



Crossing and Finishing

Category: Technical: Crossing & Finishing
Difficulty: Moderate

Redz Mor, edgewater, United States of America
Individual-Adult Member

Crossing and Finishing

Set Up:

Lines formed at one end of Playing Area.

Playing Area needs to be at least 40x30

Two goals are set up at either side of the field and one in the middle ten yards further behind.

behind that again is one more goal.

all goals have keepers in the goal.

We have two players too play a one two around a cone and then the player shoots on goal.

After that both players run to score from a cross delivered from the right side and then they continue their run to finish from a cross from the left side.

