



# U14 Training Project - Update



Program Administrators, Athletic Directors, and Coaches,

The Early Season U14 Training Project, (**Invitation Only**,) at Wachusett Mountain Resort, December 16<sup>th</sup>, 2018, **will be on-line, shortly, at [adminskiracing.com](http://adminskiracing.com).**

1. Wachusett Mountain Pass Holders - **\$20**
2. Non Pass Holders - **\$50** (this includes a lift ticket)
3. Coaches tickets will be comped and we will also provide lunch for the coaches.

To hold an event such as this, cooperation is needed from each region and each team who have invited racers. **We are reaching out for coaches.** If you are available and would like to be considered, please let us know. **Note:** Racers without coach representation will not be accepted.

This is a “Qualified” event and you must be on the invitation list to enter. The selection criteria came from the end of year Championships to consist of 10 1<sup>st</sup> Year U14’s for each gender and 15 2<sup>nd</sup> Year U14’s for each gender.

Additionally, each region, i.e., Eastern Massachusetts, Western Massachusetts, and Connecticut Youth Ski League has **5** discretionary slots to use as desired. These discretionary slots include both 1st and 2nd year U14's for the 2019 race season – send your selections in ASAP.

Because we need to remain flexible, bring both GS and slalom equipment.

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### Planned Itinerary

- 8:00 AM Registration (Granite Room)
- 8:30 Introduction, Meet Coaches, Break into Groups
- 9:00 Load Lifts
- 9:00 – 11:00 Drills, Short Sections, Course Work
  
- 11:00 = 12:00 Lunch (Responsibility of the Racer)
  
- 12:00 – 4 PM Short Practice Courses, Long Course
  
- 4:00 PM Short Debriefing

**Note:** This itinerary is subject to change to a 7:00 AM lift load dependent upon available terrain and venue. Notice will be given asap should that happen.

**NOTE:** Invited athletes **must** respond by **Sunday, December 2<sup>nd</sup>** to retain their slot. If not, on Monday morning, December 3<sup>rd</sup>, unclaimed openings will be given to the applicable alternates.

**Let’s have a great event! See you there.**