BOYS CALENDAR

Group 1	Group 2	Group 4	Group 5	Group 6
5th Elite	6th Elite	8th Elite	9th Elite	11th Elite Black
5th Gold	6th Gold	8th Gold	9th Gold	11th Elite White
			9th Select	
	Group 3			
	7th Elite			
	7th Gold			

		April 2018.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
GCFH 6 (6pm-7:30pm)	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	CSM (7:15pm-8:45pm)	
Group 4	Group 1 & Group 6	Group 3	Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold	GCFH 1&2 (7:30pm-9pm)	GCFH 6 (7:30pm-9pm)		
GCFH 2 (7:30pm-9pm)	Group 3 & Group 4	Group 6		
6th Elite		GCFH 1 (7:30pm-9pm)		
GCFH 6 (7:30pm-9pm)	*Speed Training GCFH 3*	Group 5		
Group 5	6:45pm-7:30pm Group 3			
** Speed Training GCFH 3**	7:30pm-8:15pm Group 1	** Speed Training GCFH 3**		
6pm-6:45pm Group 6	8:15pm-9pm Group 5	6pm-6:45pm Group 2		
6:45pm-7:30pm Group 5		6:45pm-7:30pm Group 6		
		8:15pm-9pm Group 4		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	10	11	12	13
GCFH 6 (6pm-7:30pm)	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	CSM (7:15pm-8:45pm)	
Group 4	Group 1 & Group 6	Group 3	Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold	GCFH 1&2 (7:30pm-9pm)	GCFH 6 (7:30pm-9pm)		
GCFH 2 (7:30pm-9pm)	Group 3 & Group 4	Group 6		
6th Elite		GCFH 1 (7:30pm-9pm)		
GCFH 6 (7:30pm-9pm)	*Speed Training GCFH 3*	Group 5		
Group 5	6:45pm-7:30pm Group 3			
Speed Training GCFH 3	7:30pm-8:15pm Group 1	**Speed Training GCFH 3**		
6pm-6:45pm Group 6	8:15pm-9pm Group 5	6pm-6:45pm Group 2		
6:45pm-7:30pm Group 5		6:45pm-7:30pm Group 6		
		8:15pm-9pm Group 4		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16	17	18	19	20
GCFH 6 (6pm-7:30pm)	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	CSM (7:15pm-8:45pm)	
Group 4	Group 1 & Group 6	Group 3	Group 1 & Group 2	
GCFH 2 (6:00pm-7:30pm)-6th Gold	GCFH 1&2 (7:30pm-9pm)			
0.0511.0 /2.00 0		GCFH 6 (7:30pm-9pm)		
GCFH 2 (7:30pm-9pm)	Group 3 & Group 4	Group 6		
GCFH 2 (7:30pm-9pm) 6th Elite	Group 3 & Group 4			
	Group 3 & Group 4 *Speed Training GCFH 3*	Group 6		
6th Elite GCFH 6 (7:30pm-9pm) Group 5	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3	Group 6 GCFH 1 (7:30pm-9pm) Group 5		
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ***Speed Training GCFH 3***	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3**		
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2		
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ***Speed Training GCFH 3***	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3**		
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1	Group 6 GCFH 1 (7:30pm-9pm) Group 5 ***Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4		
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6	*Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6	THURSDAY	FRIDAY
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23	Group 3 & Group 4 * Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25	26	FRIDAY 27
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm)	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm)	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm)	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3	26	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 *** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 1&2 (7:30pm-9pm)	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm)	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm)	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm) Group 6	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 5 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (7:30pm-9pm) 6th Elite	"Speed Training GCFH 3" 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 1&2 (7:30pm-9pm) Group 3 & Group 4	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm)	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite GCFH 6 (7:30pm-9pm)	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 1&2 (7:30pm-9pm) Group 3 & Group 4 *Speed Training GCFH 3*	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm) Group 6	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite GCFH 6 (7:30pm-9pm)	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 182 (7:30pm-9pm) Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm) Group 6 GCFH 1 (7:30pm-9pm)	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 *** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3**	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 182 (7:30pm-9pm) Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm) Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3**	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 *** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3** 6pm-6:45pm Group 6	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 182 (7:30pm-9pm) Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm) Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2	26 CSM (7:15pm-8:45pm)	
6th Elite GCFH 6 (7:30pm-9pm) Group 5 *** Speed Training GCFH 3** 6pm-6:45pm Group 6 6:45pm-7:30pm Group 5 MONDAY 23 GCFH 6 (6pm-7:30pm) Group 4 GCFH 2 (6:00pm-7:30pm)-6th Gold GCFH 2 (7:30pm-9pm) 6th Elite GCFH 6 (7:30pm-9pm) Group 5 ** Speed Training GCFH 3**	Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1 8:15pm-9pm Group 5 TUESDAY 24 GCFH 1 & 2 (6pm-7:30pm) Group 1 & Group 6 GCFH 182 (7:30pm-9pm) Group 3 & Group 4 *Speed Training GCFH 3* 6:45pm-7:30pm Group 3 7:30pm-8:15pm Group 1	Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3** 6pm-6:45pm Group 2 6:45pm-7:30pm Group 6 8:15pm-9pm Group 4 WEDNESDAY 25 GCFH 1 (6pm-7:30pm) Group 3 GCFH 6 (7:30pm-9pm) Group 6 GCFH 1 (7:30pm-9pm) Group 5 **Speed Training GCFH 3**	26 CSM (7:15pm-8:45pm)	

