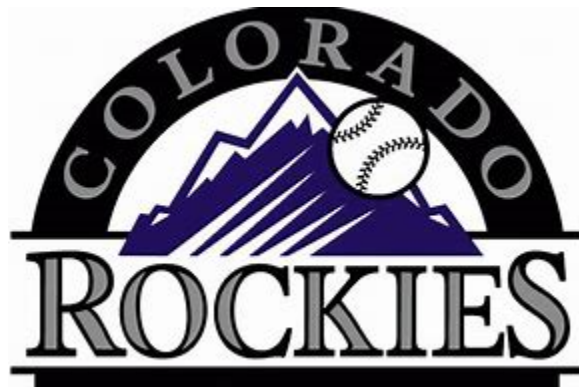


# Hitting Instruction

with a focus on approach, pitch recognition, and swing mechanics



## GRANT LAVIGNE

Training will take place at my home (65' outdoor cage with Jugs pitching machine) at 7 Greenmeadow Lane in Bedford, NH during June and July (or as long as I'm home). It's very doubtful that a minor league season will occur – I should be home for at least the next 60 days.

**\$25 for ½ hour/\$50 for 1 hour**

\*\*\*Individual lessons or small groups. Small group rate would be \$30 per person (2 persons - \$60/hour)

Lessons to take place during the week and on weekends

Contact me with questions/scheduling at (603) 714-2778 or  
lavigne42@hotmail.com