

CAROLINA LIGHTNING HOCKEY COACHES

2015-2016



LIGHTNING COACHES will...

1. provide equal ice time (balanced lines)
2. not have or play set power play and/or penalty kill lines (teaching and instructing all)
3. not yell and/or use foul/inappropriate language (set by example)
4. be responsible and appropriate in their consumption of alcohol at all Lightning functions
5. encourage, motivate, and emphasize the positive (NO criticism)
6. be committed and in attendance - (kids want to be taught, they want to learn and they want their coaches at practice)
7. be organized with practice plans before the start of the season (no "winging it")
8. be sensitive to each and every player's needs (they are all different)
9. understand that parenting is the responsibility of the player parents (and yes there is a fine line where not to cross)
10. provide periodic player skill development evaluations (players want to know)
11. ensure the kids have fun..... this is about the kids.

RESUMES

U6-U8 PRINCESSES & MITES

GREG MELUCH - Head Instructor (xwndycty@nc.rr.com)

- Current USA Hockey Level 4 certified coach
- 20 plus years leading basic and advanced instructional hockey programs in North Carolina.
- Lead Instructor for local Learn-to-Skate and learn-to-Play programs
- On-ice Instructor for the Carolina Hurricanes Youth Hockey camps
- Former AAA hockey Travel Coach
- USA Hockey Level 3 certified referee
- Former off-ice official for the ECHL Raleigh Ice Caps.

CINDY MURPHY (hockeycoachmurphy@yahoo.com)

- USA Hockey Certified Level 5 Coach
- Played boys and girls hockey in Holland with the Smoke Eaters, and finished hockey career playing for the National Dutch Women's Team.
- Moved from the Netherlands to the United States and North Carolina in 2006. Started coaching Mini Mites up through Midgets as well as Learn-to-Play, Learn-to-Skate, power skating and player development skills clinics.
- Coached with Carolina Lightning Hockey Girls program for the last 3 years.
- Married to Curran Murphy, goalie coach. The Murphy's have a 3-1/2 year old little girl, Femke, a black and chocolate Labrador, and another child on the way!

U16 GIRLS

MARC GENEST - Head Coach U16AA (mgenest19@gmail.com)

- Born and raised in Ottawa Canada. Played minor hockey for the Gloucester Rangers in the Ottawa District Minor Hockey Association.
- Played Tier 2 Junior A hockey for the Kanata Valley Lasers and was awarded a hockey scholarship to the University of Illinois at Chicago. After sophomore year, represented Canada in some exhibition games overseas.
- Signed to play in Germany which led Marc back to North America to continue a 10-year career as a professional hockey player.
- Passion lies in educating and teaching the fundamental skills and discipline needed to be a successful hockey player.

DON KINDRACHUK - Assistant Coach U16AA Girls

- USA Hockey Certified Level 3 Coach
- Played his minor hockey in Fort St. John and Vernon British Columbia Canada.
- Attended the University of British Columbia then moved to Lexington Kentucky to attend Dental School.
- Member of University of Kentucky Club Hockey team all 4 years while studying in Lexington.
- Spent 3 years in Denver Colorado where he worked and helped coach Bantam A boys.
- Active for the last 5 years coaching both House and Travel teams from Mite through Peewee. Very excited for the upcoming season and being Assistant Coach with the U14 girl's team.

MIKE NAGLE - Assistant Coach U16AA Girls

- USA Hockey Certified Level 1 Coach
- Coached Girls U12 last year with Coach Marc Genest.
- Worked for Paul Henderson (Canadian Hockey Icon) for 4 years. Organized a Men's Recreational Team to travel and play friendly games in Russia and Siberia in 1999. Paul Henderson was the Coach. Organized and ran the "Paul Henderson Marathon of Hockey" for 3 years in Toronto involving NHL Alumni and recreational players.
- Started playing hockey at 8 years of age, played house league till 16 and have been playing recreational men's hockey since. Travel North America as a corporate trainer, keynote speaker, comedy entertainer and author.

SQUIRTS (2005-06)

MARC GENEST - Head Coach SQUIRT AA BOYS (mgenest19@gmail.com)

- Born and raised in Ottawa Canada. Played minor hockey for the Gloucester Rangers in the Ottawa District Minor Hockey Association.
- Played Tier 2 Junior A hockey for the Kanata Valley Lasers and was awarded a hockey scholarship to the University of Illinois at Chicago. After sophomore year, represented Canada in some exhibition games overseas.
- Signed to play in Germany which led Marc back to North America to continue a 10-year career as a professional hockey player.
- Passion lies in educating and teaching the fundamental skills and discipline needed to be a successful hockey player.