MON	

30
GCFH 6 (6pm-7:30pm)
Group 4
GCFH 2 (6:00pm-7:30pm)-6th Gold
GCFH 2 (7:30pm-9pm)
6th Elite
GCFH 6 (7:30pm-9pm)
Group 5
Speed Training GCFH 3
6pm-6:45pm Group 6
6:45pm-7:30pm Group 5

BOYS CALENDAR

Group 1	Group 3	Group 5	Group 6	Group 7
5th Elite	7th Elite	8th Elite	9th Elite	11th Elite Black
5th Gold		8th Gold	9th Gold	11th Elite White
			9th Select	
Group 2	Group 4			
6th Elite	7th Gold			
6th Gold				

		MAY 2018.		
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	GCFH 1 & 2 (7:30pm-9pm)	
	Group 1 & Group 7	Group 3	Group 1 & Group 2	
	GCFH 1&2 (7:30pm-9pm)	GCFH 6 (7:30pm-9pm)	GCFH 5 (7:30pm-9pm)	
	Group 3, Group 4, Group 5	Group 7	Group 4	
		GCFH 1 (7:30pm-9pm)		
	** Speed Training GCFH 3**	Group 6	**Speed Training GCFH 6**	
	6:45pm-7:30pm Group 3 & Group 4		6:45pm-7:30pm Group 1	
	8:15pm-9pm Group 6	** Speed Training GCFH 3**		
		6pm-6:45pm Group 2		
		6:45pm-7:30pm Group 7		
		8:15pm-9pm Group 5		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
GCFH 6 (6pm-7:30pm)	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	GCFH 1 & 2 (7:30pm-9pm)	
Group 5	Group 1 & Group 7	Group 3	Group 1 & Group 2	
GCFH 6 (7:30pm-9pm)	GCFH 1&2 (7:30pm-9pm)		GCFH 5 (7:30pm-9pm)	
Group 6	Group 3, Group 4, Group 5		Group 4	
	GCFH 4 (7:30pm-9pm)	GCFH 1 (7:30pm-9pm)		
	Group 2	Group 6	GCFH 6 (7:30pm-9pm)	
			Group 7	
** Speed Training GCFH 3**		**Speed Training GCFH 3**		
	5:45pm-7:30pm		**Speed Training GCFH 6**	
6:45pm-7:30pm Group 6	8:15pm-9pm Group 6	6:45pm-7:30pm Group 7	6:45pm-7:30pm Group 1	
		8:15pm-9pm Group 5		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14	15	16	17	18
GCFH 6 (6pm-7:30pm)	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	GCFH 1 & 2 (7:30pm-9pm)	
Group 5	Group 1 & Group 7	Group 3	Group 1 & Group 2	
GCFH 2 (7:30pm-9pm)	GCFH 1&2 (7:30pm-9pm)		GCFH 5 (7:30pm-9pm)	
Group 2	Group 3, Group 4, Group 5		Group 4	
GCFH 6 (7:30pm-9pm)	***	GCFH 1 (7:30pm-9pm)		
Group 6	** Speed Training GCFH 3**	Group 6	GCFH 6 (7:30pm-9pm)	
	6:45pm-7:30pm Group 3 & Group 4		Group 7	
** Speed Training GCFH 3**	8:15pm-9pm Group 6	**Speed Training GCFH 3**		
6pm-6:45pm Group 7		6pm-6:45pm Group 2	**Speed Training GCFH 6**	
6:45pm-7:30pm Group 6		6:45pm-7:30pm Group 7	6:45pm-7:30pm Group 1	
		8:15pm-9pm Group 5		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21	22	23	24	25
GCFH 6 (6pm-7:30pm)	GCFH 1 & 2 (6pm-7:30pm)	GCFH 1 (6pm-7:30pm)	GCFH 1 & 2 (7:30pm-9pm)	
