



2018 Wachusett Mountain Race Team SkillsQuest

Results

The WMRT Board of Directors, event organizers and coaches wish to thank you for your participation in one of the first sanctioned SkillsQuest event in the nation for the 2018-2019 season.

Attached are the final results of the event. [Please review the important message below.](#)

SkillsQuest Skiing Assessment Goal is to:

- To provide a national standardized evaluation tool that can be used by any ski club in the country
- To provide coaches with a tool that they can evaluate and adjust their out of gate training time to achieve a balance of skiing skills
- To tease out a skill weakness (and lay emphasis on skill strengths of an athlete).
- To educate athletes and parents in the value of a well-rounded skill repertoire
- To provide an instrument to monitor skill progress in athletes
- To help motivate and reward athletes who work toward and achieve high levels of skiing skill
- To provide coaches ideas for their "bag of tricks"
- To create a progressive test that matches the developmental targets of the ATS (Alpine Training System).

How our coaches will use the Assessment:

First, the coach should determine the developmental phase of the athlete(s). Use the drills for their phase, and work toward mastery in those drills. Using the test scoring protocol, evaluate where the athletes strengths and weaknesses are. Then use a variety of exercises and progressions to work on the skill areas where the skiers are deficient. While the drills in each column represent a complete set of skills for evaluation, practicing only these drills will not lead to the overall skill development that is desired. There is a difference between testing and training. Using this assessment should inspire focused training designed to improve skiing skills.

Parents Using the Assessment:

- De-emphasize results
- Focus on learning
- Focus on perseverance
- Focus on one simple task

WMRT's comments:

- Our purpose in hosting this SkillsQuest event is to build awareness within TriState of a focus on developing youth alpine skiing skills which are the foundation of improved performance in future race competitions.
- The results of the SkillsQuest element will be used to further athlete development conversation between coaches, parents and athletes.
- The results provide a benchmark from which to monitor future progress in skills development.
- Our event was based on USSA's Alpine Training System, Phase 2/3
- WMRT Final results are published in a format according to USSA SkillsQuest guidelines.
- As we continue to embrace the concept of SkillsQuest, our coaches, parents and athletes are continuing to learn. With the help from regional and national USSS divisions and member clubs, we will continue the efforts in providing only the best tools for our coaches in their own "quest" to deliver the highest level of training methods and opportunities for our athletes.

Saturday, Dec 15th, 2018



WMRT SkillsQuest 2018

Pressure Skill: Pole Jumpers in Tuck

Edging Skill: One Ski Skiing

Wachusett Mountain, Princeton, MA

Rotary Skill: Pivot Slips

Balance Skill: Freeski Lane Changes



Bib #	Athlete name	USSA #	Gender	Club	Class	PRESSURE	EDGING	ROTARY	BALANCE	TOTAL AVERAGE	LEVEL
Blue 8	Juniper Flint	E6893456	F	WMRT	U10	3.75	3.25	6.00	2.75	3.94	
Blue 20	Elsa Fish	E6801950	F	WMRT	U10	2.75	4.40	5.00	2.67	3.70	
Blue 16	Skye Hybl	E6873435	F	WMRT	U10	3.00	2.50	6.00	3.25	3.69	
Blue 18	Ava Sungarian	E6638849	F	WMRT	U10	3.25	3.50	5.50	2.25	3.63	
Blue 14	Amelie Wohlfeld	6716539	F	WMRT	U10	3.00	2.75	5.50	2.25	3.38	
Blue 19	Julia Reynolds	E6897086	F	NVSC	U10	3.00	2.75	5.50	2.25	3.38	
Blue 9	Chloe Sparks	E6798781	F	WMRT	U10	3.50	2.50	5.00	2.25	3.31	
Blue 3	Nikita Vertii-Kant	E6865150	F	WMRT	U10	2.75	2.75	3.00	2.25	2.69	

