

Duke Sports Medicine and Riverside High School



HISTORY OF PARTNERSHIP

- ◉ Duke Sports Medicine has partnered with Riverside High School since 2004



DUKE SPORTS MEDICINE FACILITIES



Duke Sports Medicine Institute

- Center for Living campus
3475 Erwin Road, Durham NC
- Orthopedic surgeons,
Primary care, cardiology,
sports performance,
sports science lab

Duke Orthopaedics at Page Road

- At Duke Medicine Plaza Page Rd
- 4709 Creekstone Drive
- Near I-40 and Quintiles Building



SERVICES PROVIDED AT RIVERSIDE HIGH SCHOOL

⦿ Rehab Services

- At minimum two days a week
- After school
- In training room

⦿ Game Coverage

- Physicians
 - Football
- PT/ATC
 - Any and all sports

⦿ Expedited Appointments



ADDITIONAL DUKE PHYSICAL THERAPY FACILITIES

- ◉ Multiple other locations in Durham
- ◉ Page Road
- ◉ Hillsborough
- ◉ Knightdale
- ◉ Brier creek
- ◉ Meadowmont- Chapel Hill



Duke Medicine
**Department of Physical Therapy &
Occupational Therapy**

TEAM PHYSICIAN

Dean Taylor, M.D.

- ◉ **Locations:** Duke Sports Medicine institute
- ◉ **Training:** MD, Duke University School of Medicine, 1985
- ◉ **Residency:** Orthopaedic Surgery, Duke University Medical Center, 1987-1991
- ◉ **Fellowship:** John Feagin West Point Sports Medicine Fellowship, Letterman Army Institute of Research, Presidio of San Francisco (California), and Keller Army Hospital, West Point (New York), 1991-1993



FELLOW
RYAN COUGHLIN M.D.



Medical School at
Mcgill University

Intercollegiate golf
at Canadian
nationals

Quebec Allstar
baseball team

PHYSICAL THERAPIST/ ATHLETIC TRAINER

T.J. Moore, PT, DPT, LAT, ATC

- ◉ Training: University of Pittsburgh



DUKE SPORTS MEDICINE SPORTS CONCUSSION CLINIC

- **Providers:**
 - Primary Care Sports Medicine Physicians
 - Neurology
 - Physical Therapy
 - Neuropsychology
- **Satisfies NC Gfeller-Waller
Concussion Act Requirements**
- Sportsconcussionclinic@duke.edu



BASELINE CONCUSSION TESTING

- ◉ At Duke Sports Medicine
- ◉ Dr. Jeffrey Bytomski
 - Head Medical Team Physician- Duke Athletics
- ◉ For children and adults 12 years and older
- ◉ ImPACT testing
 - Baseline test taken PRIOR to a concussion
 - 20 minutes to complete
 - Baseline score can be compared to post-injury score if you suffer a concussion and come to Duke
- ◉ Balance assessment
- ◉ Vestibular/Cervical/Vision screens
- ◉ Email Concussion Clinic to set up
- ◉ Cost: \$30
 - NOT covered by insurance

FRIDAY/SATURDAY INJURY CLINIC

- ◉ For injuries that occur Friday nights
- ◉ During Football season
 - Mid-August until mid-November
- ◉ Begins at 9:00 pm Friday
- ◉ Arrangements to attend clinic made through school ATC and Duke's PT/ATC
- ◉ Saturday morning rehab available



ANNUAL PHYSICALS EVENT

- ◉ One evening in May at Finch Yeager
- ◉ Cost: \$10 cash
- ◉ Will be valid for the following year
- ◉ Providers the athlete will see:
 - Primary Care Sports Medicine Physicians
 - Orthopaedic Surgeons
 - Athletic Trainers
 - Physical Therapists



ADDITIONAL SERVICES TO LOCAL CLUB TEAMS

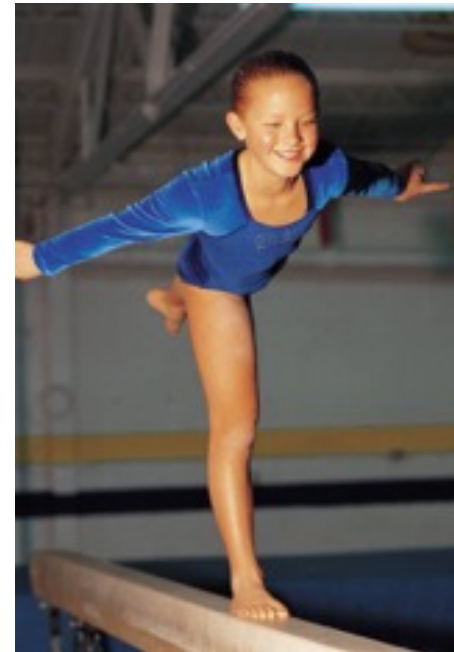
◉ Soccer Outreach

- Triangle Futbol Club
- Triangle United
- Mebane Youth Soccer Association



◉ Gymnastics Outreach

- Superior Gymnastics- Morrisville
- Team Attraction Gymnastics- Apex



CONTACT INFORMATION

- ◉ For appointments:
 - Contact Sarah Bell, LAT, ATC at Riverside
 - She will screen the athlete and facilitate the appointment/contact with TJ.
- ◉ If Sarah cannot be reached:
 - Thomas.moore2@dm.duke.edu
- ◉ If Sarah or TJ cannot be reached:
 - Hotline (for appointments)
919-684-2156