Group 5	Group 1 & Group 7	Group 3	Group 1 & Group 2	
GCFH 6 (7:30pm-9pm)	GCFH 1&2 (7:30pm-9pm)		GCFH 5 (7:30pm-9pm)	
Group 6	Group 3, Group 4, Group 5		Group 4	
	GCFH 4 (7:30pm-9pm)	GCFH 1 (7:30pm-9pm)		
	Group 2	Group 6	**Speed Training GCFH 6**	
	****		6:45pm-7:30pm Group 1	
* Speed Training GCFH 3**		**Speed Training GCFH 3**		
	5:45pm-7:30pm Group 3 & Group 4	6pm-6:45pm Group 2		
6:45pm-7:30pm Group 6	8:15pm-9pm Group 6	6:45pm-7:30pm Group 7		
		8:15pm-9pm Group 5		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	
NO DDA CTICE	NO DD - CTICT	NO DD 1 CT CT	NO PRACTICE	
NO PRACTICE	NO PRACTICE	NO PRACTICE	NO PRACTICE	

GIRLS CALENDAR

Group 1		Group 3	
7th Elite	9th Elite	11th Elite Black	
7th Gold	10th Elite	11th Elite White	

		APRIL 2018.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 6 (6pm-7:30pm)		
Group 3	Group 2	Group 2		
GCFH 1 (7:30pm-9pm)	GCFH 4 (7:30pm-9pm)	GCFH 2 (7:30pm-9pm)		
Group 1	Group 1	Group 3		
Speed Training GCFH 3**		**Speed Training GCFH 3**		
7:30pm-8:15pm Group 3	6pm-6:45pm Group 1	7:30pm-8:15pm Group 2		
8:15pm-9pm Group 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	10	11	12	13
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 6 (6pm-7:30pm)		
Group 3	Group 2	Group 2		
GCFH 1 (7:30pm-9pm)	GCFH 4 (7:30pm-9pm)	GCFH 2 (7:30pm-9pm)		
Group 1	Group 1	Group 3		
Speed Training GCFH 3**	**Speed Training GCFH 3**	**Speed Training GCFH 3**		
7:30pm-8:15pm Group 3	6pm-6:45pm Group 3	7:30pm-8:15pm Group 1		
8:15pm-9pm Group 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16	17	18	19	20
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 6 (6pm-7:30pm)		
Group 3	Group 2	Group 2		
GCFH 1 (7:30pm-9pm)	GCFH 4 (7:30pm-9pm)	GCFH 2 (7:30pm-9pm)		
Group 1	Group 1	Group 3		
Speed Training GCFH 3**	**Speed Training GCFH 3**	**Speed Training GCFH 3**		
7:30pm-8:15pm Group 3	6pm-6:45pm Group 1	7:30pm-8:15pm Group 2		
8:15pm-9pm Group 2	, , , , , , , , , , , , , , , , , , , ,			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23	24	WEDNESDAY 25	26	27
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 6 (6pm-7:30pm)	20	
Group 3	Group 2	Group 2		
GCFH 1 (7:30pm-9pm)	GCFH 4 (7:30pm-9pm)	GCFH 2 (7:30pm-9pm)		
Group 1	Group 1	Group 3		
Group I	Group I	Group 3		
Speed Training GCFH 3**	**Speed Training GCFH 3**	**Speed Training GCFH 3**		
7:30pm-8:15pm Group 3	6pm-6:45pm Group 3	7:30pm-8:15pm Group 1	1	

