



HYA RIPTIDE LACROSSE 2021 SAFETY PROTOCOLS

HYA Riptide Lacrosse (“HL”) adopts the following Safety Protocols for the 2021 Lacrosse Season. These protocols apply during NH Youth Lacrosse Association (NHYLE) & Seacoast Area Youth Lacrosse (SAYL) League games and are aspirational at all other times.

In the event that HL adopts Safety Protocols that differ substantially from another Town/League during a NHYLE or SAYL League Game (or the opposing Town does not have any Safety Protocols in place), the respective Town Administrators will seek a compromise for that particular League Game. Administrators are encouraged to review posted protocols from the opposing Town 5-7 days ahead of a League Game. In NHYLE: the Girls VP and the Boys VP (or the President) of NHYLE shall resolve any unresolved Safety Protocol disputes with regards to NHYLE League Games.

Return to Play/Safety Protocol Resources

CDC Guidance

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

COVID Guidance [NH.GOV](https://www.nh.gov) - Safer at Home - Amateur & Youth Sports

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

US Lacrosse Return to Play Protocols

<https://www.uslacrosse.org/return-to-play>

Program Decision/Tracing Protocols

1. Home team protocols apply unless the visiting team has other necessary requirements (e.g. mask-wearing during play, 2 spectators per player, no visiting team spectators)
2. For tracing purposes, coaches will be asked to record attendance at practices and games in a manner that can be easily referenced.
3. We will follow WHS protocols when using their fields (likely only U14, e.g. coaches take temp before practice)
4. If a team member gets sick:
 - a. Coach immediately alerts Boys Coordinator (Jake Sullivan, 603-591-7368) or Girls Coordinator (Stacy Kinnaly, 617-285-7132) who will handle further communication in 'b-e' below
 - b. Due to proximity risks in playing sports, when notified of a positive test result, teammates exposed within 48 hours will be excluded to quarantine for 10 days from the date of exposure.
 - c. Communicate to any opposing team that was exposed within 48 hours of a positive test results.
 - d. Communicate to any official that was exposed within 48 hours of a positive test result.
 - e. Reschedule/cancel games scheduled within the quarantine period
5. If a game was played within 48 hours of a positive report on an opposing team, coaches will assess exposed players – close contact exposure will quarantine for 10 days from the date of exposure. 'Close contact' is considered within 6' for at least ten cumulative minutes.

General Safety Protocols

- 1) Coaches and athletes will wear masks and/or face coverings while on the sidelines. In some instances, athletes may be required to wear masks and/or face coverings DURING competition.
- 2) HL will NOT permit the use of benches at home games nor away games (even if benches are available).
- 3) Personal bags/belongings will be placed appropriately on the sideline with 6 FEET of spacing between each players' belongings.
- 4) Coaches and athletes will maintain safe social distancing whenever possible, and especially when there is a stoppage of play during practice and/or game play.
- 5) Coaches and athletes will wear masks upon entering sideline area(s), when coming off the field. Masks may be removed when subbing into the game, unless the hosting town, league or state orders require masks during play.

- 6) Families, Parents/Guardians and Spectators agree to comply with recommended CDC social distancing (at least 6 FEET) and agree to wear masks and/or face coverings when on the sideline during practices and games.
- 7) There will be no sharing of equipment during practices and/or games (except for game/practice balls). All shared equipment shall be properly cleaned and disinfected after use.
- 8) Families and athletes will immediately exit the field and/or facility following practices and/or games.
- 9) Families and athletes will not congregate following practices and/or games.
- 10) Families and athletes will clean/disinfect all uniforms, apparel, and equipment (to the best extent possible) immediately after practices and/or games.
- 11) Hand-washing and hand-sanitizing is required by all athletes and coaches at the beginning and end of each team meeting/activity.
- 12) Athletes will bring their own hand sanitizer and water bottles – personal water bottles shall not be shared with other athletes.
- 13) There shall be no sharing of food or drink among and between athletes.

Draft Permission Slip - Parent/Guardian/Family Responsibilities *(to be included as a waiver during online registration)*

I agree NOT to send my child to ANY lacrosse practices and/or games if any of the following occurs - my child has:

- 1) had contact with a confirmed case of COVID-19 (or any other communicable disease such as MRSA or Influenza) in the last ten (10) days;
- 2) experienced a cough, shortness of breath and/or sore throat in the last seven (7) days;
- 3) had a FEVER in the past 48 hours
- 4) had a CHANGE in their sense of taste or smell in the last 48 hours
- 5) experienced any feelings of ill health in the last 48 hours
- 6) traveled in breach of NH travel restrictions in the last ten (10) days

Important Note: If one of our coaches or assistant coaches has a good faith belief that your child is exhibiting COVID-like symptoms or is exhibiting health issues that raise concern, that coach will have the right to ask your athlete not to participate in the practice and/or game.

I understand and agree we will follow the following protocols during practices and/or games:

- 1) Coaches and athletes will wear masks and/or face coverings while on the sidelines. In some instances, athletes may be required to wear masks and/or face coverings DURING competition.
- 2) Riptide Lacrosse will NOT permit the use of benches at home or away games (even if benches are available).
- 3) Personal bags/belongings will be placed appropriately on the sideline with 6 FEET of spacing between individual athlete's belongings.
- 4) Coaches and athletes will maintain safe social distancing whenever possible, and especially when there is a stoppage of play during a practice and/or game.
- 5) Coaches and athletes will wear masks upon entering sideline area(s) when coming off the field. Masks may be removed when subbing into the game, unless the hosting town, league or state orders require masks during play.
- 6) Families, Parents/Guardians and Spectators agree to comply with recommended CDC social distancing (at least 6 FEET) and agree to wear masks and/or face coverings when on the sideline during practices and games.
- 7) There will be no sharing of equipment during practices and/or games (except for game/practice balls). All shared equipment shall be properly cleaned and disinfected after use.
- 8) Families and athletes will immediately exit the field and/or facility of use following practices and/or games.
- 9) Families and athletes will not congregate following practices and/or games.
- 10) Families and athletes will clean/disinfect all uniforms, apparel, and equipment (to the best extent possible) immediately after practices and/or games.
- 11) Hand-washing and hand-sanitizing is required by all athletes and coaches at the beginning and end of each team meeting/activity.

I understand my athlete will use only his or her personal equipment, and specifically:

- 1) Athletes will bring their own hand-sanitizer and water bottles.
- 2) Personal water bottles shall not be shared with other athletes.
- 3) There shall be no sharing of food or drink among and between athletes.

The child/athlete named below has permission to participate in the 2021 Hampton Riptide Lacrosse Program. I understand what the aforementioned activity involves. I believe my child is in proper physical condition to participate. I assume all risks and responsibilities arising from participation, and do for myself, my heirs, and personal representatives hereby hold harmless, indemnify, release and forever discharge Hampton/HYA Riptide Lacrosse and its officers, agents, and employees from and against any and all physical injury or death, which may occur during the period of participation. In the event of an emergency requiring medical attention beyond first aid, I give permission to a physician or hospital personnel designated by the Riptide coach and/or supervisor to provide medical attention to the child/athlete named below, including (if necessary) hospitalization. Any expense arising from injury or illness is the responsibility of parental insurance coverage. I have read and fully understand this release statement.

Child/Athlete Name: _____

Grade: _____ DOB: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____

EMAIL: _____

TELEPHONE Number: _____