

**BOYS CALENDAR**

<b>Group 1</b>	<b>Group 2</b>	<b>Group 4</b>	<b>Group 5</b>	<b>Group 6</b>
5th Elite	6th Elite	8th Elite	9th Elite	11th Elite Black
5th Gold	6th Gold	8th Gold	9th Gold	11th Elite White
			9th Select	
	<b>Group 3</b>			
	7th Elite			
	7th Gold			

April 2018.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
GCFH 6 (6pm-7:30pm) Group 4	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6	GCFH 1 (6pm-7:30pm) Group 3	CSM (7:15pm-8:45pm) Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite	GCFH 1&2 (7:30pm-9pm) Group 3 & Group 4	GCFH 6 (7:30pm-9pm) Group 6		
GCFH 6 (7:30pm-9pm) Group 5	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3	GCFH 1 (7:30pm-9pm) Group 5		
**Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5	7:30pm-8:15pm Group 1 8:15pm-9pm Group 5	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	10	11	12	13
GCFH 6 (6pm-7:30pm) Group 4	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6	GCFH 1 (6pm-7:30pm) Group 3	CSM (7:15pm-8:45pm) Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite	GCFH 1&2 (7:30pm-9pm) Group 3 & Group 4	GCFH 6 (7:30pm-9pm) Group 6		
GCFH 6 (7:30pm-9pm) Group 5	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3	GCFH 1 (7:30pm-9pm) Group 5		
**Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5	7:30pm-8:15pm Group 1 8:15pm-9pm Group 5	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16	17	18	19	20
GCFH 6 (6pm-7:30pm) Group 4	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6	GCFH 1 (6pm-7:30pm) Group 3	CSM (7:15pm-8:45pm) Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite	GCFH 1&2 (7:30pm-9pm) Group 3 & Group 4	GCFH 6 (7:30pm-9pm) Group 6		
GCFH 6 (7:30pm-9pm) Group 5	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3	GCFH 1 (7:30pm-9pm) Group 5		
**Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5	7:30pm-8:15pm Group 1 8:15pm-9pm Group 5	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23	24	25	26	27
GCFH 6 (6pm-7:30pm) Group 4	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6	GCFH 1 (6pm-7:30pm) Group 3	CSM (7:15pm-8:45pm) Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite	GCFH 1&2 (7:30pm-9pm) Group 3 & Group 4	GCFH 6 (7:30pm-9pm) Group 6		
GCFH 6 (7:30pm-9pm) Group 5	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3	GCFH 1 (7:30pm-9pm) Group 5		
**Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5	7:30pm-8:15pm Group 1 8:15pm-9pm Group 5	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4		

MONDAY
30
GCFH 6 (6pm-7:30pm) Group 4
GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite
GCFH 6 (7:30pm-9pm) Group 5
**Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5

**BOYS CALENDAR**

<b>Group 1</b>	<b>Group 3</b>	<b>Group 5</b>	<b>Group 6</b>	<b>Group 7</b>
5th Elite	7th Elite	8th Elite	9th Elite	11th Elite Black
5th Gold		8th Gold	9th Gold	11th Elite White
			9th Select	
<b>Group 2</b>	<b>Group 4</b>			
6th Elite	7th Gold			
6th Gold				

MAY 2018.				
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 7	GCFH 1 (6pm-7:30pm) Group 3	GCFH 1 & 2 (7:30pm-9pm) Group 1 & Group 2	
	GCFH 1&2 (7:30pm-9pm) Group 3, Group 4, Group 5	GCFH 6 (7:30pm-9pm) Group 7	GCFH 5 (7:30pm-9pm) Group 4	
		GCFH 1 (7:30pm-9pm) Group 6		
	**Speed Training GCFH 3** 6:45pm-7:30pm Group 3 & Group 4		**Speed Training GCFH 6** 6:45pm-7:30pm Group 1	
	8:15pm-9pm Group 6	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 7 8:15pm-9pm Group 5		
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
GCFH 6 (6pm-7:30pm) Group 5	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 7	GCFH 1 (6pm-7:30pm) Group 3	GCFH 1 & 2 (7:30pm-9pm) Group 1 & Group 2	
GCFH 6 (7:30pm-9pm) Group 6	GCFH 1&2 (7:30pm-9pm) Group 3, Group 4, Group 5		GCFH 5 (7:30pm-9pm) Group 4	
	GCFH 4 (7:30pm-9pm) Group 2	GCFH 1 (7:30pm-9pm) Group 6	GCFH 6 (7:30pm-9pm) Group 7	
	**Speed Training GCFH 3** 6pm-6:45pm Group 7 6:45pm-7:30pm Group 6	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 7 8:15pm-9pm Group 5	**Speed Training GCFH 6** 6:45pm-7:30pm Group 1	
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
GCFH 6 (6pm-7:30pm) Group 5	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 7	GCFH 1 (6pm-7:30pm) Group 3	GCFH 1 & 2 (7:30pm-9pm) Group 1 & Group 2	
GCFH 2 (7:30pm-9pm) Group 2	GCFH 1&2 (7:30pm-9pm) Group 3, Group 4, Group 5		GCFH 5 (7:30pm-9pm) Group 4	
GCFH 6 (7:30pm-9pm) Group 6	**Speed Training GCFH 3** 6:45pm-7:30pm Group 3 & Group 4	GCFH 1 (7:30pm-9pm) Group 6	GCFH 6 (7:30pm-9pm) Group 7	
	8:15pm-9pm Group 6	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 7 8:15pm-9pm Group 5	**Speed Training GCFH 6** 6:45pm-7:30pm Group 1	
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
GCFH 6 (6pm-7:30pm) Group 5	GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 7	GCFH 1 (6pm-7:30pm) Group 3	GCFH 1 & 2 (7:30pm-9pm) Group 1 & Group 2	
GCFH 6 (7:30pm-9pm) Group 6	GCFH 1&2 (7:30pm-9pm) Group 3, Group 4, Group 5		GCFH 5 (7:30pm-9pm) Group 4	
	GCFH 4 (7:30pm-9pm) Group 2	GCFH 1 (7:30pm-9pm) Group 6	**Speed Training GCFH 6** 6:45pm-7:30pm Group 1	
	**Speed Training GCFH 3** 6pm-6:45pm Group 7 6:45pm-7:30pm Group 6	**Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 7 8:15pm-9pm Group 5		
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
NO PRACTICE	NO PRACTICE	NO PRACTICE	NO PRACTICE	