MONDAY 30

30
GCFH 1 & 2 (6pm-7:30pm)
Group 3
GCFH 1 (7:30pm-9pm)
Group 1
Speed Training GCFH 3
7:30pm-8:15pm Group 3
8:15pm-9pm Group 2

GIRLS CALENDAR

Group 1	Group 2	Group 3	
7th Elite	9th Elite	11 Elite Black	
7th Gold	10th Elite	11th Elite White	

		MAY 2018.		
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	GCFH 4 (6pm-7:30pm)	GCFH 6 (6pm-7:30pm)		
	Group 2	Group 2		
	GCFH 4 (7:30-9pm)	GCFH 2 (7:30pm-9pm)		
	Group 1	Group 3		
		·		
	Speed Training GCFH 3	**Speed Training GCFH 3**		
	6pm-6:45pm Group 3	7:30pm-8:15pm Group 1		
	7:30pm-8:15pm Group 2			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 2 (6pm-7:30pm)		
Group 3	Group 2	Group 1		
GCFH 1 (7:30pm-9pm)		GCFH 6 (6pm-7:30pm)		
Group 1	**Speed Training GCFH 3**	Group 2		
2 2 2 4	6pm-6:45pm Group 3	GCFH 2 (7:30pm-9pm)		
Speed Training GCFH 3	7:30pm-8:15pm Group 2	Group 3		
7:30pm-8:15pm Group 3	7.50pm 6.10pm Group 2	Group 3		
8:15pm-9pm Group 2		**Speed Training GCFH 3**		
5.10p.11 7p.11 5.15dp 2		7:30pm-8:15pm Group 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14	15	16	17	18
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 6 (6pm-7:30pm)		10
Group 3	Group 2	Group 2		
GCFH 1 (7:30pm-9pm)	GCFH 4 (7:30-9pm)	GCFH 2 (7:30pm-9pm)		
Group 1	Group 1	Group 3		
Group 1	Group 1	Group 3		
Speed Training GCFH 3	**Speed Training GCFH 3**	**Speed Training GCFH 3**		
7:30pm-8:15pm Group 3	6pm-6:45pm Group 3	7:30pm-8:15pm Group 1		
8:15pm-9pm Group 2	7:30pm-8:15pm Group 2	7.30piii-8.13piii Group 1	+	
6. 13piii-9piii Group 2	7:30piii-8:15piii Group 2			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21	22	23	24	25
GCFH 1 & 2 (6pm-7:30pm)	GCFH 4 (6pm-7:30pm)	GCFH 2 (6pm-7:30pm)	24	25
Group 3		, , , , ,		
	Group 2	Group 1		
GCFH 1 (7:30pm-9pm)	**Cd Ti-i CCTU 3**	GCFH 6 (6pm-7:30pm)		
Group 1	**Speed Training GCFH 3**	Group 2		
##C	6pm-6:45pm Group 3	GCFH 2 (7:30pm-9pm)		
Speed Training GCFH 3	7:30pm-8:15pm Group 2	Group 3		
7:30pm-8:15pm Group 3		440 (7)		
8:15pm-9pm Group 2		**Speed Training GCFH 3**		
		7:30pm-8:15pm Group 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	
NO PRACTICE	NO PRACTICE	NO PRACTICE	NO PRACTICE	