



## **PRO ACTION HOCKEY**

### **2017 Summer Camp Programs**

The on-ice camps will include skating speed and explosions, skating agility as well as puck handling drills. There will also be defenseman and forward positional specific drills and time devoted to small area competition drills to work on game tactics. The camp will also include conditioning drills as players approach their team tryouts.

All our instructors are professional hockey coaches who have vast experience at both the amateur and professional levels.

- Mathieu Montreuil - Director of Pro Action Hockey
- Gord Armstrong, - Head Coach John Rennie High School - Juvenile D1 Team
- Ryan Kelly - Head Coach John Rennie High School - Cadet D1 Team
- Francois Lacombe - Head Coach – Lac St Louis Espoir Predateurs

We will also have guest appearances, as in past years, who play at the professional level. Last year's guests included Mike Matheson (Florida Panthers, Team Canada), Emily Pfalzer (U.S.A. Womens National Team), Kyle Armstrong (VfE Ulm, Germany), Kenny Matheson (EC Lauterbach, Germany)



## **PRO ACTION HOCKEY 2017 Summer Camp Programs**

### **BANTAM/CADET CAMP (2003-2004)**

Week 1 – July 31, Aug. 1,2,3 - 2:00pm – 3:30pm @ Pointe-Claire Arena

Week 2 – Aug. 7, 8, 9, 10 - 2:00pm – 3:30pm @ Pointe-Claire Arena

Week 3 – Aug. 14, 15, 16, 17, 18 - 1:00pm – 2:30pm @ Dorval Arena

Week 4 – Aug. 21, 22, 23, 24, 25 - 1:00pm – 2:30pm @ Dorval Arena

### **MIDGET/JUVENILE/PREP CAMP (2000-2001-2002)**

Week 1 – July 31, Aug. 1,2,3 - 3:30pm – 5:00pm @ Pointe-Claire Arena

Week 2 – Aug. 7, 8, 9, 10 - 3:30pm – 5:00pm @ Pointe-Claire Arena

Week 3 – Aug. 14, 15, 16, 17, 18 – 2:30pm-4:00pm @ Dorval Arena

Week 4 – Aug. 21, 22, 23, 24, 25 - 2:30pm-4:00pm @ Dorval Arena

### **COST PER WEEK (taxes included)**

Week 1 (4 days) – \$170

Week 2 (4 days) – \$170

Week 3 (5 days) – \$210

Week 4 (5 days) - \$210

Please go to our website at [www.proactionhockey.ca](http://www.proactionhockey.ca)  
under "Camps" for more information and to register online

Choose the week(s) and complete online registration form.

Once your form is submitted, mail your cheque payable to:  
Pro Action Hockey, 161 Westcliffe Ave, Pointe Claire, H9R 1M8

Your spot is only confirmed once we receive payment.  
For any additional information please contact: [info@proactionhockey.ca](mailto:info@proactionhockey.ca)

Space is limited