC)

Basic guidelines:

- Any suspected concussion will result in immediate removal of player from the game.
- Coaches will report suspected concussion to League Safety Director within 24 hours.
- Player will require medical clearance from a licensed health care professional prior to returning to play.
- Pitcher’s helmets
  - 2 pitcher’s helmets will be provided in each team equipment bag.
  - Use of a pitcher’s helmets is highly encouraged but remains optional.





## ENFORCEMENT OF LITTLE LEAGUE RULES:

- Simsbury Little League will require **ALL TEAMS** to enforce **ALL Little League Rules**. A copy of the Simsbury Little League rules is included in this packet and is also located on the Simsbury Little League website.

### Example of rules:

- Use all Proper Equipment for catchers.
- No On-deck batters.
- Coaches will not warm up pitchers.
- Bases will disengage on all fields.
- All batter's helmets shall have attached face guards.
- All catchers' masks will be required to have danglers (throat guards).



## **UNSAFE PLAYING CONDITIONS**

The home plate umpire shall determine when a game should be suspended due to unsafe playing conditions, including field conditions, insufficient light and inclement weather.

### **LIGHTNING:**

Under no circumstances will play continue if lightning is observed. The following procedures are to be implemented in the event of lightning.

- Umpires and managers are to clear the field, and all participants and spectators are to immediately move to a safe environment.
  - Leave the field area and get inside a hard top automobile with windows up.
  - **Dugouts and picnic areas are not safe shelter. If no other option is available, the Field 2 storage shed may be utilized for shelter.**
- When a game is suspended due to lightning, play may resume only when a minimum of 30 minutes pass without additional lightning.
- The home team manager will be responsible for ensuring the safety of any umpires less than 18 years of age.

### **WHAT TO DO IF SOMEONE IS STRUCK BY LIGHTNING:**

- Call 9-1-1 immediately.
- The victim will not carry an electrical charge and is safe to touch. Move to a safe environment and provide first aid, including CPR, as needed.
  - **AED unit is located in the storage shed by Field 2.**
- Contact the league Safety Director or President immediately.



## REGISTRATION DATA:

- All league registration data will be submitted to LLI prior to commencement of the regular spring season. This information includes all player rosters, Manager and coach information.
- This is a mandatory requirement for the LLI approval of the SLL ASAP.

***Parents are strongly encouraged to review our league safety program (ASAP). In order to promote our safety program, parents will receive a link, via email, to the online version of our ASAP. If preferred, printed copies will be made available, at no cost, upon request to the league safety director.***

***All managers will receive training on our ASAP plan at our annual pre-season manager's meeting. Expectations and policies will be reviewed. Each manager will receive a printed copy of our ASAP***

Thank you for taking the time to read our safety plan. We hope that you all have a safe and fun Little League Baseball and Softball season.

SLL Board of Directors