

## 2017 CENTRAL JERSEY YOUTH LACROSSE LEAGUE

### RULES / TIMING / FEES

All Teams are expected to meet at midfield for pregame instructions by officials

Grades	2/4 or U9	5/6 or U11 & U13	7/8 or U15
Clock/ timing ( QTRS/MIN/RUN OR STOP)	4/12/run	4/12/run	4/12/run
# of Officials	1	2	2
Fees	75 ea. FF and \$70 for 7 v 7	\$60 ea.	\$65ea.
Timeouts	2 per half / 0 OT	2 per half / 0 OT	2 per half / 0 OT
Betw Qtrs / Halftime	1 min / 5 min	1 min / 5 min	1 min / 5 min
10/20 sec counts	No	No	Enforced
Goalie 4 count	Enforced	Enforced	Enforced
Stalling Warning/ GET IT IN	None	Enforced	Enforced
Overtime	1/4/run/Sudden Victory	1/4/run/Sudden Victory	1/4/run/Sudden Victory
Horn Substitutions	sidelines and endlines	none	none
Faceoff	one step rule	one step rule	one step rule
Body checking	None	<i>limited - no take out checks / cannot lower shoulder or head, must be within 3 yards of ball without any over aggressive action.</i>	<i>limited - no take out checks / cannot lower shoulder or head, must be within 3 yards of ball without any over aggressive action.</i>
One hand checks*	None	None	None
Cross size	cannot exceed 42"	40-60	40-72
Mercy	4 goals lead / no faceoff	5 goals lead / no faceoff	6 goals lead / no faceoff
Penalty enforcement	No	full	full
Home team	clock/pinnies/horns/balls/fee	clock/pinnies/horns/balls/fee	clock/pinnies/horns/balls/fee
Ejection	any player receiving 4 PF's or 5 minutes total penalty time from PF's	any player receiving 4 PF's or 5 minutes total penalty time from PF's	any player receiving 4 PF's or 5 minutes total penalty time from PF's
Notes:	* Ice picks and tomahawks are not permitted at all age levels		
Home team pays for officials unless agreed ahead of time to split fees			
<i>Running time - clock will only be stopped for injuries, timeouts or any excessive non play situation( lost ball)</i>			
<i>Stop time - clock will be stopped, for timeouts, injuries, after a goal, out of bounds</i>			
<b>If not specifically indicated NFHS Rules will apply</b>			