FOR MORE INFORMATION AND VIDEO EXAMPLES, GO TO USSKIANDSNOWBOARD.ORG AND SEARCH SKILLSQUEST

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Bib #	Athlete name	USSA #	Gender	Club	Class	PRESSURE	EDGING	ROTARY	BALANCE	TOTAL AVERAGE	LEVEL
Blue 6	Dylan James	E6874198	M	WMRT	U10	4.25	4.00	5.50	3.75	4.38	BRONZE
Blue 13	William Bradford	E6878388	M	WMRT	U10	3.00	3.00	6.00	3.25	3.81	
Blue 7	Jasper Pride	6790400	M	WMRT	U10	3.50	3.25	6.00	2.00	3.69	
Blue 12	Micah Dawson	E6870940	M	WMRT	U10	4.00	3.50	3.00	4.00	3.63	
Blue 1	Andrew Mango	6897828	M	WMRT	U10	3.50	1.75	5.00	2.25	3.13	
Blue 15	Tian Ma	E6891836	M	WMRT	U10	4.25	2.00	3.50	2.25	3.00	
Blue 17	Tai Sayarath	E6874639	M	WMRT	U10	2.50	2.50	5.00	2.00	3.00	
Blue 5	Julian Holt	E6880418	M	WMRT	U10	2.75	2.00	4.50	2.00	2.81	
Blue 10	Logan Loiselle	6902699	M	WMRT	U10	3.00	2.00	4.00	2.00	2.75	
Blue 2	Cole Robinson	6901331	M	PHST	U10	2.75	2.00	4.00	1.75	2.63	
Blue 11	Ruizhao Sun	6805323	M	WMRT	U10	2.25	2.33	3.00	1.75	2.33	
Blue 4	Chase Heppe	E6891935	M	WMRT	U10	3.25	1.75	2.50	1.25	2.19	

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Bib #	Athlete name	USSA #	Gender	Club	Class	PRESSURE	EDGING	ROTARY	BALANCE	TOTAL AVERAGE	LEVEL
Blue 26	Jillian Bradford	E6628579	F	WMRT	U12	5.00	5.50	5.50	5.75	5.44	BRONZE
Blue 36	Kate Robinson	6718735	F	WMRT	U12	4.75	5.58	6.00	4.50	5.21	BRONZE
Blue 25	Isabel Reid	E6746675	F	WMRT	U12	4.75	5.00	5.00	5.50	5.06	BRONZE
Blue 30	Leila Xie	E6881897	F	WMRT	U12	5.25	4.00	6.50	3.75	4.88	BRONZE
Blue 41	Avery Fish	E6792735	F	SUND	U12	3.75	4.71	5.50	4.25	4.55	BRONZE
Blue 54	Phoebe Forgues	E6872368	F	WMRT	U12	4.00	4.00	5.00	4.00	4.25	BRONZE
Blue 49	Elizabeth Hossack	E6875190	F	WMRT	U12	4.25	4.42	5.50	2.25	4.10	BRONZE
Blue 48	Hannah Parry	E6807399	F	WMRT	U12	3.75	5.13	5.50	2.00	4.09	BRONZE
Blue 40	Sydney Zmetra	6855547	F	WMRT	U12	3.25	4.42	5.50	2.50	3.92	
Blue 57	Sara Karp	E6821581	F	NVSC	U12	3.75	3.25	5.50	2.50	3.75	
Blue 50	Katrina Giglia	E6893796	F	WMRT	U12	3.50	3.42	5.50	2.25	3.67	
Blue 42	Lindsey Grosberg	6884436	F	WMRT	U12	3.25	3.71	4.00	3.00	3.49	
Blue 23	Lydia Anderson	E6870587	F	WMRT	U12	4.00	3.50	4.00	2.00	3.38	
Blue 35	Hannah Renze	E6896085	F	WMRT	U12	3.50	3.29	4.00	2.25	3.26	
Blue 37	Hillary Day	6901246	F	WMRT	U12						Incomplete
Blue 47	Olivia Gallagher	6873397	F	WMRT	U12						Incomplete