ADAM BLAINE - Assistant Coach SQUIRT AA BOYS

JIMIE WRIGHT - Assistant Coach SQUIRT AA BOYS

RICK FINLAYSON - Head Coach SQUIRT B CO-ED (Rick.Finlayson@domtar.com)

- Born and raised in Winnipeg, Manitoba Canada. Started hockey in the Winnipeg Minor Hockey program at the age of 5/6.
- Played Junior Hockey for the Charleswood Hawks of the MMJHL as well as the Portage Terriers of the MJHL. Played for the Billings Blazers and Amarillo Wranglers of the SWHL. Returned home to obtain my education and played for the University of Winnipeg Wesman of the Great Plains Athletic Conference.
- Have remained active in hockey my entire life. Assistant coach 2011-U8 program in Wake Forest.
- Really looking forward to helping our young players develop their hockey and life skills this season.

EJ STERN - Assistant Coach SQUIRT B CO-ED

PEEWEEES (2003-04)

MIKE BLAKE - Head Coach PEEWEE A BLACK (mjblake@us.ibm.com)

- Mike grew up in Toronto Ontario Canada and has deep experience in all facets of the game
- Played competitive minor hockey in a number of different cities and played with and against many former NHL'ers
- Played high level Club hockey at York University in Toronto for 4 years
- Has been a Level 3 referee for 15 plus years with experience reffing in 2 countries and 5 states up to the Midget AAA and college level
- Coached Learn-to-Play and Squirt Select in Canada and travel hockey (AA level) in Texas, Connecticut and Raleigh from squirt through midget
- Above all... Mike has a great appreciation and passion for a wonderful game and is excited to be a part of the Lightning organization

JOSH FISHMAN - Assistant Coach PEEWEE A BLACK

MACKIE HAYMAN - Head Coach PEEWEE A GOLD (mackiehayman@gmail.com)

- Mackie is a Lightning veteran from the early years of the organization.
- Played competitive minor hockey in a number of different cities and played Club hockey at NC State in Raleigh for 4 years
- Lightning Assistant Coach for several years
- Graduated from NC State in 2015 and has accepted a teaching position with Wake County Public Schools at Heritage High School in Wake Forest

AARON WARD - Co-Coach PEEWEE AA (award44@mac.com)

- USA Hockey Certified Level 5 Coach
- Played for the University of Michigan 1990-1993. Drafted 1st Round, 5th overall by the Winnipeg Jets in 1991. Played 17 years of professional NHL hockey for the Detroit Red Wings, Carolina Hurricanes, New York Rangers, Boston Bruins, and the Anaheim Ducks.
- Won 3 Stanley Cups. Member Canadian National Team.
- Presently, a NHL Broadcaster/Analyst with TSN. Married 18 years to my wife Kelly with 3 kids Liam, Libby, and Phoebe.

BRIAN DAILEY - Co-Coach PEEWEE AA

- USA Hockey Certified Level 2 Coach
- Played Youth Hockey in the Greater Boston Area, Junior A in Billerica MA, Hockey Night in Boston (College Showcase), New England Prep School League (Holderness School) and Elmira College.
- Coached Greater Boston Area Youth Hockey (Revere Bantam A) for 5 years. Instructor at Hockey Schools at Michigan Tech, Winthrop Massachusetts, and Raleigh. Coached numerous seasons of youth hockey in the Raleigh area.
- Graduated Elmira College with a Bachelor of Science in Psychology and a Minor in Business Management.

SEAN BRADY - Assistant Coach PEEWEE AA

BANTAMS (2001-02)

JON MILES - Head Coach BANTAM A BLACK (miles.jonathan.e@gmail.com)

- USA Hockey Certified Level 3 Coach
- Played Oswego New York Minor Hockey Association for 12 years. Played 3 years of Varsity Hockey for Oswego High School, serving as Team Captain during Junior and Senior years.
- Attended State University of New York (SUNY) Canton in Canton, NY. Played Varsity hockey for 2 years. Northstars finished 2nd at the NJCAA National Championships during freshman year. Finished college at SUNY Oneonta. Member of the Club Hockey team for 3 years, Club President for 2 years.
- Privileged to travel to St. Petersburg Russia and London England to play in International Tournaments while with his minor league and college teams.
- Hockey referee in NY for 10 years.
- Moved to Raleigh in 2006. Carolina Lightning Hockey Coach since 2011.

