

# Springfield Cougars Lacrosse Club

Lacrosse is an integral component of the fabric of Springfield sports. What was once known as a private school only sport has become one of the fastest growing sports in the United States. The roots of modern lacrosse in the United States can be traced back to the three main "hot beds" of the sport - Long Island, NY - Baltimore, MD and Delaware County, PA. The influence of the lacrosse alumni from these three areas on today's game ripples through the youth, high school, collegiate and professional levels. [Springfield Lacrosse](#) is no exception and has a long line of accomplished alumni that have changed the game, put [Springfield Lacrosse](#) in the national spotlight and, more importantly, impacted the youth of Springfield in a positive manner.

Each summer, SCLC will honor exceptional alumni by having the entire club wear that players name and number on its shooting shirts. This honor is known as the "Campbell Alumni Award." [The SCLC is proud to announce that the 2016 Campbell Alumni Award is presented to Kevin Keenan \(number 6\), Springfield High School Class of 1995.](#)

Kevin is a fixture in the Springfield sports community. As a life-long Springfield resident, Kevin has contributed to multiple sports as a director, coach, mentor and friend to the youth of Springfield. Kevin played varsity football, wrestling and lacrosse for Springfield High School. Kevin was Captain and a two-way starter for the 1994 undefeated Springfield High School football team. Kevin's hard work and dedication in high school athletics resulted in his 2011 induction in the Springfield High School Athletic Hall of Fame.

Kevin's on-field accomplishments in lacrosse are exemplary. At SHS, Kevin played Goalie, was the team's Most Valuable Player and was a two-time ALL-DELCO and ALL-STATE player. Kevin continued his lacrosse career as a four-year starting goalie for Penn State. Kevin concluded his collegiate career second on Penn State's all-time save list. More importantly, Kevin's hard work and dedication to the goalie position at Penn State put a spot light on Springfield goalkeepers and paved the way for fellow Nittany Lions and MLL players Drew Adams and Austin Kaut. Kevin was a founding "link in the chain" of Springfield goalkeepers at Penn State. Upon graduating from Penn State, Kevin played professionally for the two-time MLL champion Philadelphia Barrage.

Off the field, Kevin's contributions to the youth of Springfield are an integral part of the success of [Springfield Lacrosse](#). Kevin has coached and mentored almost every player in the SCLC at some point in their young lacrosse careers. Kevin lives by the [Springfield Lacrosse](#) motto "Be the Best" and instills this sense of dedication and hard work in every player he meets. Kevin's wish for each young Springfield student-athlete is to not only be the best player they can be, but to be the best person, student, friend and teammate they can be.

It is with great pride and honor, that the SCLC honors Kevin Keenan as the 2016 recipient of the Campbell Alumni Award.



## KEVIN KEENAN #6

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Read on for some quotes from those who know Kevin best...

"I remember the 1st time I met Kevin Keenan. It was on the middle field of Halderman after a summer league game when I was a rising freshman at Springfield. Kevin took the time to work with me and give me a few pointers on playing goalie. Little did I know then, but Kevin would become a great friend and mentor for me throughout my playing career and into today.

Kevin's career was filled with success. On my recruiting visit to Penn State the coach told me how grateful he was to have had Kevin come through the program, and that he left a lasting impression both as a player and a teammate. In the MLL, Kevin was part of championship teams and played with and against some of the best players of all time. I learned a lot watching Kevin play, and even more about being a great teammate.

Kevin's biggest impression on me will be with what he has done off the field. His personality is infectious. You can't tell a Kevin Keenan story without a smile and a laugh! Kevin has an amazing family, and seeing him be such an incredible father makes me realize that he will leave a lasting impact that extends well off of the lacrosse field.

Congratulations Coach Keenan. You are not only an incredible player, but more importantly person, and I am thankful for everything you have done for me and [Springfield Lacrosse](#)."

DREW ADAMS; TEAM USA, PRO & SHS CLASS OF 2005

"Kevin isn't just an example of a tremendous Lacrosse player at every level. He is an example of what being a Springfield native is all about. An athlete, a student, a coach and a father. He gives back to the sport and to the community and sets a very high standard of what [Springfield Lacrosse Alumni](#) should aspire to be."

GREG "THE BEAST" GURENLIAN; TEAM USA, PRO & SHS CLASS OF 2002

"Kevin is the most loyal person I have ever met. His loyalty is evident to everyone he encounters. Friend, family, teammate or community member, if you are one of Kevin's people he will support you to no end. As a lacrosse player, Kevin was one of the better blockers I've ever seen in net. Rarely praised for his defensive strategy, Kevin sees and understands the game of lacrosse better than any goalie in his era.

One of the most fun and supportive teammates you could ask for, Kevin's true value is as a person. He has been like an older brother to me for over 20 years and feels like family. You will be hard pressed to find someone who will not speak highly of Kevin. I am incredibly pleased Kevin is being recognized with this honor as there is no one that deserves it more."

KYLE SWEENEY; TEAM USA, PRO & SHS CLASS OF 1999

## KEVIN KEENAN #6

