



3v2 -4v3 counter attack

Category: Tactical: Counter attack
Difficulty: Moderate

Redz Mor, edgewater, United States of America
Individual-Adult Member

3v2 - 4v3

Set up

half field or 40x30 Area

Play with two goal keepers

Instructions:

two defenders defend against three attackers.

If the two defenders win the ball, two more attackers join in on the breakaway/counter to opposite goal

Coaching Points

* Attack with speed. You are numbers up only briefly in a game. Take advantage.

* Mental speed - attack to defense & defense to attack mindset.

