



COVID-19 Medical Protocol for 2020-21 Season

COVID Committee:

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Established guidelines are in accordance with CDC recommendations for COVID +, and Exposed individuals.

Individuals who are feeling sick or experiencing any symptoms of COVID-19 should remain home and contact their healthcare professional.

It is the responsibility of the coaches to communicate any concerns regarding COVID-19 to the Southcoast Panthers COVID Committee for proper management and follow through.

The COVID committee is responsible for:

- a) Recording and monitoring any COVID + individuals, OR, individuals designated as confirmed Close Contacts
- b) Making decision regarding return to play. Once a player or coach has been placed in the COVID protocol they can only return to the arena/ice with approval from the COVID committee
- c) Communicating with the SSC any positive test results
- d) Communicating to the New Bedford Health Department of exposures that may have occurred on the ice or individuals who were in their infectious period while playing

COVID Protocol

1) A player or coach has symptoms consistent with COVID-19:

- This individual should stay at home until symptoms resolve and can return to the ice once they are fever-free for 24 hours and ALL symptoms have resolved.
- Individuals are encouraged to seek medical attention and/or get COVID tested.

2) COVID (+) Positive Individual: If a coach or player is identified to test (+) for COVID

- Notify your coach or a member of the COVID Committee

- Identify if team was in contact with individual, starting from 48 hours from symptom onset date to day of test result.
 - In cases where individual is asymptomatic, test date is used as “symptom onset date”.
 - Individuals who meet the close contact definition (within 6 ft for a cumulative of 10-15 minutes) are “Close Contacts” and are required to quarantine as outlined in section 3.
 - This may be the whole team depending on the type of play that is occurring.
 - COVID Committee shall report to New Bedford Health Department if exposure occurred on the ice.
- COVID(+) individual can return to play after 10 days from symptom onset date, with the last 24 hours being fever free (without fever reducing medications) and a significant improvement in symptoms.
- COVID Committee will be responsible for clearing coaches and players to return to hockey activities

3) Close Contact: A player or coach that meets the definition of being a close contact.

- Notify your coach or a member of the COVID Committee
- All individuals designated as close contact will be required to complete a quarantine of 10 days from last exposure to positive case if they are asymptomatic
 - An asymptomatic individual may leave quarantine after 7 days (released on Day 8) if they received a negative PCR COVID test on Day 5, 6 or 7 after exposure.
 - In a situation where a positive case cannot fully isolate from contacts (particularly when it comes to household contacts), the contacts quarantine will last for 14 days
- COVID Committee will be responsible for clearing exposed individuals to return to hockey activities