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Blue 39	Matthew Sungarian	E6638721	M	WMRT	U12	5.25	6.00	6.50	6.25	6.00	SILVER
Blue 45	Henry Flint	E6845493	M	WMRT	U12	4.25	5.42	7.00	5.25	5.48	BRONZE
Blue 52	Aidan Ghidella	E6795473	M	WMRT	U12	4.00	6.00	6.50	4.25	5.19	BRONZE
Blue 28	Maddox Lee	E6727113	M	WMRT	U12	5.25	4.75	5.50	5.00	5.13	BRONZE
Blue 24	Nathan Chandler	E6561218	M	WMRT	U12	4.00	4.50	6.50	4.75	4.94	BRONZE
Blue 55	Joshua Holden	6725108	M	WMRT	U12	5.00	5.17	6.00	2.75	4.73	BRONZE
Blue 27	Matthew Haigh	E6560144	M	WMRT	U12	5.00	5.25	5.00	3.25	4.63	BRONZE
Blue 33	Thomas Bates	6807430	M	WMRT	U12	3.75	4.00	5.50	4.50	4.44	BRONZE
Blue 56	Will Mango	6897801	M	WMRT	U12	4.00	3.71	6.00	3.25	4.24	BRONZE
Blue 43	Grady Martinek	6793966	M	WMRT	U12	3.75	4.00	5.50	3.50	4.19	BRONZE
Blue 29	Jake Fahey	E6644397	M	WMRT	U12	4.25	3.75	5.50	2.50	4.00	BRONZE
Blue 53	Saul Schwartz	E6720981	M	WMRT	U12	4.25	3.42	5.00	2.75	3.85	
Blue 58	Theo Remington	E6899549	M	WMRT	U12	3.50	3.13	5.50	2.75	3.72	
Blue 51	Leon Neuteboom	E6896537	M	WMRT	U12	3.50	2.71	4.50	3.50	3.55	
Blue 46	Cole Maddalone	6893309	M	WMRT	U12	3.25	4.00	4.00	2.75	3.50	
Blue 44	Kristof Niss	E6619638	M	WMRT	U12	3.25	3.29	4.50	2.50	3.39	
Blue 31	Alec Popiel	6803524	M	WMRT	U12	3.00	3.00	4.50	3.00	3.38	
Blue 32	Emerson Popiel	6803532	M	WMRT	U12	3.25	3.58	4.50	2.00	3.33	
Blue 38	Owen Drakakis	E6867454	M	THDR	U12					Incomplete	