GIRLS CALENDAR

<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>		
7th Elite	9th Elite	11th Elite Black		
7th Gold	10th Elite	11th Elite White		

APRIL 2018.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
GCFH 1 & 2 (6pm-7:30pm) <i>Group 3</i>	GCFH 4 (6pm-7:30pm) <i>Group 2</i>	GCFH 6 (6pm-7:30pm) <i>Group 2</i>		
GCFH 1 (7:30pm-9pm) <i>Group 1</i>	GCFH 4 (7:30pm-9pm) <i>Group 1</i>	GCFH 2 (7:30pm-9pm) <i>Group 3</i>		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 3</i> 8:15pm-9pm <i>Group 2</i>	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm <i>Group 1</i>	<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 2</i>		
9	10	11	12	13
GCFH 1 & 2 (6pm-7:30pm) <i>Group 3</i>	GCFH 4 (6pm-7:30pm) <i>Group 2</i>	GCFH 6 (6pm-7:30pm) <i>Group 2</i>		
GCFH 1 (7:30pm-9pm) <i>Group 1</i>	GCFH 4 (7:30pm-9pm) <i>Group 1</i>	GCFH 2 (7:30pm-9pm) <i>Group 3</i>		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 3</i> 8:15pm-9pm <i>Group 2</i>	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm <i>Group 3</i>	<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 1</i>		
16	17	18	19	20
GCFH 1 & 2 (6pm-7:30pm) <i>Group 3</i>	GCFH 4 (6pm-7:30pm) <i>Group 2</i>	GCFH 6 (6pm-7:30pm) <i>Group 2</i>		
GCFH 1 (7:30pm-9pm) <i>Group 1</i>	GCFH 4 (7:30pm-9pm) <i>Group 1</i>	GCFH 2 (7:30pm-9pm) <i>Group 3</i>		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 3</i> 8:15pm-9pm <i>Group 2</i>	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm <i>Group 1</i>	<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 2</i>		
23	24	25	26	27
GCFH 1 & 2 (6pm-7:30pm) <i>Group 3</i>	GCFH 4 (6pm-7:30pm) <i>Group 2</i>	GCFH 6 (6pm-7:30pm) <i>Group 2</i>		
GCFH 1 (7:30pm-9pm) <i>Group 1</i>	GCFH 4 (7:30pm-9pm) <i>Group 1</i>	GCFH 2 (7:30pm-9pm) <i>Group 3</i>		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 3</i> 8:15pm-9pm <i>Group 2</i>	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm <i>Group 3</i>	<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 1</i>		

MONDAY
30
GCFH 1 & 2 (6pm-7:30pm) <i>Group 3</i>
GCFH 1 (7:30pm-9pm) <i>Group 1</i>
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm <i>Group 3</i> 8:15pm-9pm <i>Group 2</i>

**GIRLS CALENDAR**

<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>		
7th Elite	9th Elite	11 Elite Black		
7th Gold	10th Elite	11th Elite White		

MAY 2018.				
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	GCFH 4 (6pm-7:30pm) Group 2	GCFH 6 (6pm-7:30pm) Group 2		
	GCFH 4 (7:30-9pm) Group 1	GCFH 2 (7:30pm-9pm) Group 3		
	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm Group 3 7:30pm-8:15pm Group 2	<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
GCFH 1 & 2 (6pm-7:30pm) Group 3	GCFH 4 (6pm-7:30pm) Group 2	GCFH 2 (6pm-7:30pm) Group 1		
GCFH 1 (7:30pm-9pm) Group 1	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm Group 3	GCFH 6 (6pm-7:30pm) Group 2		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 3 8:15pm-9pm Group 2	7:30pm-8:15pm Group 2	GCFH 2 (7:30pm-9pm) Group 3		
		<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
GCFH 1 & 2 (6pm-7:30pm) Group 3	GCFH 4 (6pm-7:30pm) Group 2	GCFH 6 (6pm-7:30pm) Group 2		
GCFH 1 (7:30pm-9pm) Group 1	GCFH 4 (7:30-9pm) Group 1	GCFH 2 (7:30pm-9pm) Group 3		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 3 8:15pm-9pm Group 2	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm Group 3 7:30pm-8:15pm Group 2	<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
GCFH 1 & 2 (6pm-7:30pm) Group 3	GCFH 4 (6pm-7:30pm) Group 2	GCFH 2 (6pm-7:30pm) Group 1		
GCFH 1 (7:30pm-9pm) Group 1	<i>**Speed Training GCFH 3**</i> 6pm-6:45pm Group 3	GCFH 6 (6pm-7:30pm) Group 2		
<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 3 8:15pm-9pm Group 2	7:30pm-8:15pm Group 2	GCFH 2 (7:30pm-9pm) Group 3		
		<i>**Speed Training GCFH 3**</i> 7:30pm-8:15pm Group 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
NO PRACTICE	NO PRACTICE	NO PRACTICE	NO PRACTICE	