STEVE FARRAR - Head Coach BANTAM A GOLD (sfarrar@cardtechintl.com)

- Born in Kitchener Ontario Canada. Played majority of minor hockey career in neighboring Waterloo Ontario. Attended the University of Western Ontario. Later transferred to the University of Maine School of Business.
- While attending evaluation/training camp, suffered a career ending injury which led to the beginning of 18 year coaching career.
- Accepted Head Coach Lewiston Maine Bantam AA travel team in 1996. Remained in this position for 4 years until hired as Assistant Coach of the Lewiston High School Varsity team for 6 years.
- After becoming a dad, transitioned back into the instructional phase of youth hockey, and was elected to a 2-year term as Vice President of Lewiston Maine Minor Hockey Association.
- Prior to moving to North Carolina last July, was hired as Head Coach and Instructor for Maine Hockey Academy. Served as Head Coach of the Squirt AA team and Peewee AA team.
- Last season, was proud to be an Assistant Coach in the Carolina Lightning Hockey organization with the Peewee (U12) A team.
- Currently resides in Holly Springs NC. President of Card Tech International since 2009, married to wife Michelle with 5 young children.

KEITH WOEDY - Assistant Coach BANTAM A GOLD

- USA Hockey Certified Level 1 Coach
- Played 12 years of hockey with the Batavia Junior Ramparts, Gates-Chili High School, and Rochester New York Youth Hockey.
- Graduated from Nazareth College of Rochester in 1985 with a BS in Management Science. Worked with Xerox Corporation in Raleigh for 10 years. Founded Carolina Document Technologies in 1995. Sold Carolina Document Technologies to COECO Office Systems in 2003. Vice President with the Xerox Corporation in Richmond Virginia. Returned to COECO Office Systems in Cary in 2011.
- Happily married to his wife Cindy for 22 years, with one son, Christopher, who is a freshman and studies at the School of Engineering at NC State University in Raleigh.

U16 BOYS (1999-2000)

BRAD GAYLORD - Head Coach U16AA (bgaylord@petroliance.com)

- USA Hockey Certified Level 3 Coach
- Played minor AAA hockey from age 10-14, JR C (Sportsmanship Award), JR B (Scoring Champion & Rookie of the Year), and JR A (Scoring Champion & MVP) from ages 15-20.
- Finished career (age 20-25) playing for the University of Windsor Ontario Canada. 33 years old with over 20 years of hockey experience as a player and coach.
- Looking back on career, learned a great deal about the game. Fortunate to have incredible coaches, all of which providing pieces to an unfinished puzzle to my hockey career.

- Coached 6 years including 2 years with the Windsor Junior Spitfires Bantam AAA teams, Assistant Coach for the Kingsville Comets of the Great Lakes Junior C League. The following year became Head Coach of the Kingsville Comets.
- Moved to the United States in 2009. Head Coach of the Carolina Lightning U16A team since 2011.
- Hockey provides many learning experiences that can be used out in life; in the real world. I look forward to making the experience for Lightning players as enjoyable as I had it, and I hope to be a small part in the experience of each player as they grow.

ALEX RIVERS - Assistant Coach U16AA

TOM STRYKER - Head Coach U16A (tstryker7@gmail.com)

- USA Hockey Certified Level 1 Coach
- Started playing hockey in 2003 House Leagues. Played Bantam A with the Dunellen Penguins and NJ Renegades Midget Minor/Major A from 2005-09, and the NJ Fury Tournament Team during the summers of 2009-10.
- Attended Hockey Ministries International camps (one of USA hockey's top rated summer programs) in Boston 2005-09 and Chicago 2009. Played High School hockey at Hunterdon Central Regional High School from 2006-2010 helping the Varsity squad to capture the Kelley Cup in 2009, the only major title the program has achieved since its 2004 inception.
- Completed three years ACHA DII Ice Hockey at NC State University capturing ACC Gold in 2010, Bronze in 2011, regular season Champions and Silver in 2012. Participated in ACHA All-Star Challenge in 2011 and 2013.
- Graduated from NC State with an Agriculture Business Management degree.
- Tom participated with Courage Canada when they came to Raleigh during All Star week in 2009. This program focuses on helping blind and vision impaired kids learn how to play ice hockey.
- Played NC State Club Team during college years.

ALEX ROSSETTO (Goalie Coach)

- USA Hockey Certified Level 4 Coach
- Born and raised in Livonia Michigan, a suburb of Detroit.
- Played youth travel hockey in the Detroit Area. Played Junior A Tier III for the Motor City Chiefs.
- Actively involved in hockey for over 30 years. 6th year of coaching youth hockey in the Raleigh area. 3rd year of coaching with the Carolina Lightning Bantam program.
- Coached goaltenders for over 10 years. Conducted several local goalie summer camps and participated in the Carolina Lightning summer player development for the past 3 years.
- Enlisted in the United States Air Force in 1997. Honorably discharged in 2001. Moved to North Carolina in 2002 to work for IBM. Currently employed at NetApps as a Solutions Architect. Married and father of two boys.