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White 149	Anyee Li	E6575088	F	WMRT	U14	5.00	5.00	5.25	4.75	5.00	BRONZE
White 107	Olivia Valcourt	E6565254	F	WMRT	U14	5.00	5.25	4.00	4.25	4.63	BRONZE
White 125	Klara Niss	E6575203	F	WMRT	U14	4.50	5.00	5.00	3.00	4.38	BRONZE
White 151	Astrid Lee	E6602144	F	WMRT	U14	4.50	5.00	4.75	3.25	4.38	BRONZE
White 129	Jula Utzschneider	E6541414	F	WMRT	U14	5.00	4.00	5.00	3.25	4.31	BRONZE
White 115	Morgan Rose	E6660101	F	SUND	U14	3.75	5.00	4.25	4.00	4.25	BRONZE
White 128	Lauren Paredes	E6640646	F	SUND	U14	3.75	4.50	5.25	3.25	4.19	BRONZE
White 139	Maya Gervits	E6878923	F	WMRT	U14	4.50	4.00	5.00	3.25	4.19	BRONZE
White 148	Imogen Slavin	E6883916	F	WMRT	U14	4.25	4.25	4.75	3.25	4.13	BRONZE
White 116	Sidney Schwartz	6678082	F	WMRT	U14	4.50	5.00	4.25	2.25	4.00	BRONZE
White 131	Jackie Lapierre	E6573459	F	MTSO	U14	5.00	5.00	4.00	2.00	4.00	BRONZE
White 143	Madeline Wilkinson	6554024	F	WMRT	U14	4.00	3.50	4.25	3.50	3.81	
White 147	Hailey Larose	E6887905	F	WMRT	U14	4.00	4.00	4.50	2.75	3.81	
White 133	Margaree Hybl	E6754343	F	WMRT	U14	3.75	4.50	3.50	3.00	3.69	
White 105	Amelia Freund	E6575716	F	WMRT	U14	3.75	4.50	4.00	2.25	3.63	
White 123	Neve Martin	E6575799	F	WMRT	U14	4.75	3.17	4.25	2.25	3.60	
White 124	Heidi Xie	E6881887	F	WMRT	U14	5.00	3.50	3.75	2.00	3.56	
White 127	Phoebe Burbank	6725314	F	WMRT	U14	3.50	4.00	3.75	2.25	3.38	
White 106	Caitlin Nippins	E6575585	F	WMRT	U14	4.25	3.33	3.50	2.25	3.33	
White 117	Isabella Zhu	E6797928	F	WMRT	U14	3.25	3.25	3.25	3.50	3.31	
White 135	Katharina Niss	E6575146	F	WMRT	U14	4.00	3.17	3.75	2.25	3.29	
White 108	Barbara Forgues	E6776946	F	WMRT	U14	3.50	3.75	3.00	2.75	3.25	
White 112	Avery Abrahamovich	E6776655	F	WMRT	U14	3.50	3.50	3.50	2.50	3.25	
White 113	Noa Dahan	E6570340	F	WMRT	U14	3.75	3.00	4.00	2.25	3.25	
White 136	Delaney Remington	E6777251	F	WMRT	U14	4.00	3.50	3.25	2.25	3.25	
White 145	Kiki Burbank	6724955	F	WMRT	U14	3.50	3.25	4.25	2.00	3.25	
White 122	Abigail Martinek	E6776755	F	WMRT	U14	3.50	3.17	3.75	2.00	3.10	
White 153	Amanda Reynolds	E6820490	F	NVSC	U14	3.25	3.25	3.25	2.25	3.00	
White 150	Katrina Mayen	E6801351	F	PHST	U14	3.50	2.00	3.50	1.75	2.69	
White 146	Charlotte Van der Linden	E6402077	F	CAT	U14					Incomplete	

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White 109	Kieren Ghidella	E6716490	M	WMRT	U14	4.50	5.00	5.25	2.50	4.31	BRONZE
White 114	Tommy Robinson	E6645573	M	WMRT	U14	4.75	3.75	4.50	3.50	4.13	BRONZE
White 110	Maxwell Hurlbut-Lesk	E6870617	M	WMRT	U14	4.50	4.67	4.25	3.00	4.10	BRONZE
White 121	Thomas Giglia	E6872749	M	WMRT	U14	4.50	4.00	5.00	2.25	3.94	
White 140	Andrew Parry	E6726267	M	WMRT	U14	5.25	4.75	3.75	2.00	3.94	
White 102	Jackson Chandler	E6412126	M	WMRT	U14	4.75	3.75	4.00	3.00	3.88	
White 103	Anthony Matusik	E6574403	M	MTSO	U14	4.50	5.25	3.25	2.50	3.88	
White 126	Trey Brooks	E6626446	M	WMRT	U14	4.50	4.75	3.50	2.50	3.81	
White 132	Oscar Pride	6785383	M	WMRT	U14	5.00	4.25	3.50	2.25	3.75	
White 134	Tyler McCabe	E6575237	M	WMRT	U14	5.25	3.75	3.75	2.00	3.69	
White 152	Bradford Ayotte	E6516178	M	WMRT	U14	4.75	3.75	3.75	2.25	3.63	
White 130	Neil Howard	E6418862	M	CAT	U14	3.75	4.00	3.75	2.25	3.44	
White 142	Olin Day	E6746535	M	WMRT	U14	3.50	2.50	3.25	2.25	2.88	
White 101	Zachary Gumbert	E6614715	M	WMRT	U14					Incomplete	
White 141	Jack Funk	E6510693	M	CYSL	U14	4.00				Incomplete	
White 144	Philip Wohlfeld	6401432	M	WMRT	U14		3.00			Incomplete	

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